


John Ray Times

Our Core Values: Hope, Perseverance, Trust, Courage, Respect, Responsibility

Monday 23rd January 2023

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	@johnrayjuniors		@changespjohnrayjuniors
For uniform orders visit: www.gooddies.co.uk			
For information on Food Bank vouchers email: mkeegan@compassps.uk			
For second hand uniform requests email: rcottee@compassps.uk			
Breakfast club queries email: hwiltshire@compassps.uk			










Keeping children safe online



We are aware that many of our children use WhatsApp groups or other online platforms to communicate with their friends. Unfortunately, these platforms can be misused and inappropriate content including obscene images and offensive language can find its way onto the groups after being posted by a group member. I would encourage all parents to regularly monitor their child's phone and internet usage and speak to them about what to do if someone posts something that they feel or know is inappropriate. We will continue to teach the children about keeping themselves safe online but you may find some of the information on the 'Two Johns website: e-safety training' useful. The [parents and carers section](#) has tips and information on how to keep your child safe. In addition, the [national online safety website](#) has many useful resources. We will be organising a parent session delivered by the Two Johns later this year.

Many thanks for your support.

French at JRJ

This term, year 4's French topic is 'Les Légumes' (Vegetables). To support your child's pronunciation and fluency, please encourage them to rehearse the words and phrases at home. Keep your eyes peeled for a future newsletter where we will share key vocabulary for year 3. Merci!

	French	English
	Les aubergines	The aubergines
	Les épinards	The spinach
	Les oignons	The onions
	Les courgettes	The courgettes
	Les tomates	The tomatoes
	Les haricots verts	The green beans
	Les petits pois	The peas
	Les champignons	The mushrooms
	Les carottes	The carrots
	Les pommes de terre	The potatoes

	French	English
	Un kilo de... / d'...	One kilo of...
	Un demi kilo de... / d'...	Half a kilo of...
	Je voudrais...	I would like...
	S'il vous plaît	Please
	Et	And
	Bonjour	Hello
	Je peux vous aider?	Can I help you?
	C'est tout?	Is that all/anything else?
	C'est combien?	How much is that?
	Merci	Thank you
	Au-revoir	Goodbye
	Dans mon panier j'ai...	In my basket I have...

School Dinner Menus

Our menus are available on our [website](#).

W/C 30.01.23 [Week 1](#)

W/C 06.02.23 [Week 2](#)

W/C 23.01.23 [Week 3](#)

There will be a change to Thursday 26th January's dinner menu.

The following options will be available: -

Hot option 1: Sausage baguette served with potato puffs

Hot option 2: Vegan sausage baguette served with potato puffs

Cold option 1: Ham pasta pot

Cold option 2: Cheese pasta pot

A full salad bar and dessert will be available.

Y5 parent sessions

We are looking forward to welcoming the Y5 parents into school next week to look at some of the art work that the children have produced. Parents are invited from 2:45 until the end of the school day on the following days:

30.01.23 5C

31.01.23 5T

02.02.21 5G and 5B

Please wait at the front of the school so that you can enter through the white hall doors.

Y6 reading workshop

Year 6 parents are invited into class from 2:45 until the end of the school day on 30.01.23. Please wait at the front of the school and enter through the white hall doors.

STUDENT ACHIEVEMENTS

Don't forget we would love to hear about any children who have been awarded badges or certificates for activities they do outside of school. Please email class teachers with your child's achievements.

Well done to:



Congratulations to Maddison (6R) and Fearne-Dolly (6E) who represented FITC Football Academy in a match against Chelsea.

Well done to:

Jeanne (4S), Jake (4S), Charlie (3B) and Alex (3A) who were all player of the match in football.

Xavier (3A) who was chosen as parents' player in football.

Poyraz (6E) for winning 3 bronze medals in swimming.
Alfie (5B) for a level 3 swimming certificate.

Harry (5G) for 1st place in a karting race.

Teegan (5B) for 1st place in horse riding.

Aiden (3B) first place in swimming.

Stars of the Week

Each week, class teachers will choose a member of their class to be star of the week. Children who are chosen will have their name added in this section of the newsletter. As last week was a very short week there were no stars chosen on Friday.

3A: Harry	4A: Phoebe	5B: Romeo	6B: Safiya
3B: Seren	4C: Rosie	5C: Cassie	6CB: Mia
3P: Stacey	4S: Angel	5G: Malachi	6E: Bradley
3U: Lilah	4WY: Layla	5T: Melody	6R:

PE Days

Children need to come into school on PE days in their PE kit. Children will need an outdoor PE kit i.e., black tracksuit bottoms (or shorts in warmer weather), white T-shirt and a black fleece / tracksuit top.

3A, 3U, 3P	Tuesday and Thursday
3B	Tuesday and Wednesday
4S, 4C, 4A	Monday and Wednesday
4WY	Wednesday and Thursday
Year 5	Tuesday and Friday
6R, 6E, 6B	Wednesday and Friday
6CB	Wednesday and Thursday

Please remember that children must remove earrings to participate in PE lessons. Taping over earrings is not permitted.

PE kit is black joggers / shorts and a black hoodie or sweatshirt with a white T shirt along with trainers.

We expect that children will either wear one of the black John Ray logo hoodies from our supplier or a plain black hoodie/sweatshirt and plain black joggers on the two days a week that your child has PE.

CASHBACK WHEN SHOPPING ONLINE

The Friends of JRI and JRJ have created a cash back account through **Easy Fundraising**. This is a fantastic way to raise much needed extra funds to support both schools.

The link below can be used for you to register:

<https://www.easyfundraising.org.uk/invite/47ha4n/>

Once registered, for ease, you can download the app. Every time you shop from the app, across over 4000 online retailers, our schools earn cash back. It's free to join and includes top names like eBay, Argos, Iceland and John Lewis. You can share this link with friends and family members too. A letter with more information can be found on our [website](#).

Safeguarding

Are you worried about a child?

As a school, we consider safeguarding to be a priority. We welcome parents and carers talking openly to us about their concerns for the safeguarding of children and families. **Remember, safeguarding is everyone's responsibility.**

If you have any concerns about a child, you can contact one of our Designated Safeguarding Leads via the school office. Please ask to speak to Karen Harrison, Rachel Cottee or Meriel Keegan and specify that you have a safeguarding concern.

If you are worried about a child or young person, you can call the NSPCC helpline for support and advice for free on [0808 800 5000](tel:08088005000). If a child is in immediate danger, you should call 999.

Children can call [Childline](https://www.childline.gov.uk) at any time on [0800 1111](tel:08001111)

National Online Safety: What parents and carers need to know about Twitter



Twitter is a social media network which allows users to post short messages ('tweets') of up to 280 characters. Tweets can consist of text, photos, videos, audio, links, polls and GIFs – often linked by hashtags if they share a common theme or message. Hashtags receiving high levels of interest are said to be 'trending'. Twitter users can engage with other people's posts by liking, retweeting (sharing) or tweeting back (commenting on). Since the entrepreneur Elon Musk acquired Twitter in 2022 for \$44 billion, the platform has undergone several major changes. In the guide, you'll find tips on a number of potential risks such as trolls and bullying, fixation on view count and interaction with strangers.

The guide can be found at the bottom of the newsletter and also on the National Online safety website under guides.

www.nationalonlinesafety.com

CLASS TEACHERS' EMAIL ADDRESSES

We understand that for many people email is a quick and efficient way of communicating and we are therefore happy to provide class teachers' email addresses. Although email is a quick and easy way for parents to communicate with staff, matters that require urgent attention should be communicated via the school office. Staff are not expected to respond to emails after 5pm, during weekends/holidays or when off work due to sickness. A parental agreement relating to email communication with teachers is available from the school office.

<p style="text-align: center;">Year 3</p> <p>3A- jadams@compassps.uk 3B- ball@compassps.uk 3P- sphillips@compassps.uk 3U- ktoomey-underhill@compassps.uk</p>	<p style="text-align: center;">Year 4</p> <p>4A- zahsan@compassps.uk 4C – mcheema@compassps.uk 4S- solney@compassps.uk 4WY-awilson1@compassps.uk or syoung@compassps.uk</p>
<p style="text-align: center;">Year 5</p> <p>5B- hbreeze@compassps.uk 5C - dcasey@compassps.uk 5G- ngibson@compassps.uk 5T- abear@compassps.uk</p>	<p style="text-align: center;">Year 6</p> <p>6B- jbird@compassps.uk 6CB-hcollier-brown@compassps.uk 6E-cellis@compassps.uk 6R – rroberts@compassps.uk</p>

Please contact class teacher in the first instance to resolve any issues. Should you feel you need to escalate the issue, please contact:

Miss Cottee (Assistant Head) if your child is in Y5 or Y6 – rcottee@compassps.uk

Mrs Breen (Assistant Head) if your child is in Y3 or Y4 – kbreen@compassps.uk

RECENT LETTERS – ALSO AVAILABLE ON THE WEBSITE

All communication will be sent through Bromcom. Please ensure that you have given us a current email address. Issues with Bromcom communication should be emailed to jrcontact@compassps.uk

16.12.22 Letter to parents from John Camp CEO

20.12.22 Teaching arrangements for 5T (5T parents only)

19.01.23 Alec Hunter Academy - Year 5 Taster Sessions

23.01.23 Ancient Islam Workshop – Year 5

DATES FOR YOUR DIARY (new dates added in red)

Spring Term

30.01.23 2:45-3:25 5C parents invited into class for art gallery / workshop
 30.01.23 2:45-3:25 Y6 parents invited into class for a reading workshop
 31.01.23 2:45-3:25 5T parents invited into class for art gallery / workshop
 02.02.23 2:45-3:25 5G parents invited into class for art gallery / workshop (**Please note change of date – was originally 01.02.23**)
 02.02.23 2:45-3:25 5B parents invited into class for art gallery / workshop
 06.02.23 Class photos (*All children should come to school in school uniform and bring PE kits in a separate bag if it is a PE day*)
 06.02.23 Children’s Mental Health Week
 27.02.23 3:30-4:00 5T & 5C parents invited into class for a maths workshop
 02.03.23 3:30-4:00 5G & 5B parents invited into class for a maths workshop.
 02.03.23 World Book Day (*Dress as a book character or bring in a prop from a book*)
 13.02.23 Half term
 20.02.23 Children return to school
 17.03.23 Red Nose Day (*Children can wear a red nose and / or non-uniform in exchange for a donation*)
 21.03.23 Learning conferences (3:45-7pm) for children not on SEN register
 23.03.23 Learning conferences (3:45-5:30pm) for children not on SEN register
 27.03.23 3:30-4:00 Y4 parents invited into school for an art gallery
 27.03.23 Last week for clubs (note change of date)
 28.03.23 3:30-4:00 5G & 5C parents invited into class for music performance
 30.03.23 Y5 and Y6 to walk to St Michael’s church for Easter service. (This is a pupil and staff only service & will take place during the school day- children should come to school in trainers / suitable shoes for walking)
 30.03.23 3:30-4:00 5T & 5B parents invited into class for music performance
 30.03.22 Y3 and Y4 Orientation day (*This takes place outside and on our school site as part of the geography curriculum. Children will need trainers and a warm / waterproof coat-approx cost £1.50 per pupil*)
 31.03.22 Y5 and Y6 Orientation day (*This takes place outside and on our school site as part of the geography curriculum. Children will need trainers and a warm / waterproof coat-approx cost £1.50 per pupil*)
 31.03.23 Last day of term

Summer Term

17.04.23 Start of term for children
 20.04.23 Y5 Introduction to Islam: visitor to school. Approx cost £9.60 per child (more details to follow)
 21.04.23 Y5 Introduction to Islam: visitor to school. Approx cost £9.60 per child (more details to follow)
 24.04.23 After school clubs start
 08.05.23 Bank holiday
 08.05.23 SATS week (*Y6 only- Tues: English grammar, punctuation and spelling, Wed: reading, Thurs: maths papers 1 and 2, Fri: maths paper 3*)
 09.05.23 & 11.05.23 One Plan meetings for children on SEN register
 29.05.23 Half term
 05.06.23 Non-pupil day
 05.06.23 [Multiplication check](#) starts for 3 weeks (*Y4 only*)
 06.06.23 Children return to school
 14.06.23-16.06.23 Mersea residential (*Y6 only*)
 03.07.23 3:30 – 4:00 Y6 parents invited into class for a geography afternoon
 10.07.23 Last week for clubs
 11.07.23 Annual reports sent out
 13.07.23 Children to spend time with their new teacher
 13.07.23 Open afternoon drop in for current parents from 2:30 – 4pm
 18.07.23 Sports day and parent picnic (*parents invited from 11:45*)
 19.07.23 6CB and 6R Y6 production to parents 1:30 and 4:30
 20.07.23 6E and 6B Y6 production to parents 1:30 and 4:30
 21.07.23 Last day of term

What Parents & Carers Need to Know about TWITTER

AGE RESTRICTION
13+

WHAT ARE THE RISKS?

Twitter is a social media network which allows users to post short messages ('tweets') of up to 280 characters. Tweets can consist of text, photos, videos, audio, links, polls and GIFs – often linked by hashtags if they share a common theme or message. Hashtags receiving high levels of interest are said to be 'trending'. Twitter users can engage with other people's posts by liking, retweeting (sharing) or tweeting back (commenting on). Since the entrepreneur Elon Musk acquired Twitter in October 2022 for \$44 billion, he has implemented several major changes to the platform.

INTERACTION WITH STRANGERS

Tweets are public by default, meaning that anyone can view and interact with posts, follow someone and send direct messages. The concern here is that young people may therefore connect and communicate with strangers. Some individuals may follow a young person's Twitter account simply because they have similar interests; however, others may turn out to have more sinister intentions.

FIXATION ON VIEW COUNT

Twitter has recently introduced a 'view count' feature – telling users how many people have seen their tweet (even if they haven't reacted to it). Previous research has found that unfavourable comparisons with other social media users can cause young people to experience feelings of insecurity, jealousy and low self-esteem – leading to an obsession with increasing their numbers.

TROLLS AND BULLYING

The anonymity offered by fake profiles encourages some users to send tweets designed to provoke a reaction; to disrupt conversations; to spark an argument; or to harass the recipient. Such trolling and bullying can impact the mental wellbeing of both the target and anyone who witnesses it. Encourage your child to come to you if they experience such behaviour on Twitter, or if they see it taking place.

PAID-FOR VERIFICATION

Previously, if a Twitter profile displayed a blue tick icon, it meant that the owner – usually a celebrity or a major organisation – had been verified as genuine. Now, however, anyone can pay for a Twitter Blue subscription to receive the tick, with the platform carrying out limited checks on the account's authenticity. This could easily lead to more fake accounts impersonating real people or companies.

CONTENT MODERATION CHANGES

In late 2022, Twitter stated that their 'policy enforcement will rely more heavily on de-amplification of violative content: freedom of speech, but not freedom of reach'. No policies have changed yet, but this wording suggests they may limit who can see posts rather than removing them. While supporting free speech, this could encourage an environment where some toxic content remains online.

HIJACKED HASHTAGS

The hashtag (#) is one of Twitter's most recognisable facets, allowing users to find specific trends or topics. But the sheer volume of tweets each hour can rapidly distort a hashtag's meaning; an initially innocent search term can quickly end up returning inappropriate results. This is common with 'trending' hashtags, as people know that using them will get their tweet seen by a larger audience.

Advice for Parents & Carers

SET ACCOUNTS TO PRIVATE

To reduce some of the fear of your child's tweets being seen and shared by anyone, you can always make their account protected. This means that your child has to give approval for another user to view their posts. You can change Twitter's privacy settings so that your child can't be messaged directly by other people on the platform and their geographical location won't be shared.

FOSTER CRITICAL THINKING

It can be difficult for anyone to ascertain if something online is real or false, but particularly for young people. Encourage your child to check several reputable sources to determine if a story they've seen is true; remind them to watch out for scams and think about the message's possible motive. Emphasise that it's not a good idea to retweet something if they aren't sure it's correct.

ENGAGE SAFETY MODE

When Safety Mode is activated, Twitter checks for abusive or spammy behaviour such as hurtful language or repeated negative replies. The platform then flags these suspect accounts and blocks them from responding to your child's tweets. The autoblock function then prevents these accounts from interacting with your child's again for seven days.

EXPLORE THE NEW SETTINGS

Previously, any user could reply to anyone else's tweets. However, the new conversation settings let your child determine who can reply to their posts – either by selecting everyone (the default option), people they follow or only people they mention (using the @ symbol). This improvement has given users extra control, providing them with more protection from trolls and online abuse.

PAUSE BEFORE POSTING

It's important that young people think about what they're about to post and whether they might regret it later. Twitter has developed 'nudges': little prompts which appear if someone is about to tweet using harmful or offensive language. These nudges promote more positive online behaviour by giving users an opportunity to pause and consider their words before they post something.

BLOCK, REPORT OR MUTE

If someone is upsetting your child on Twitter, you can block and report them. Blocking stops them from messaging or following your child, while reporting an account alerts Twitter to investigate possible misuse. The 'mute' feature, meanwhile, keeps tweets from a specific account (or which include certain words) out of your child's timeline. The other user won't know that they've been muted.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



NOS
National
Online
Safety®
#WakeUpWednesday

BE CAREFUL WHO TO FOLLOW

As accounts are no longer being as rigorously verified under the 'blue tick' system, it's essential that young Twitter users understand what this means. In terms of people not necessarily being who they claim. Anyone who your child only knows online is still a stranger, regardless of how long they've been communicating for. Remind your child never to disclose personal information on social media.

Source: <https://blog.twitter.com/common-thread/en/topics/stories/2022/how-twitter-is-nudging-users-healthier-conversations> | https://blog.twitter.com/en_us/topics/product/2022/twitter-blue-update | <https://scholarworks.lib.csusb.edu/cgi/viewcontent.cgi?article=2131&context=etd>

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