

John Ray Times

Our Core Values: Hope, Perseverance, Trust, Courage, Respect, Responsibility

4th December 2023

Phone: 01376 324107 Email: jrcontact@compassps.uk Website: www.johnray.compassps.uk



@johnrayjuniors



@ facebook.com/johnraycompassps

For uniform orders visit: www.gooddies.co.uk

For information on Food Bank vouchers email: mkeegan@compassps.uk

For second hand uniform requests email: rcottee@compassps.uk

Breakfast club queries email: hwiltshire@compassps.uk

School dinner menus are on our website: W/C 11.12.23 [Week 1](#) 18.12.23 [Week 2](#) 04.12.23 [Week 3](#)

Zones of Regulation

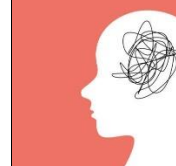
The ZONES of Regulation

Blue Zone	Green Zone	Yellow Zone	Red Zone
Sad	Happy	Worried	Overjoyed/Excited
Bored	Focused	Frustrated	Humiliated
Tired	Calm	Silly	Angry
Sick	Proud	Excited	Terrified

School Attendance Difficulties



Supporting Anxiety



My Happy Mind Parent App

To access these materials just go to <https://myhappymind.org/parent-resources> and enter your name, email and authentication code emailed to you in the letter sent on 22.09.23.

Spotlight on learning

Each week we will share some of the learning that has been happening in each year group and how the children have been impressing the adults in school.

Year 3

The teachers in Y3 are really impressed with how confident the children are becoming with their multiplication tables and it has been great to see them making links between the 4 and 8 timetables. They have been exploring different strategies and mathematical language too. In design and technology, the children are enjoying designing a working toy amusement park.

The children are learning how to use Lego and program it with the iPads.

Year 4

The children have enjoyed writing diaries linked to their class text- The Ice Palace. In design and technology, the children are busy practising the running stitch in preparation for making their mittens in the coming weeks. In music, the children have been playing glockenspiels and practising using two beaters.

Year 5

Children in Y5 are realising how important multiplications are as they continue to persevere with fractions. In geography, the children are learning about the continent of South America and the rainforest. They have been using technical vocabulary to talk about biomes.

Year 6

The children are using great vocabulary choices in their writing. They are really enjoying their DT unit where they have been designing cushions. We are all looking forward to seeing their finished products.

SEND Roadshow

We are delighted to be able to share with you the dates and locations of the Essex Local Offer Roadshows for the Spring term.

- Monday 4 March – South Essex - The Holiday Inn - Basildon
- Thursday 7 March – Mid Essex – The Hamptons – Chelmsford
- Wednesday 13 March – NE Essex – Colchester Football Stadium
 - Tuesday 19 March – West Essex – The Harlow Hotel

This is the link to the Essex Local Offer which will have more details about the roadshows as they become available, including which services will be attending <https://send.essex.gov.uk/i-think-my-child-needs-help/essex-local-offer-roadshows>

The marketplace is going to be run during the morning. There will also be parent/carer workshops which will take place during the morning and afternoon. These are being organised with SENDIASS. Parents will be able to drop into the marketplace but will need to sign up for the workshops.

Braintree Schools' Cross Country

The Braintree Schools' cross country event will be held on the 30th of January.

If your child is interested in having a trial for this event, please can they bring a spare pair of trainers and wear their PE kit to school on the following days:

Year 5 Tuesday 5th December

Year 6 Tuesday 5th December

PTA Christmas gift shop

Thank you so much for all of your generous donations on Friday! These will make great gifts at our gift shops this week. Please send your child in with £1 on the correct day and they will pick a gift which our lovely volunteers will wrap and label.

They can bring this home and give to someone special!

The Infant and nursery gift shop takes place on Wednesday 6th December.

The Junior gift shop takes place on **Thursday 7th December.**

STUDENT ACHIEVEMENTS

Don't forget we would love to hear about any children who have been awarded badges or certificates for activities they do outside of school. Please email class teachers with your child's achievements.

Well done to:

Roman in 3B who achieved an award for; the rank of 10th kyu and belt in Sentoryu martial arts



Vinnie in 3A who was player of the match in football.

Johnny in 6B who was nominated for captain in football.

Well done to:

All the Y6 children who took part in Bikeability:
Leo E, Yakup, Kyle, Harry, Oscar, Olympia, Olivia, Matilde, Maddisen, Louie, Lily-Anne, Dolcie, Casey, Alfie-James, Amelia B, Charlie, Gian, Neve, Sienna, Nate, Jack, Tilly-Grace, Joseph H, Joseph S, Cassie, Emmett, Oliver, Lucas, Xavier, Roxanna, Bellina, Ellie-Mae, Johnny, George, Nancie C, AJ, Amelia H, Harrison, Ellis, Teegan

Maddisen in 6R who has a 200m swimming certificate.
 Max in 3P who has a 50m swimming certificate.
 Oliver in 6E who was awarded the supporters' player trophy in football.
 Jan in 4O was player of the match in football.
 Jack (4CB) and Scarlett (4W) who were students of the year in karate.

Stars of the Week

Each week, class teachers will choose a member of their class to be star of the week. Children who are chosen will have their name added in this section of the newsletter.

3A: Haris	4CB: Harriet	5A: Charlie	6B: Neve
3B: Anca	4O: Tate	5B: Hallie	6E: Amy
3P: Annilyn	4W: River	5C: India	6R: Brendan
3U: Teddy	4WM: Joe	5G: Lola-Rose	

PE Days

Children need to come into school on PE days in their PE kit. Children will need an outdoor PE kit i.e., black tracksuit bottoms (or shorts in warmer weather), white T-shirt and a black fleece / tracksuit top.

Year 3	Tuesday and Thursday
4O, 4W	Monday and Wednesday
4WM	Wednesday and Friday
4CB	Tuesday and Wednesday
Year 5	Tuesday and Thursday
6B	Wednesday and Friday
6E	Monday and Wednesday
6R	Wednesday and Thursday

Please remember that children must remove earrings to participate in PE lessons. Taping over earrings is not permitted.

PE kit is black joggers / shorts and a black hoodie or sweatshirt with a white T shirt along with trainers.

We expect that children will either wear one of the black John Ray logo hoodies from our supplier or a plain black hoodie/sweatshirt and plain black joggers on the two days a week that your child has PE.

CASHBACK WHEN SHOPPING ONLINE

The Friends of JRI and JRJ have created a cash back account through **Easy Fundraising**. This is a fantastic way to raise much needed extra funds to support both schools.

The link below can be used for you to register:

<https://www.easyfundraising.org.uk/invite/47ha4n/>

Once registered, for ease, you can download the app. Every time you shop from the app, across over 4000 online retailers, our schools earn cash back. It's free to join and includes top names like EBay, Argos, Iceland and John Lewis. You can share this link with friends and family members too. A letter with more information can be found on our [website](#).

Safeguarding

Are you worried about a child?

As a school, we consider safeguarding to be a priority. We welcome parents and carers talking openly to us about their concerns for the safeguarding of children and families. **Remember, safeguarding is everyone's responsibility.** If you have any concerns about a child, you can contact one of our Designated Safeguarding Leads via the school office. Please ask to speak to Karen Harrison, Rachel Cottee or Meriel Keegan and specify that you have a safeguarding concern.

If you are worried about a child or young person, you can call the NSPCC helpline for support and advice for free on 0808 800 5000. If a child is in immediate danger, you should call 999.
Children can call Childline at any time on 0800 1111



National Online Safety: Phone scams

Phone scams are a common form of cyber-attack where fraudsters engage directly with their intended victim through their smartphone. As our phones carry so many sensitive (and therefore potentially valuable) details about us, it's vital that trusted adults are alert to the tactics that scammers use to get access to user accounts, personal data and private information for financial gain.

The guide can be found at the bottom of the newsletter and also on the National Online safety website under guides.

www.nationalonlinesafety.com

CLASS TEACHERS' EMAIL ADDRESSES

We understand that for many people email is a quick and efficient way of communicating and we are therefore happy to provide class teachers' email addresses. Although email is a quick and easy way for parents to communicate with staff, matters that require urgent attention should be communicated via the school office. Staff are not expected to respond to emails after 5pm, during weekends/holidays or when off work due to sickness. [A parental agreement relating to email communication with teachers](#) is available from the school office or on our website under the communication tab.

<p style="text-align: center;">Year 3</p> <p>3A- jadams@compassps.uk 3B- bball@compassps.uk 3P- sphillips@compassps.uk 3U- ktoomey-underhill@compassps.uk</p>	<p style="text-align: center;">Year 4</p> <p>4W- zwatson@compassps.uk 4CB - hcollier-brown@compassps.uk 4O - solney@compassps.uk 4WM- nmoshtagh-kahnamoi@compassps.uk</p>
<p style="text-align: center;">Year 5</p> <p>5B- hbreeze@compassps.uk 5C - dcasey@compassps.uk 5G- ngibson@compassps.uk 5A- abear@compassps.uk</p>	<p style="text-align: center;">Year 6</p> <p>6B- jbird@compassps.uk 6E-cellis@compassps.uk 6R – rroberts@compassps.uk</p>

Please contact class teacher in the first instance to resolve any issues. Should you feel you need to escalate the issue, please contact:

Miss Cottee (Assistant Head) if your child is in Y5 or Y6 – rcottee@compassps.uk

Mrs Breen (Assistant Head) if your child is in Y3 or Y4 – kbreen@compassps.uk

RECENT LETTERS – ALSO AVAILABLE ON THE WEBSITE

All communication will be sent through Bromcom. Please ensure that you have given us a current email address. Issues with Bromcom communication should be emailed tojrcontact@compassps.uk

09.11.23 Christmas dinner day (All)

09.11.23 Worry Workshop at JRIS (All)

13.11.23 Letter to 4WM

13.11.23 Letter to 4O

29.11.23 Alec Hunter Taster Sessions (Y5)

29.11.23 Flu Catch Up Clinics (All)

04.12.23 [Trip to Daws Hall \(Y5\)](#)

Dates for the academic year 2023-2024 (new dates added in red)

Please find below the list of dates for next academic year. Term dates 2023-4 are on our [website](#).

Autumn Term	Spring Term	Summer Term
<p>07.12.23 PTA gift shop</p> <p>06.12.23 Yr 6 Charter Hall to see Peter and the wolf.</p> <p>08.12.23 Non-pupil day</p> <p>12.12.23 Christmas dinner day for years 4 and 6</p> <p>13.12.23 Christmas dinner day for years 3 and 5</p> <p>15.12.23 Year 3 writing workshop for parents 2.30pm</p> <p>15.12.23 Y3 and Y4 to walk to St Michael's church for Christmas service. (This is a pupil and staff only service & will take place during the school day - children should come to school in trainers / suitable shoes for walking)</p> <p>20.12.23 Last day of term</p>	<p>04.01.24 Start of term for children</p> <p>08.01.24 After school clubs start</p> <p>15.01.23 Reading workshop for 4CB and 4W parents 2:30pm</p> <p>16.01.23 Reading workshop for 4CB and 4W parents 2:30pm</p> <p>17.01.24 Year 6 reading workshop for parents 8.35am</p> <p>22.01.24 - 8.45am - 9.30am - Pastoral Support Morning</p> <p>25.01.24 & 30.01.24 One Plan meetings for children on SEN register</p> <p>5.02.24 Children's mental health week</p> <p>5.2.24 5G and 5B Maths workshop for parents 2.30pm</p> <p>6.2.24 5A and 5C Maths workshop for parents 2.30pm</p> <p>08.02.24 In class photos (<i>All children should come to school in school uniform and bring PE kits in a separate bag if it is a PE day</i>)</p> <p>13.02.24 Safer Internet Day</p> <p>19.02.24 Half term</p> <p>26.02.24 Children return to school</p> <p>07.03.24 World book day (<i>Dress as a book character or bring in a prop from a book</i>)</p> <p>11.03.24 Science week</p> <p>11.03.24 - 8.45am - 9.30am - Pastoral Support Morning</p> <p>15.03.24 Sports Relief (<i>Children can wear sportswear or non-uniform in exchange for a donation</i>)</p> <p>18.03.24 Last week for clubs</p> <p>19.03.24 Learning conferences (<i>3:45-7pm</i>) for children not on SEN register</p> <p>21.03.24 Learning conferences (<i>3:45-5:30pm</i>) for children not on SEN register</p> <p>28.03.24 Y5 and Y6 to walk to St Michael's church for Easter service. (This is a pupil and staff only service & will take place during the school day- children should come to school in trainers / suitable shoes for walking)</p> <p>28.03.24 Last day of term</p>	<p>15.04.24 Start of term for children</p> <p>22.04.24 After school clubs start</p> <p>23.04.24 Year 6 maths workshop for parents 3.30pm</p> <p>25.04.24 & 30.04.24 One Plan meetings for children on SEN register</p> <p>25.04.24 West Stow trip for Y4 (approx cost £20.50)</p> <p>29.04.24 - 8.45am - 9.30am - Pastoral Support Morning</p> <p>13.05.24 SATS week (<i>Y6 only</i>)</p> <p>20.05.24 Year 6 Mersea residential meeting 5pm</p> <p>21.05.24 Year 3 plants workshop for parents 3.30pm</p> <p>23.05.24 Sports day and parent picnic (<i>parents invited from 11:45</i>)</p> <p>27.05.24 Half term</p> <p>03.06.24 Non-pupil day</p> <p>03.06.24 <u>Multiplication check</u> starts for 3 weeks (<i>Y4 only</i>)</p> <p>04.06.24 Children return to school</p> <p>06.06.24 Reserve Sports day in case of poor weather</p> <p>12.06.24-14.06.24 Mersea residential (<i>Y6 only</i>)</p> <p>17.6.24 5G and 5B Science workshop for parents 3.30pm</p> <p>17.06.23 Y4 history workshop from 3:30pm</p> <p>18.6.24 5A and 5C Science workshop for parents 3.30pm</p> <p>27.06.24 Class photos (children who have PE on this day should come into school in school uniform and bring PE kits in a separate bag)</p> <p>01.07.24 - 8.45am - 9.30am - Pastoral Support Morning</p> <p>01.07.24 Last week for clubs</p> <p>10.07.24 Annual reports sent out</p> <p>11.07.24 Children to spend time with their new teacher</p>

		<p>11.07.24 Open afternoon drop in for current parents <i>from 2:30 – 4pm</i></p> <p>16.07.24 Y6 production to parents 1:30 and 4:30pm</p> <p>23.07.24 Last day of term</p>
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What Parents & Carers Need to Know about PHONE SCAMS

In a three-month period during 2021, no fewer than 45 million people in the UK experienced a suspicious attempt at being contacted via their mobile. Phone scams are a common form of cyber-attack where fraudsters engage directly with their intended victim through their smartphone. As our phones carry so many sensitive (and therefore potentially valuable) details about us, it's vital that trusted adults are alert to the tactics that scammers use to get access to user accounts, personal data and private information for financial gain.

WHAT ARE THE RISKS?

SMISHING

SMS phishing, or 'smishing' is one of the most common forms of mobile-based cyber-attack. Smishing is when a scammer texts their target, pretending to be a reputable person or organisation. They aim to trick the victim into supplying sensitive data such as bank details and personal information, so that they can then access the target's bank accounts and remove money.

IMPERSONATION

Fraudsters often impersonate someone else to trick the victim into actually transferring money directly. They might claim, for example, to be a friend or relative using a different number who urgently needs funds. Other common cons include sending fake texts informing the target that they have a package which requires a fee to be delivered, or that they have an unpaid bill to settle.

NUMBER SPOOFING

Here, the scammer takes impersonation one step further by cloning the phone number of a genuine company. So when the target receives a call or text, their phone recognises the sender's number as legitimately belonging to Amazon, HMRC, the NHS or the DVLA (who have all been impersonated in these cons). This makes the scam far harder to spot and the victim much more inclined to comply.

FAKE TECH SUPPORT

Attackers contact a target, pretending to work for their employers' IT support team. They then advise them to download some software to fix 'a technical issue' with their device. In reality, however, the software grants the scammers access to the victim's private data and sensitive information. This con is more common on desktop and laptop devices, but is still possible to accomplish on mobiles.

SIM HIJACKING

SIM hijacking switches control of a phone account from the victim's SIM card to one in the scammers' possession. Criminals use personal details pieced together from social media (birthday, address, pet's name and so on) to pose as you, then instruct your phone network to transfer your number to their SIM - giving them access to all calls and texts meant for you, including one-time login passcodes.

Advice for Parents & Carers

DO SOME DIGGING

If you've received a call or text asking for specific information, research the caller's number. There are several websites that allow you to enter a phone number and will then display any relevant information about it - this usually includes feedback and comments from other people, so you can easily see if that particular number has been implicated in potential scams.

TRY A CALL BLOCKER

If a suspicious call comes through on your mobile, you can manually block the number if you believe it to be dubious or a nuisance caller. Alternatively, you could consider installing a call blocker app on your phone. They automatically stop calls getting through from numbers which have been reported as suspicious, halting potential scammers in their tracks before they can reach you.

VERIFY THE SOURCE

Never disclose confidential details to an individual or organisation you're unfamiliar with. If the caller claims to represent a company you trust but is still asking for personal information or payment on an outstanding charge, end the conversation. Then find the company's genuine number on a bill or on their website and call them directly to confirm if there really is an issue you need to address.

BREAK OUT THE TECH

Lots of anti-virus software now also protects mobiles. Some anti-virus apps can detect phishing links in text messages and alert you to the risk. When you're out and about, try not to use public WiFi for sensitive transactions: It's far less secure than your home WiFi network. Instead, you could consider installing a VPN (virtual private network), which encrypts all data travelling to and from your phone.

REPORT INCIDENTS

If you or a family member does give out confidential information to a caller you aren't sure about, contact the actual company mentioned to check if the call was genuine. If they confirm that the call was not made by their organisation, you should report it as a potential scam via the Action Fraud website and (depending on exactly what information was divulged) consider involving the police.

BE WARY OF LINKS

If you get a message from an unknown number asking you to click on a link, report it as spam and do not open the link. One recent example 'warned' victims they'd been exposed to the Omicron variant and needed to click a link to buy a special test - only to find they had paid their money to scammers. Links can also install malware onto your device, so always treat them with extreme caution.

Meet Our Expert

Formed in 2016, KryptoKloud provides cyber security and resilience solutions to its customers. With offices in the UK, the company offers managed service operational packages including cyber security monitoring and testing, risk audit, threat intelligence and incident response.



Source: <https://www.actionfraud.gov.uk/news-centre/2021/45-million-people-targeted-by-scams> | <https://www.actionfraud.gov.uk/blog/news/hacking-new-uk-robust-robust-fraudster-scams-committed-every-5-seconds> | <https://www.itchuzzlew.com/2022/01/the-biggest-scams-of-2021/>

St Michaels Church presents
SMASH Extra
for Families
Advent Special



Saturday
9th December
3pm - 5pm

Join us for fun
Christmas themed
activities!



**CERTIFICATE OF THANKS FOR YOUR
HARVEST FESTIVAL DONATION**

THIS IS AWARDED TO

John Ray Junior School

FOR COLLECTING **30.73KG** OF FOOD

YOUR DONATION HAS SUPPLIED **28** MEALS

