

John Ray Times

Our Core Values: Hope, Perseverance, Trust, Courage, Respect, Responsibility

8th January 2024

Phone: 01376 324107 **Email:** jrcontact@compassps.uk **Website:** www.johnray.compassps.uk



@johnrayjuniors



@ facebook.com/[johnraycompassps](https://www.facebook.com/johnraycompassps)

For uniform orders visit: www.gooddies.co.uk

For information on Food Bank vouchers email: mkeegan@compassps.uk

For second hand uniform requests email: rcottee@compassps.uk

Breakfast club queries email: hwiltshire@compassps.uk

School dinner menus are on our website: W/C 22.01.24 [Week 1](#) , 08.01.24 [Week 2](#) , 15.01.24 [Week 3](#)

Zones of Regulation

The ZONES of Regulation



School Attendance Difficulties



Supporting Anxiety



My Happy Mind Parent App

To access these materials just go to <https://myhappymind.org/parent-resources> and enter your name, email and authentication code emailed to you in the letter sent on 22.09.23.

Spotlight on learning

Last week, the children took part in a Dance Day workshop and created dances based on their topics. The children really enjoyed creating the dances and performing them. Teachers will be following up on the skills taught during these sessions in their own PE lessons this term.

Year 3

On Monday the 15th January, as part of the immersion in our class text, 'The Ancient Egyptian Sleepover' the children in year 3 are invited to bring in some clean pyjamas in a separate bag that they can get changed into in the afternoon. Children will be taking part in activities that enable them to activate their prior knowledge and motivate them for their new topic.

Water bottles

Bottles, for drinking throughout the day, should contain **water only**. Juice or flavoured water should only be in lunch boxes. **Can we please ask that children do not bring PRIME bottles into school.**

Y4 and Y6 reading workshops

We are looking forward to seeing the Y4 parents next week for a reading workshop. These will take place at **2:30pm** and entry will be via the white hall doors opposite the bus stop in Notley Road.

15.01.24 Reading workshop for 4CB and 4W

16.01.24 Reading workshop for 4O and 4TR

A Y6 reading workshop will take place on 17.01.24 from 8:35. Please enter the school with your child and sign in at the classroom.

Attendance

Whilst we strive for 100% attendance, government expectations are that attendance sits above 96%.

There is a wealth of research to support the link between regular school attendance and good academic performance. Studies also show direct links between regular school attendance

and future success in the work place. Irregular attendance also affects children's ability to develop and sustain friendships in school.

From January 2023, if a child's attendance is below 90%, which is classed as being persistently absent, attendance could be recorded as unauthorised. Parents and carers may be asked to provide evidence of medical appointments and medication where they are able to.

Currently our attendance is 95.3% with individual year groups as follows:

Year 3: 95.8%

Year 4: 95.6%

Year 5: 95%

Year 6: 94.6%

We also have 108 (24.8%) children who have 100% attendance!

STUDENT ACHIEVEMENTS

Don't forget we would love to hear about any children who have been awarded badges or certificates for activities they do outside of school. Please email class teachers with your child's achievements.

Well done to: Summe (3A) who was awarded the captain's armband. Bailey (3P), Alex (4CB) and Vinnie (3A) who were awarded player of the match (football) Theo (4O) football challenges medal.	Well done to: Henry (3P) Captain in rugby. Akasya (3P) 2 nd in a dance competition. Isaac (4W) Student of the week in kung fu.
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Stars of the Week

Each week, class teachers will choose a member of their class to be star of the week. Children who are chosen will have their name added in this section of the newsletter. **Stars of the week will recommence next week.**

3A:	4CB:	5A:	6B:
3B:	4O:	5B:	6E:
3P:	4W:	5C:	6R:
3U:	4TR:	5G:	

PE Days

Children need to come into school on PE days in their PE kit. Children will need an outdoor PE kit i.e., black tracksuit bottoms (or shorts in warmer weather), white T-shirt and a black fleece / tracksuit top.

3A, 3P	Tuesday and Thursday
3B	Monday and Tuesday
3U	Tuesday and Friday
4O, 4W	Monday and Wednesday
4WM	Wednesday and Friday
4CB	Tuesday and Wednesday
5A and 5C	Tuesday and Thursday
5B and 5G	Tuesday and Wednesday
6B	Wednesday and Friday
6E	Monday and Wednesday
6R	Tuesday and Wednesday

Please remember that children must remove earrings to participate in PE lessons. Taping over earrings is not permitted.

PE kit is black joggers / shorts and a black hoodie or sweatshirt with a white T shirt along with trainers.

We expect that children will either wear one of the black John Ray logo hoodies from our supplier or a plain black hoodie/sweatshirt and plain black joggers on the two days a week that your child has PE.

CASHBACK WHEN SHOPPING ONLINE

The Friends of JRI and JRJ have created a cash back account through **Easy Fundraising**. This is a fantastic way to raise much needed extra funds to support both schools.

The link below can be used for you to register:

<https://www.easyfundraising.org.uk/invite/47ha4n/>

Once registered, for ease, you can download the app. Every time you shop from the app, across over 4000 online retailers, our schools earn cash back. It's free to join and includes top names like eBay, Argos, Iceland and John Lewis. You can share this link with friends and family members too. A letter with more information can be found on our [website](#).

Safeguarding

Are you worried about a child?

As a school, we consider safeguarding to be a priority. We welcome parents and carers talking openly to us about their concerns for the safeguarding of children and families. **Remember, safeguarding is everyone's responsibility.** If you have any concerns about a child, you can contact one of our Designated Safeguarding Leads via the school office. Please ask to speak to Karen Harrison, Rachel Cottee or Meriel Keegan and specify that you have a safeguarding concern. If you are worried about a child or young person, you can call the NSPCC helpline for support and advice for free on [0808 800 5000](tel:08088005000). If a child is in immediate danger, you should call 999.

Children can call [Childline](#) at any time on [0800 1111](tel:08001111)



National Online Safety: Setting up parental controls on new devices

At Christmas, millions of lucky children excitedly rip the wrapping off new phones, tablets, computers or consoles. However, in the rush to let young ones enjoy their shiny gadgets, many parents neglect to set these devices up safely – increasing the chances of children going online and stumbling across adult content, making expensive downloads or installing unsuitable apps. A little time configuring the device properly can save a lot of anguish later. Here are our top tips to ensure that a dream gift on Christmas morning doesn't turn into a nightmare by New Year.

The guide can be found at the bottom of the newsletter and also on the National Online safety website under guides.

www.nationalonlinesafety.com

CLASS TEACHERS' EMAIL ADDRESSES

We understand that for many people email is a quick and efficient way of communicating and we are therefore happy to provide class teachers' email addresses. Although email is a quick and easy way for parents to communicate with staff, matters that require urgent attention should be communicated via the school office. Staff are not expected to respond to emails after 5pm, during weekends/holidays or when off work due to sickness. [A parental agreement relating to email communication with teachers](#) is available from the school office or on our website under the communication tab.

Year 3	Year 4
3A- cwaspe1@compassps.uk 3B- bball@compassps.uk 3P- sphillips@compassps.uk 3U- ktoomey-underhill@compassps.uk	4W- zwatson@compassps.uk 4CB - hcollier-brown@compassps.uk 4O – kbrighton@compassps.uk , kbreen@compassps.uk 4TR - tbeeson@compassps.uk , rcottee@compassps.uk
Year 5	Year 6
5B- hbreeze@compassps.uk 5C - dcasey@compassps.uk 5G- ngibson@compassps.uk 5A- abear@compassps.uk	6B- jbird@compassps.uk 6E- cellis@compassps.uk 6R – rroberts@compassps.uk

Please contact class teacher in the first instance to resolve any issues. Should you feel you need to escalate the issue, please contact:

Miss Coffee (Assistant Head) if your child is in Y5 or Y6 – rcottee@compassps.uk

Mrs Breen (Assistant Head) if your child is in Y3 or Y4 – kbreen@compassps.uk

RECENT LETTERS – ALSO AVAILABLE ON THE WEBSITE

All communication will be sent through Bromcom. Please ensure that you have given us a current email address. Issues with Bromcom communication should be emailed [to jrcontact@compassps.uk](mailto:tojrcontact@compassps.uk)

29.11.23 Flu Catch Up Clinics (All)

04.12.23 [Trip to Daws Hall \(Y5\)](#)

06.12.23 teaching arrangements for 3A from January 2024 (3A only)

07.12.23 Trip to The British Museum (Y3)

9.12.23 [Trip to West Stow \(Y4\)](#)

04.01.23 teaching arrangements for 5C (5C only)

Dates for the academic year 2023-2024 (new dates added in red)

Please find below the list of dates for next academic year. Term dates 2023-4 are on our [website](#).

Spring Term	Summer Term
08.01.24 After school clubs start	15.04.24 Start of term for children
15.01.24 Reading workshop for 4CB and 4W parents 2:30pm	22.04.24 After school clubs start
16.01.24 Reading workshop for 4CB and 4W parents 2:30pm	23.04.24 Year 6 maths workshop for parents 3.30pm
17.01.24 Year 6 reading workshop for parents 8.35am	25.04.24 & 30.04.24 One Plan meetings for children on SEN register
22.01.24 - 8.45am - 9.30am Pastoral Support Morning	25.04.24 West Stow trip for Y4 (approx cost £20.50)
25.01.24 & 30.01.24 One Plan meetings for children on SEN register	29.04.24 - 8.45am - 9.30am - Pastoral Support Morning
26.01.24 Y3 to British Museum (children to be in school at 8:35, returning approx 4pm)	13.05.24 SATS week (Y6 only)
5.02.24 Children's mental health week	20.05.24 Year 6 Mersea residential meeting 5pm
5.2.24 5G and 5B Maths workshop for parents 2.30pm	21.05.24 Year 3 plants workshop for parents 3.30pm
6.2.24 5A and 5C Maths workshop for parents 2.30pm	23.05.24 Sports day and parent picnic (parents invited from 11:45)
	27.05.24 Half term
	03.06.24 Non-pupil day

<p>08.02.24 <i>In class photos (All children should come to school in school uniform and bring PE kits in a separate bag if it is a PE day)</i></p> <p>13.02.24 <i>Safer Internet Day</i></p> <p>19.02.24 <i>Half term</i></p> <p>26.02.24 <i>Children return to school</i></p> <p>07.03.24 <i>World book day (Dress as a book character or bring in a prop from a book)</i></p> <p>11.03.24 <i>Science week</i></p> <p>11.03.24 - 8.45am - 9.30am - <i>Pastoral Support Morning</i></p> <p>15.03.24 <i>Sports Relief (Children can wear sportswear or non-uniform in exchange for a donation)</i></p> <p>18.03.24 <i>Last week for clubs</i></p> <p>19.03.24 <i>Learning conferences (3:45-7pm) for children not on SEN register</i></p> <p>21.03.24 <i>Learning conferences (3:45-5:30pm) for children not on SEN register</i></p> <p>28.03.24 <i>Y5 and Y6 to walk to St Michael's church for Easter service. (This is a pupil and staff only service & will take place during the school day- children should come to school in trainers / suitable shoes for walking)</i></p> <p>28.03.24 <i>Last day of term</i></p>	<p>03.06.24 <u>Multiplication check</u> starts for 3 weeks (Y4 only)</p> <p>04.06.24 Children return to school</p> <p>06.06.24 Reserve Sports day in case of poor weather</p> <p>12.06.24-14.06.24 Mersea residential (Y6 only)</p> <p>17.6.24 5G and 5B Science workshop for parents 3.30pm</p> <p>17.06.23 Y4 history workshop from 3:30pm</p> <p>18.6.24 5A and 5C Science workshop for parents 3.30pm</p> <p>27.06.24 Class photos (children who have PE on this day should come into school in school uniform and bring PE kits in a separate bag)</p> <p>01.07.24 - 8.45am - 9.30am - <i>Pastoral Support Morning</i></p> <p>01.07.24 <i>Last week for clubs</i></p> <p>10.07.24 Annual reports sent out</p> <p>11.07.24 Children to spend time with their new teacher</p> <p>11.07.24 Open afternoon drop in for current parents from 2:30 – 4pm</p> <p>16.07.24 Y6 production to parents 1:30 and 4:30pm</p> <p>23.07.24 <i>Last day of term</i></p>
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Top Tips for SETTING UP PARENTAL CONTROLS ON NEW DEVICES

In children's eagerness to start enjoying new digital gadgets immediately, it can be easy to overlook setting up the type of parental controls that can help to protect them online. If you don't sort those out from the very start, it can be an uphill battle – technologically and psychologically – to impose such controls later. Here's our rundown of what to look for when setting up the various internet-enabled devices that might be lurking under the tree at this time of year.

IPHONE

If your child's lucky enough to be getting their own iPhone, parental controls can help avoid issues like screen addiction and unsuitable content. Go into the settings and scroll down to 'Screen Time'. From here you can customise important settings including time limits on using the device, communication restrictions and content blockers. You can also lock your changes behind a passcode.

ANDROID

With Android devices, Google's Family Link app is your friend. You'll need a Google account – and a separate one for your child, which you should use when first setting up the device. Then, in Family Link on your own device, select 'Add Child' and enter their account details. This lets you specify limits on daily usage, restrict certain apps, block particular content and more.

PLAYSTATION

You can prep for a PlayStation before it's even unwrapped. At my.account.sony.com, create an account, then go to Account Management > Family Management > Add Family Member to set up your child's account, which you'll use to sign in on the console. You can restrict the age ratings of the games they can play and who they can talk to. On the PS5, you can make exceptions for any games you think are acceptable despite their high age rating.

IPAD

iPad parental controls are identical to those on iPhones. However, if you've got a shared family iPad and want to ensure your children aren't seeing anything age-inappropriate after you hand them the device, there's a feature called Guided Access (under Settings > Accessibility > Guided Access). With this switched on, young ones can only use the app that's currently open.

XBOX

The Xbox Family Settings app helps you manage which games your child can play (and when). You'll need to set up the console with your own account and then add a child profile. Make sure your account's password protected, so your child can't alter your choices later. You'll be walked through the functions at setup, but you can also reach them manually via Settings > Account > Family Settings.

NINTENDO SWITCH

Download the Nintendo Switch Parental Controls app on your phone, and you'll be shown how to link it to the console. Once that's done, you can limit how long your child can play each day, decide what age ratings are permitted and more. You'll also get weekly updates on how often they've used the device. These controls are accessible through the console itself, but the app is usually easier.

WINDOWS 11 PCS

On Windows 11, account management is key. Set up the device with your own account as the admin. Then go to Settings > Accounts > Family and Other Users and create your child's account (if you've already done this on a previous PC, just log in with those details). Microsoft Family Safety (either the app or the site) then lets you control screen time, what content children can view and more.

CHROMEBOOKS

Chromebooks' parental controls are managed via the Family Link app. Unlike an Android device, however, you need set up the Chromebook with your own account first, then add your child's. Go to Settings > People > Add Person and input your child's Google account details (or create a new account). Your child can then log in, and you can monitor what they're up to via Family Link.

MACS

Like iPhones, parental controls for Macs are managed via the Screen Time settings. Again, the crux here is to set yourself up as the administrator before adding any child accounts. In the settings, look for Users & Groups to create your child's account, then – while on their profile – use the screen time options to place any boundaries around apps, usage and who your child can communicate with (and vice versa).

SMART TVS

Smart TVs typically have their own individual parental controls. One of the most popular brands is Samsung – and on their TVs, you can control the content available to your child. In the Settings menu, under 'Broadcasting', you can lock channels and restrict content by its age rating. Even this isn't foolproof, however: some apps (like YouTube) might still let children access unsuitable material.


Meet Our Expert

Barry Collins is a technology journalist and editor with more than 20 years' experience of working for titles such as the Sunday Times, Which?, PC Pro and Computeractive. He's appeared regularly as a tech pundit on television and radio, including on BBC Newsnight, Radio 5 Live and the ITV News at Ten. He has two children and writes regularly on the subject of internet safety.



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