

John Ray Times

Our Core Values: Hope, Perseverance, Trust, Courage, Respect, Responsibility

12th February 2024

Phone: 01376 324107 **Email:** jcontact@compassps.uk **Website:** www.johnray.compassps.uk



@johnrayjuniors



@ facebook.com/[johnraycompassps](https://www.facebook.com/johnraycompassps)

For uniform orders visit: www.gooddies.co.uk

For information on Food Bank vouchers email: mkeegan@compassps.uk

For second hand uniform requests email: rcottee@compassps.uk

Breakfast club queries email: hwiltshire@compassps.uk

School dinner menus are on our website: W/C 12.02.24 [Week 1](#).

Returning after half term: 26.02.24 [Week 1](#), 04.03.24 [Week 2](#), 11.03.24 [Week 3](#).

Zones of Regulation

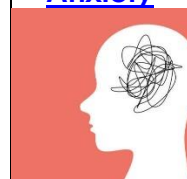
The **ZONES** of Regulation



School Attendance Difficulties



Supporting Anxiety



My Happy Mind Parent App

To access these materials just go to <https://myhappymind.org/parent-resources> and enter your name, email and authentication code emailed to you in the letter sent on 22.09.23.

Spotlight on learning

Y3

Children are trying hard in PE, interpreting Egyptian dance moves. Children are revisiting their prior knowledge during their reading sessions.

Y4

Children have been learning how to sing 'Lean on me' in music. They have been singing and playing the glockenspiels and are eager to perform to other adults in school.

Y5

A love of writing has been evident this week in year 5. Children have been using elements of their reading lessons in their writing. The children were transfixed with learning about Henry VIII and have been keen to use the resources in the library to extend their learning.

Y6

The year 6 children have been drawing on what they've read, including high-quality vocabulary in their writing. Year 6 revision sessions have been going well and children are enjoying them. Children are working very hard on their presentation and have been excited to receive positive feedback about the improvements.

Our photographer, who was in school last week, commented on the fabulous manners of the children and how welcoming they all were. Well done John Ray.

Notley High School's performance of Grease

On Tuesday 13th of February Year 5 and 6 have been invited to Notley High School to watch their performance of Grease. We will walk across the field to Notley High at 10.20am and will be back in time for lunch.

Children's Mental Health Week

Last week was Children's Mental Health Week with the theme 'My voice matters'. Children took part in a whole school assembly which looked at the importance of sharing a worry and it was great to see that the children have different strategies to help them with many of these coming from the work we have undertaken in 'My happy mind'. We also know from talking to children that they have trusted adults both in and out of school that they can go to if there is something on their mind. The Children's Mental Health Week website contains helpful information and support for

families: [Families - Children's Mental Health Week \(childrensmentalhealthweek.org.uk\)](http://childrensmentalhealthweek.org.uk)

We would also encourage all parents to download the 'My Happy Mind app'. Please contact the school office if you need the log on code.

Multi Schools Council

The Multi Schools Council was started in 2012 to help break down perceptions towards children with SEND and mental health difficulties in schools and their wider communities.

Each term, children from mainstream and special schools meet to learn more about each other and put their plans in place for making a difference. Not only does the Council help break down perceptions, it also provides young people with an opportunity to improve their confidence, to develop their personal and social skills and to promote important values like democracy and tolerance. Mrs Buckley took a group of children to the MSC last week and we are delighted that Franklin (5A) has been chosen as an Ambassador for the council.

Boys' football

Our boys' team had a competitive match against White Notley. The final score was 6-4 to White Notley. The boys played brilliantly as a team with the goals coming from AJ and Charlie's first hat-trick of the season. Well done boys.



Mobile phones

Children can bring in a mobile phone if they walk to and from school alone. Before bringing in a phone for the first time, parents should complete a permission form that is signed by Miss Harrison.

Phones are collected by the class teacher and put away. If there is misuse of any phone during school time then permission to have it in school may be taken away. Forms can be collected from the school office.

World Book Day

World Book Day is on Thursday 7th March. Children can come to school dressed as a character from a book or with a prop from a book. If they wish, they can bring in their favourite book to talk about and share.

Breaktime snacks

Junior schools do not receive funding for fruit and vegetable snacks for children. However, children can bring in fruit, vegetables or a cereal bar as a breaktime snack. Other foods should only be in lunch boxes for consumption at lunchtime. We usually have fruit, raisins, dried apricots and banana chips for sale from our tuck shop at a cost of 30p per item.

Autism Central Support

Autism Central - Support Provided by Families/Carers for Families/Carers Autism Central offers information, group online sessions and 1:1 support via telephone or Teams. A diagnosis is not needed to access this free service. Upcoming events include:

· Thursday 15 February 2024 - Holiday Survival

Click this link to get further information: [Autism Central for Parents and Carers | Autism Central](#)

Local SEND support

There is a page within the Compass Partnership of School website which directs parents and carers to local support.

[The Compass Partnership - Inclusion \(compassps.uk\)](#)

STUDENT ACHIEVEMENTS

Don't forget we would love to hear about any children who have been awarded badges or certificates for activities they do outside of school. Please email class teachers with your child's achievements.

Well done to:

Rex, 3B who has achieved 50m in swimming.
Sidney in 3B- player of the match in football.
Oliver in 5B and his dog- 2nd in a dog show

Well done to:

Summer 3A, Quinn 4W, Layla 5C, Emily 5C,
Florence 5A and Alicja 4W who have all
achieved the communication badge at
Brownies.

Stars of the Week

Each week, class teachers will choose a member of their class to be star of the week. Children who are chosen will have their name added in this section of the newsletter.

3A: Billie	4CB: Jayden	5A: Leo	6B: John
3B: Reggie	4O: Theo	5B: Oscar Mi	6E: Vinnie
3P: Dara	4W: Dylan	5C: Charlie	6R: Maddisen
3U: Lilly	4TR: The whole class	5G: Archie	

PE Days

Children need to come into school on PE days in their PE kit. Children will need an outdoor PE kit i.e., black tracksuit bottoms (or shorts in warmer weather), white T-shirt and a black fleece / tracksuit top.

3A, 3P	Tuesday and Thursday
3B	Monday and Tuesday
3U	Tuesday and Friday
4O, 4W	Monday and Wednesday
4WM	Wednesday and Friday
4CB	Tuesday and Wednesday
5A and 5C	Tuesday and Thursday
5B and 5G	Tuesday and Wednesday
6B	Wednesday and Friday
6E	Monday and Wednesday
6R	Tuesday and Wednesday

Please remember that children must remove earrings to participate in PE lessons. Taping over earrings is not permitted.

PE kit is black joggers / shorts and a black hoodie or sweatshirt with a white T shirt along with trainers.

We expect that children will either wear one of the black John Ray logo hoodies from our supplier or a plain black hoodie/sweatshirt and plain black joggers on the two days a week that your child has PE.

CASHBACK WHEN SHOPPING ONLINE

The Friends of JRI and JRJ have created a cash back account through **Easy Fundraising**. This is a fantastic way to raise much needed extra funds to support both schools.

The link below can be used for you to register:

<https://www.easyfundraising.org.uk/invite/47ha4n/>

Once registered, for ease, you can download the app. Every time you shop from the app, across over 4000 online retailers, our schools earn cash back. It's free to join and includes top names like eBay, Argos, Iceland and John Lewis. You can share this link with friends and family members too. A letter with more information can be found on our [website](#).

Safeguarding

Are you worried about a child?

As a school, we consider safeguarding to be a priority. We welcome parents and carers talking openly to us about their concerns for the safeguarding of children and families. **Remember, safeguarding is everyone's responsibility.** If you have any concerns about a child, you can contact one of our Designated Safeguarding Leads via the school office. Please ask to speak to Karen Harrison, Rachel Cottee or Meriel Keegan and specify that you have a safeguarding concern. If you are worried about a child or young person, you can call the NSPCC helpline for support and advice for free on [0808 800 5000](tel:08088005000). If a child is in immediate danger, you should call 999.

Children can call [Childline](#) at any time on [0800 1111](tel:08001111)



National Online Safety: Monkey

Online video calling with random strangers is hardly a new internet phenomenon – but the recent demise of Omegle has prompted the creation of several similar platforms bidding to fill the vacuum. One such contender is Monkey – a service that randomly connects its users for video calls, using their mobile numbers and Snapchat account details.

Monkey has surged in popularity since Omegle's shutdown in November 2023: visits to the site more than doubled within a month and have been climbing steadily ever since. Regrettably, it also seems that Monkey suffers from many of the same pitfalls as its notorious predecessor. The guide below highlights these possible risks to young people in more detail.

The guide can be found at the bottom of the newsletter and also on the National Online safety website under guides.

www.nationalonlinesafety.com

CLASS TEACHERS' EMAIL ADDRESSES

We understand that for many people email is a quick and efficient way of communicating and we are therefore happy to provide class teachers' email addresses. Although email is a quick and easy way for parents to communicate with staff, matters that require urgent attention should be communicated via the school office. Staff are not expected to respond to emails after 5pm, during weekends/holidays or when off work due to sickness. [A parental agreement relating to email communication with teachers](#) is available from the school office or on our website under the communication tab.

Year 3	Year 4
3A- cwaspe1@compassps.uk 3B- bball@compassps.uk 3P- sphillips@compassps.uk 3U- ktoomey-underhill@compassps.uk	4W- zwatson@compassps.uk 4CB - hcollier-brown@compassps.uk 4O – kbrighton@compassps.uk , kbreen@compassps.uk 4TR - tbeeson@compassps.uk , rcottee@compassps.uk
Year 5	Year 6
5B- hbreeze@compassps.uk 5C - dcasey@compassps.uk 5G- ngibson@compassps.uk 5A- abear@compassps.uk	6B- jbird@compassps.uk 6E- cellis@compassps.uk 6R – rroberts@compassps.uk

Please contact class teachers in the first instance to resolve any issues. Should you feel you need to escalate the issue, please contact:

Miss Coffee (Assistant Head) if your child is in Y5 or Y6 – rcottee@compassps.uk

Mrs Breen (Assistant Head) if your child is in Y3 or Y4 – kbreen@compassps.uk

RECENT LETTERS – ALSO AVAILABLE ON THE WEBSITE

All communication will be sent through Bromcom. Please ensure that you have given us a current email address. Issues with Bromcom communication should be emailed tojrcontact@compassps.uk

04.01.24 teaching arrangements for 5C (5C only)

10.01.24 One Plan arrangements for 5C only

10.01.24 One Plan booking letter

19.01.24 - Measles advice (All)

22.01.24 - Wraparound Care Survey (All)

06.02.24 - KEGS open days (Y5 Boys)

Dates for the academic year 2023-2024 (new dates added in red)

Please find below the list of dates for next academic year. Term dates 2023-4 are on our [website](#).

Spring Term	Summer Term
13.02.24 Safer Internet Day 15.02.24 Y3 parents invited to school to read children's work 2:30pm 19.02.24 Half term 26.02.24 Children return to school	15.04.24 Start of term for children 22.04.24 After school clubs start 23.04.24 Year 6 maths workshop for parents 3.30pm

<p> 6.3.24 Y5 to a maths workshop at NHS 07.03.24 World book day (Dress as a book character or bring in a prop from a book) 11.03.24 Science week 11.03.24 - 8.45am - 9.30am - Pastoral Support Morning 15.03.24 Sports Relief (Children can wear sportswear or non-uniform in exchange for a donation) 18.03.24 Last week for clubs 19.03.24 Learning conferences (3:45-7pm) for children not on SEN register 21.03.24 Learning conferences (3:45-5:30pm) for children not on SEN register 28.03.24 Y5 and Y6 to walk to St Michael's church for Easter service. (This is a pupil and staff only service & will take place during the school day- children should come to school in trainers / suitable shoes for walking) 28.03.24 Last day of term </p>	<p> 25.04.24 & 30.04.24 One Plan meetings for children on SEN register 25.04.24 West Stow trip for Y4 (approx cost £20.50) 29.04.24 - 8.45am - 9.30am - Pastoral Support Morning 13.05.24 SATS week (Y6 only) 20.05.24 Year 6 Mersea residential meeting 5pm 21.05.24 Year 3 plants workshop for parents 3.30pm 23.05.24 Sports day and parent picnic (parents invited from 11:45) 27.05.24 Half term 03.06.24 Non-pupil day 03.06.24 <u>Multiplication check</u> starts for 3 weeks (Y4 only) 04.06.24 Children return to school 06.06.24 Reserve Sports day in case of poor weather 12.06.24-14.06.24 Mersea residential (Y6 only) 17.6.24 5G and 5B Science workshop for parents 3.30pm 17.06.23 Y4 history workshop from 3:30pm 18.6.24 5A and 5C Science workshop for parents 3.30pm 27.06.24 Class photos (children who have PE on this day should come into school in school uniform and bring PE kits in a separate bag) 01.07.24 - 8.45am - 9.30am - Pastoral Support Morning 01.07.24 Last week for clubs 10.07.24 Annual reports sent out 11.07.24 Children to spend time with their new teacher 11.07.24 Open afternoon drop in for current parents from 2:30 – 4pm 16.07.24 Y6 production to parents 1:30 and 4:30pm 23.07.24 Last day of term </p>
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What Parents & Carers Need to Know about MONKEY

Also known as Monkey Cool, this platform aims to fill the gap left by Omegle (which has now shut down) by placing users in random video chats with strangers. Participants use their mobile number and Snapchat username to connect to the service, where they can make matches, message other people and join group chats. The mobile version has been removed from the App Store due to safety concerns, but iPhone owners can still access the site via their web browser. The app remains available on Google Play, where its listing claims that Monkey has more than 30 million users worldwide.

WHAT ARE THE RISKS?

AGE-INAPPROPRIATE CONTENT

The app claims to use AI to detect sexual content or activity that violates its policies, along with having a 24/7 moderation team. However, reports in the media continue to indicate that explicit content remains commonplace on Monkey (including sexually graphic or violent material) and is therefore accessible to anybody who uses the app – including those aged under 18.



CONTACT WITH STRANGERS

The obvious risk in accepting random video chat partners is that users cannot know what or who they will see on their next connection. Talking to strangers is, of course, potentially dangerous – especially for children who might be persuaded to meet up with these people offline. The app lets users find each other by location, increasing the chances of a child being matched with a stranger from their local area.



IN-APP SPENDING

While Monkey is free to download, it nevertheless offers in-app purchases promising to unlock access to premium features. For example, users who wish to make use of 'Knock Knock chat' (Monkey's text-based messaging option), rather than the app's Chatroulette-style random video calling feature, will need to pay to be able to do so.



(although the lack of age verification means that someone younger could easily log in with a false date of birth)

INTRUSIONS ON PRIVACY

According to Monkey's privacy policy, personal information (such as name, profile picture and date of birth), user-contributed content (any photos, texts, videos and screenshots shared) and each user's browser and IP address are collected. That is a considerable amount of data for Monkey to gather on its users – and all of this information is shared with third parties.



Advice for Parents & Carers

DISCUSS THE DANGERS

Even if you're comfortable with your child using Monkey, it's still important to talk about the potential dangers. It's crucial, for instance, that young people recognise the risks that stem from video chatting with strangers; that they understand not to share identifying information (like their street or school name); and that they know what to do if they are exposed to inappropriate content.



RESTRICT IN-APP PURCHASING

If your child is accessing Monkey via an Android device, you can prevent them from making in-app purchases through the device's settings. If you do allow your child to use the site, we'd recommend that you enable this feature: young people have been known to spend significant amounts of money in their desire to unlock more features in apps such as this.



REPORT INAPPROPRIATE CONTENT

Monkey states in the safety section of its site that "people are given the power" and that, to a large extent, Monkey is "self-governing." If a user is exposed to sexually explicit or inappropriate content on the platform, they can select the 'police' emoji in the top right corner of their screen to submit a report for Monkey's moderation team to review.



SPOT THE SIGNS

If you're concerned that your child is spending too much time on Monkey – or that they may have been exposed to inappropriate or distressing content – it's important to watch for potential indications that they've been affected emotionally. They could be unusually irritable or unable to concentrate, for example, or failing to complete their homework or even to eat regular meals.



Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



The National College



National Online Safety

#WakeUpWednesday



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety



@national_online_safety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 07.02.2024

YOGA DANCE

My new children's yoga class is called YOGA DANCE! Each class will have a warm-up focused on flexibility, we shall work towards the wheel, splits, handstands, king cobra pose, and many others. Then a series of dance flow asanas (postures) will be taught from a choreographed routine.

Yoga dance is a dynamic fusion of yoga and dance elements. It combines traditional yoga postures with fluid dance movements, creating a holistic mind-body workout. This practice enhances flexibility, strength, and cardiovascular fitness while promoting mindfulness through rhythmic and expressive dance sequences. It's a creative way to engage with the physical and meditative aspects of yoga, making it enjoyable for those who appreciate a more dynamic and expressive approach to their practice.

Classes will be starting on the 28th and 29th of February. Wednesday's 16:35-17:15 at St Michael's C.O.E Primary School, and Thursday's 17:00-17:40 at Notley Green Community Centre. Yoga dance will be £6 per class, which will need to be paid half termly.

info@yogawithnikki.net

www.yogawithnikki.net



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BRAINTREE

John Ray Junior
School
19th, 20th & 21st
February



EPPING

Epping St. John's
21st, 22nd & 23rd
February



DUNMOW

Fitch Green
Community Hall
19th, 20th & 21st
February



CHELMSFORD

Moulsham High
School
19th, 20th & 21st
February

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PER HOUR



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“

My son really enjoyed the
Holiday Course, would
recommend to other parents
with kids that love playing
football. Affordable childcare.
Thanks again for making my
son feel welcome!”

- 2023 5* Google Review

@mrfaessex

☎ 01371 829 216



www.mrfa.co.uk

Are you interested in teaching in Essex?

CTSN@Essex Primary SCITT has hubs in Braintree and Chelmsford.

Come along to one of our upcoming informal events to find out more.

Spring Virtual Events:

January

Wednesday 17th 5-6pm

Tuesday 30th 7-8pm

February

Wednesday 14th 5-6pm

Wednesday 28th 4-5pm

March

Monday 11th 5-6pm

Monday 25th 5-6pm

Please email Julie Gariazzo

(julie@essexprimaryscitt.co.uk) for further details.



Bocking Theatre Club presents

Dick Turpin **rides again**

Limelight scripts

21st to 24th February 2024

Bocking Village Hall CM7 5LA



Box office

Eaton's tea & coffee house
George Yard Shopping Centre

Cream
Church street, Bocking

Tel: 01376 320948 booking line

www.bockingtheatreclub.co.uk

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noda

Be inspired by amateur theatre





FANTASTIC FEBRUARY CAMP



19th FEB - 23rd FEB

Notley Green Primary School
Blickling Rd, Braintree, CM77 7ZJ

FEB 19th MONDAY	FOOTBALL & GYMNASTICS DAY	★ Football Tournaments ★ Ronaldo's Skill School ★ Jumps and Routines ★ Balance and Rolls
FEB 20th TUESDAY	NINJA WARRIOR	★ Obstacle Courses ★ Timed Challenges ★ Camouflage ★ Ninja Tag
FEB 21st WEDNESDAY	OLYMPICS DAY	★ Running Races ★ Long Jump ★ Throwing Challenges ★ Tennis
FEB 22nd THURSDAY	INFLATABLE DAY	★ Bouncy Castle ★ Inflatable Dodgeball ★ Multi Sports ★ Bouncy Fitness
FEB 23rd FRIDAY	SPORTS DAY	★ Basketball ★ Football ★ Benchball ★ Handball

Welcome to our Fantastic February Camp Schedule!
Each day you can expect a number of different themed sports,
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Notley Green Primary School
Blickling Rd, Braintree, CM77 7ZJ

NINJA
WARRIOR

FOOTBALL

MEDALS
AND
PRIZES

GYMNASTICS

INFLATABLES

AND MUCH
MORE....

Monday 19th Feb - Friday 23rd Feb

FULL DAY:

£25 per day

£110 for the week

Year 1 - 7 children

9AM-3PM

HALF DAY:

£14 per day

£65 for the week

Reception children

9AM-12:45PM

SCAN HERE!



To Book:

Visit www.superstarsport.co.uk 'Book Now'

For more information call 01992 766 707

*Early bird discount expires 8th February - 11:59pm There is a 4.5% platform fee on every booking

