

W/C 30/10/23, 20/11/23, 11/12/23, 1/1/24, 22/1/24, 12/2/24, 11/3/24, 1/4/24



# Our Tasty Menu 1



Code		Monday	Tuesday	Wednesday	Thursday	Friday
H	Hot Option 1	Pasta bar with various sauces, pesto, ragu, cheese, 5 bean chilli etc V, VE, GF, MF, EF, SF options	Minced beef hotpot MF, EF, GF options available	Roasted Chicken fillet GF, MF, EF, SF options	Pepperoni pizza EF options	Fish flipper dippers and chips GF, MF, EF, SF options
V	Hot Option 2	Rice bar with various sauces, pesto, ragu, cheese, 5 bean chilli etc V, VE, GF, MF, EF, SF options	Jacket potato with various toppings  V, VE, GF, MF, EF, SF options	Vegan sausage casserole V, VE, GF, MF, EF options	Cheese and tomato pizza V, VE, GF, MF, EF, SF options	Quorn dippers and chips V, VE, MF, EF options
	Side Dishes	Salad bar	Peas and Salad bar	Roast potatoes, Yorkshire pudding, seasonal vegetables and gravy	Salad bar	Baked beans
P	Cold Option 1	Cheese and tomato wrap V, VE, GF, MF, EF, SF options	Ham and cucumber sandwich GF, MF, EF, SF options	Cheese baguette V, VE, GF, MF, EF, SF options	Ham pasta GF, MF, EF, SF options	Cream cheese and cucumber wrap GF, MF, SF options
F	Cold Option 2	Tuna and sweetcorn wrap GF, MF, EF, SF options	Egg mayo and cress sandwich V, GF, MF, SF options	Tuna baguette GF, MF, SF options	Cheese pasta V, VE, GF, MF, EF, SF options	Tuna mayo wrap GF, MF, SF options
	Dessert	Peach cobbler and cream	Fruit platter	Angel delight	Yoghurts	Coconut jam sponge

Meat free Monday!

V=VEGETARIAN  
VE=VEGAN  
GF= GLUTEN FREE  
MF=MILK FREE  
EF=EGG FREE  
SF = SOYA FREE

Our salad bars contain various items such as cucumber slices, carrot sticks, tomatoes, orange slices, melon, olives, pickles, bread, pasta shapes and potatoes. We vary the salad bars every day to include as many options as possible. All children having school lunches have access to the salad bar, fresh milk and fresh fruit each day

THE  
**COMPASS**  
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