

John Ray Times

Our Core Values: Hope, Perseverance, Trust, Courage, Respect, Responsibility

18th March 2024

Phone: 01376 324107 **Email:** jrcontact@compassps.uk **Website:** www.johnray.compassps.uk



@johnrayjuniors



@

facebook.com/[johnraycompassps](https://www.facebook.com/johnraycompassps)

For uniform orders visit: www.gooddies.co.uk

For information on Food Bank vouchers email: mkeegan@compassps.uk

For second hand uniform requests email: rcottee@compassps.uk

Breakfast club queries email: hwiltshire@compassps.uk

School dinner menus are on our website: 18.03.24 [Week 1](#), 25.03.24 [Week 2](#),

After Easter, we will return on week 1 of our new summer menu which are now available on our website 15.04.2024 [Week 1](#), 22/04/24 [Week 2](#), 29/04/24 [Week 3](#)

Zones of Regulation

The ZONES of Regulation



School Attendance Difficulties



Supporting Anxiety



My Happy Mind Parent App

To access these materials just go to <https://myhappymind.org/parent-resources> and enter your name, email and authentication code emailed to you in the letter sent on 22.09.23.

Spotlight on learning

Year 3

Writing has gone well this week and the children are increasing their writing stamina. The children are enjoying French and have retrieved previous knowledge to support them learning about animals. They have also enjoyed magnets in science.

Year 4

Science is going well in year 4. The children have been successfully writing classification keys. There has been lots of perseverance in maths. They've retrieved knowledge from year 3 with times tables and families of numbers and used this to support them with fractions.

There has been such an improvement in presentation. Children are really pleased with what they're producing and they have been asking to photocopy their work to take home.

Year 5

Children were able to retrieve 60 words from word of the day over the year! They have been thinking carefully about their vocabulary choices and the impact these have on the reader. Children have been using tools in the classroom to successfully support their writing.

Year 6

6E are really enjoying badminton and the children are supporting each other which is having a positive impact on their peer relationships. Year 6 are also enjoying French lessons where they are using and applying their knowledge.

Comic Relief

Thank you for your donations, we raised £326.86

If you have not yet had time to donate, donations can still be made by using the QR code below.



After school clubs

This week is the last week for after school clubs.

PTA Easter events

Please see below for details of our Great Easter Bake Off and our Easter Fun Event taking place on **Wednesday 27th March!** Please join in and bake up a treat to be sold at the event. This year's event will take place in both the infant and junior schools and we will be accepting entries for the infant bake off and the junior bake off the day before. There will be a winner in each bake off and each winner will receive a fab Easter hamper!

Please, collect your allergy forms and drop off all entries outside the infant school to the PTA trolleys at drop off or pick up on Tuesday 26th March. Please remember both schools are nut free and allergy forms must be filled in for every entry. Donations of shop bought items for the sale will also be accepted.

We are, as always, in need of volunteers to help at this event so please, if you can spare even half an hour, then please get in touch. We often run on bare bones with volunteers, relying on help from the school staff. We also have come very close to cancelling events in the past, so we do need volunteers to continue to provide the fun events that everyone loves.

Please email pta.secretary.friendsofjohnray@gmail.com if you can help, or want any more info.



Easter Bake Off!

Do you have what it takes to be the next John Ray Infant or Junior School Bake off champ?

BAKE YOUR MOST SPECTACULAR BAKE FOR OUR EASTER BAKE SALE, AND YOU COULD WIN AN EASTER HAMPER!

ALL LEVELS OF BAKERS WELCOME!

ALL ENTRIES TO BE HANDED INTO THE PTA TROLLEYS OUTSIDE THE INFANT SCHOOL OFFICE AT DROP OFF AND PICK UP ON TUESDAY 26TH MARCH, AND MUST INCLUDE A COMPLETED ALLERGY FORM. FORMS CAN BE PRINTED, OR PICKED UP FROM THE INFANT SCHOOL OFFICE



JOIN US FOR OUR

Easter fun event

Includes:
Easter Bake Off Bake Sale
Lucky Dip with a prize every time

**WEDNESDAY 27TH MARCH
AFTER SCHOOL**

**JOHN RAY INFANT SCHOOL HALL &
JOHN RAY JUNIOR SCHOOL HALL**

See you there!

STUDENT ACHIEVEMENTS

Don't forget we would love to hear about any children who have been awarded badges or certificates for activities they do outside of school. Please email class teachers with your child's achievements.

Well done to:

AJ (6E), Alex (4CB), Alexander (4TR), Teddy (3U), Zak (3U), Farran (5B), Summer (3A) and Max (3P) who all achieved Player of the Match at football over the weekend.

Ellis (6B) who had the captain's armband over the weekend.

Victoria (3P) who came 5th in a dance competition.

Maddisen (6R) who got a silver and bronze medal in a dance and acrobatics competition over the weekend.

Freya (5A) who came second in a gymnastic competition.

Well done to:

Reggie (3B), Reuben (3A), Max (3P), Amelia (6B), (3B) who all graded in Karate at the weekend and were awarded a new colour belt.

Andie (4W), Callum (3P), Alissa (3P) who all move up in swimming last week.

Daniel (3B) who got a bronze medal in a Jujitsu competition.

Layla (5C) who has now finished Brownies.

Winnie (6B), Nancie (6B) and Amelia (6B) who all received new Guide Badges called 'Backwards Cooking' which involved cooking outside!

Stars of the Week

Each week, class teachers will choose a member of their class to be star of the week. Children who are chosen will have their name added in this section of the newsletter.

3A: Shelby	4CB: Max	5A: Tyler	6B: Johnny
3B: Lopez	4O: Olly	5B: Anya	6E: Joseph H
3P: Liana-Rose	4W: Abrish	5C: Grace	6R: -
3U: Henry	4TR: Bella	5G: Ava, Arthur, Caitlin	

PE Days

Children need to come into school on PE days in their PE kit. Children will need an outdoor PE kit i.e., black tracksuit bottoms (or shorts in warmer weather), white T-shirt and a black fleece / tracksuit top.

3A, 3P	Tuesday and Thursday
3B	Monday and Tuesday
3U	Tuesday and Friday
4O, 4W	Monday and Wednesday
4WM	Wednesday and Friday
4CB	Tuesday and Wednesday
5A and 5C	Tuesday and Thursday
5B and 5G	Tuesday and Wednesday
6B	Wednesday and Friday
6E	Monday and Wednesday
6R	Tuesday and Wednesday

Please remember that children must remove earrings to participate in PE lessons. Taping over earrings is not permitted.

PE kit is black joggers / shorts and a black hoodie or sweatshirt with a white T shirt along with trainers.

We expect that children will either wear one of the black John Ray logo hoodies from our supplier or a plain black hoodie/sweatshirt and plain black joggers on the two days a week that your child has PE.

CASHBACK WHEN SHOPPING ONLINE

The Friends of JRI and JRJ have created a cash back account through **Easy Fundraising**. This is a fantastic way to raise much needed extra funds to support both schools.

The link below can be used for you to register:

<https://www.easypundraising.org.uk/invite/47ha4n/>

Once registered, for ease, you can download the app. Every time you shop from the app, across over 4000 online retailers, our schools earn cash back. It's free to join and includes top names like EBay, Argos, Iceland and John Lewis. You can share this link with friends and family members too. A letter with more information can be found on our website.

Safeguarding

Are you worried about a child?

As a school, we consider safeguarding to be a priority. We welcome parents and carers talking openly to us about their concerns for the safeguarding of children and families. **Remember, safeguarding is everyone's responsibility.** If you have any concerns about a child, you can contact one of our Designated Safeguarding Leads via the school office. Please ask to speak to Karen Harrison, Rachel Cottey or Meriel Keegan and specify that you have a safeguarding concern. If you are worried about a child or young person, you can call the NSPCC helpline for support and advice for free on 0808 800 5000. If a child is in immediate danger, you should call 999.

Children can call Childline at any time on 0800 1111.



National Online Safety: Snap chat

Snapchat is a photo and video sharing app through which users can chat with friends via text or audio. Images and videos can be shared with specific friends, or as a 'story' (documenting the previous 24 hours) which is visible to a person's entire friend list. Snapchat usage rose significantly during the lockdown periods, with many young people utilising it to stay connected with their peers. The app continues to develop features to engage an even larger audience and emulate current trends, rivalling platforms such as TikTok and Instagram

In the guide, you'll find tips on avoiding potential risks such as sexting, visible location and contact from strangers.

The guide can be found at the bottom of the newsletter and also on the National Online safety website under guides.

www.nationalonlinesafety.com

CLASS TEACHERS' EMAIL ADDRESSES

We understand that for many people email is a quick and efficient way of communicating and we are therefore happy to provide class teachers' email addresses. Although email is a quick and easy way for parents to communicate with staff, matters that require urgent attention should be communicated via the school office. Staff are not expected to respond to emails after 5pm, during weekends/holidays or when off work due to sickness. [A parental agreement relating to email communication with teachers](#) is available from the school office or on our website under the communication tab.

Year 3	Year 4
3A- cwaspe1@compassps.uk 3B- bball@compassps.uk 3P- sphillips@compassps.uk 3U- ktoomey-underhill@compassps.uk	4W- zwatson@compassps.uk 4CB - hcollier-brown@compassps.uk 4O – kbrighton@compassps.uk, kbreen@compassps.uk 4TR - tbeeson@compassps.uk, rcottee@compassps.uk
Year 5	Year 6
5B- hbreeze@compassps.uk 5C - dcasey@compassps.uk 5G- ngibson@compassps.uk 5A- abear@compassps.uk	6B- jbird@compassps.uk 6E-cellis@compassps.uk 6R – roberts@compassps.uk

Please contact class teachers in the first instance to resolve any issues. Should you feel you need to escalate the issue, please contact:

Miss Coffee (Assistant Head) if your child is in Y5 or Y6 – rcottee@compassps.uk

Mrs Breen (Assistant Head) if your child is in Y3 or Y4 – kbreen@compassps.uk

RECENT LETTERS – ALSO AVAILABLE ON THE WEBSITE

All communication will be sent through Bromcom. Please ensure that you have given us a current email address. Issues with Bromcom communication should be emailed tojrcontact@compassps.uk

19.01.24 - Measles advice (All)

22.01.24 - Wraparound Care Survey (All)

06.02.24 - KEGS open days (Y5 Boys)

01.03.24- Secondary school allocations (Y6 only)

Dates for the academic year 2023-2024 (new dates added in red)

Please find below the list of dates for next academic year. Term dates 2023-4 are on our [website](#).

Spring Term	Summer Term
18.03.24 Last week for clubs	15.04.24 Start of term for children 22.04.24 After school clubs start

<p>18.03.24 4CB learning conferences (4CB will have learning conferences on 18.03.24 and 19.03.24)</p> <p>19.03.24 Learning conferences (3:45-7pm) for children not on SEN register</p> <p>20.03.24 3U learning conferences (3U will have learning conferences on 20.03.24 and 21.03.24)</p> <p>21.03.24 Learning conferences (3:45-5:30pm) for children not on SEN register</p> <p>27.03.24 PTA cake sale in the hall (JRI will also be selling cakes after school in their hall)</p> <p>28.03.24 Y5 and Y6 to walk to St Michael's church for Easter service. (This is a pupil and staff only service & will take place during the school day- children should come to school in trainers / suitable shoes for walking)</p> <p>28.03.24 Last day of term</p>	<p>23.04.24 Year 6 maths workshop for parents 3.30pm</p> <p>25.04.24 & 30.04.24 One Plan meetings for children on SEN register</p> <p>25.04.24 West Stow trip for Y4 (approx cost £20.50)</p> <p>29.04.24 - 8.45am - 9.30am - Pastoral Support Morning</p> <p>13.05.24 SATS week (Y6 only)</p> <p>20.05.24 Year 6 Mersea residential meeting 5pm</p> <p>21.05.24 Year 3 plants workshop for parents 3.30pm</p> <p>23.05.24 Sports day and parent picnic (parents invited from 11:45)</p> <p>27.05.24 Half term</p> <p>03.06.24 Non-pupil day</p> <p>03.06.24 <u>Multiplication check</u> starts for 3 weeks (Y4 only)</p> <p>04.06.24 Children return to school</p> <p>06.06.24 Reserve Sports day in case of poor weather</p> <p>12.06.24-14.06.24 Mersea residential (Y6 only)</p> <p>17.6.24 5G and 5B Science workshop for parents 3.30pm</p> <p>17.06.23 Y4 history workshop from 3:30pm</p> <p>18.6.24 5A and 5C Science workshop for parents 3.30pm</p> <p>21.06.24 School fete after school</p> <p>27.06.24 Class photos (children who have PE on this day should come into school in school uniform and bring PE kits in a separate bag)</p> <p>01.07.24 - 8.45-9.30am: Pastoral Support Morning</p> <p>01.07.24 Last week for clubs</p> <p>10.07.24 Annual reports sent out</p> <p>11.07.24 Children to spend time with their new teacher</p> <p>11.07.24 Open afternoon drop in for current parents from 2:30 – 4pm</p> <p>16.07.24 Y6 production to parents 1:30 and 4:30pm</p> <p>23.07.24 Last day of term</p>
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What Parents & Carers Need to Know about

SNAPCHAT

AGE RESTRICTION
13+

WHAT ARE THE RISKS?

Snapchat is an instant messaging app which allows users to send images, videos and texts to people in their friends list. One of Snapchat's unique features is that pictures and messages 'disappear' 24 hours after they've been viewed; however, this content isn't as temporary as many believe – with some users saving screenshots or using another device to take a photo of their screen. This year, Snapchat added 'My AI': a customisable chatbot with which people can chat and share secrets, as well as asking for advice and suggestions of places to visit.

CONNECTING WITH STRANGERS

Even if your child only connects with people they know, they may still get friend requests from strangers. The Quick Add option lets users befriend people the app recommends – but these 'friends' are merely a username, which could have anyone behind it. Accepting such requests reveals children's personal information through the Story, SnapMap and Spotlight features, potentially putting them at risk from predators.

EXCESSIVE USE

Snapchat works hard on user engagement, with features like streaks (messaging the same person every day to build up a high score). Spotlight Challenges tempt users into spending time producing content in search of cash prizes and online fame, while it's easy for children to pass hours watching Spotlight's endless scroll of videos.

INAPPROPRIATE CONTENT

Some videos and posts on Snapchat aren't suitable for children. The hashtags used to group content are determined by the poster, so even an innocent search term could still yield age-inappropriate results. The app's 'disappearing messages' feature also makes it easy for young people (teens in particular) to share explicit images on impulse – so sexting continues to be a risk associated with Snapchat.

ARTIFICIAL INTELLIGENCE

My AI is Snapchat's new chatbot, which replies to questions in a human-like manner. However, the software is still in its infancy and has significant drawbacks, such as biased, incorrect or misleading responses. There have already been numerous reports of young users turning to AI for medical help and diagnoses, which could be inaccurate and therefore potentially dangerous.

ONLINE PRESSURES

Although many of Snapchat's filters are designed to entertain or amuse, the 'beautify' effects on photos can set unrealistic body-image expectations – creating feelings of inadequacy if a young person compares themselves unfavourably with other users. Snapchat now also has 'priority' notifications (which still get displayed even if a device is in 'do not disturb' mode), increasing the pressure on users to log back in and interact.

VISIBLE LOCATION

Snap Map highlights a device's exact position on a virtual map which is visible to other users. There are options to restrict who can see this information: all friends, only you (Ghost Mode) or selected friends. Snapchat also has real-time location sharing, which is intended as a buddy system to ensure friends have reached home safely – but which could also be used to track a young person for more sinister reasons.

Advice for Parents & Carers

TURN OFF QUICK ADD

The Quick Add feature helps people find each other on the app. This function works based on mutual friends or whether someone's number is in your child's contacts list. Explain to your child that this could potentially make their profile visible to strangers. We recommend that your child turns off Quick Add, which can be done in the settings (accessed via the cog icon).

CHOOSE GOOD CONNECTIONS

In 2021, Snapchat rolled out a new safety feature: users can now receive notifications reminding them of the importance of maintaining connections with people they actually know well, as opposed to strangers. This 'Friend Check Up' encourages users to delete connections with users that they rarely communicate with, to maintain their online safety and privacy.

DISCUSS AI

Although My AI's responses can often give the impression that it's a real person, it's essential that young people remember this certainly isn't the case. Encourage your child to think critically about My AI's replies to their questions: are they accurate and reliable? Remind them that My AI shouldn't replace chatting with their real friends, and that it's always better to talk to an actual person in relation to medical matters.

CHAT ABOUT CONTENT

It may feel like an awkward conversation (and one that young people can be reluctant to have) but it's important to talk openly and non-judgementally about sexting. Remind your child that once something's online, the creator loses control over where it ends up – and who else sees it. Likewise, it's vital that children understand that some challenges which become popular on the platform may have potentially harmful consequences.

KEEP ACCOUNTS PRIVATE

Profiles are private by default, but children may make them public to gain more followers. Snap Stories are visible to everyone your child adds, unless they change the settings. On SnapMaps, their location is visible unless Ghost Mode is enabled (again via settings). It's safest not to add people your child doesn't know in real life – especially since the addition of My Places, which allows other Snapchat users to see where your child regularly visits and checks in.

BE READY TO BLOCK AND REPORT

If a stranger does connect with your child on Snapchat and begins to make them feel uncomfortable through bullying, pressure to send explicit images or by sending sexual images to them, your child can select the three dots on that person's profile and report or block them. There are options to state why they're reporting that user (annoying or malicious messages, spam, or masquerading as someone else, for example).

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



NOS National Online Safety®
#WakeUpWednesday

Sources: <https://help.snapchat.com/en-gb/articles/2025/8/30/2025-what-is-my-ai-on-snapchat-and-how-to-use-it> | <https://www.snap.com/en-gb/privacy/keeping-your-data-and-new-safety-enhancements> | <https://www.snap.com/2023/04/snapchat-the-location-sharing-chatbot/> | <https://help.snapchat.com/en-gb/articles/2023/04/08/844>



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Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 17.05.2023



Notley Green Primary School
Blickling Rd, Braintree, CM77 7ZJ

2nd April - 12th April

Full Day: 9AM-3PM

To Book:

Visit www.superstarsport.co.uk 'Book Now'
For more information call 01992 766 707

*There is a 4.5% platform fee on every booking *Early bird discount expires: Mon 4th March 2024



SCAN HERE!





EASTER SPORTS CAMP



2nd APR - 12th APR

Notley Green Primary School Blickling Rd, Braintree, CM77 7ZJ

TUES 2nd APR: EASTER FUN DAY

- ★ Easter Egg Treasure Hunt
- ★ Egg and Spoon Race
- ★ Eggcellent Dodgeball
- ★ Big team Rounders

WED 3rd APR: NINJA WARRIOR DAY

- ★ Camouflage
- ★ Timed Challenges
- ★ Obstacle Courses
- ★ Balance & Agility Training

THUR 4th APR: TOURNAMENT DAY!

- ★ Kickball
- ★ Cricket
- ★ Athletics
- ★ Benchball

FRI 5th APR: FOOTBALL FRIDAY & MULTI GAMES DAY!

- ★ Multi Sports
- ★ Team Matches
- ★ Super Skill School
- ★ Penalty Shoot Outs

MON 8th APR: OLYMPICS DAY!

- ★ Wacky Races
- ★ Throwing Challenges
- ★ Fun Field Events
- ★ Gymnastics

TUES 9th APR: EASTER FUN DAY

- ★ Easter Egg Treasure Hunt
- ★ Egg and Spoon Race
- ★ Eggcellent Dodgeball
- ★ Big team Baseball

WED 10th APR: NINJA WARRIOR DAY

- ★ Camouflage
- ★ Timed Challenges
- ★ Obstacle Courses
- ★ Balance & Agility Training

THUR 11th APR: BOUNCY CASTLE DAY

- ★ Bouncy Fun
- ★ Coach Challenge Games
- ★ Creative Sports
- ★ Castle Dodgeball

FRI 12th APR: FOOTBALL & GYMNASTICS DAY

- ★ Gym Routines
- ★ The Euro Cup! (Trophy Giveaway)
- ★ Jumping and Balancing
- ★ The Goal Scoring Special

Welcome to our Easter Sports Camp Schedule!

Each day you can expect a number of different themed sports, games & activities, as well as even more Easter themed activities!

To book:

Visit www.superstarsport.co.uk, click "Book Now"

**There is a 4.5% platform fee on every booking*



SCAN HERE



ACL

FAMILY LEARNING

FREE Sessions
in the Braintree Area
Sign up TODAY!

FREE



NEW Courses added regularly
Keep an eye out for the following
family fun sessions
*Easter Crafts
*The Relaxing Art of Paper
Crafting

Course Name	Start Date	Final Date	Venue	Start Time	End Time
FL Understand ADHD-Adult Late Diagnosis	11/03/2024	11/03/2024	Halstead Library	12:30	14:30
FL Know your numbers!	18/03/2024	18/03/2024	Online Live	18:30	20:30
FL Understand Anxiety (Adults)	18/03/2024	18/03/2024	Halstead Library	12:30	14:30
FL Getting Teens To Talk	21/03/2024	21/03/2024	Online Live	19:00	21:00
FL Mindfulness & Relaxation	15/04/2024	15/04/2024	Online Live	18:30	20:30
FL SEND Support for Parents & Carers	17/04/2024	22/05/2024	Online Live	19:00	21:00
FL Managing Big Emotions	18/04/2024	18/04/2024	Online Live	19:00	21:00
FL Anxiety Coping Techniques For Teens	22/04/2024	22/04/2024	Online Live	18:30	20:30
FL Wellbeing Art Workshop	May-24	Jul-24	Various Dates & locations	12:30	14:30
FL What To Expect When...	13/05/2024	03/06/2024	Online Live	18:30	20:30
FL Starting School & Nursery	17/06/2024	17/06/2024	Online Live	18:30	20:30
FL Starting Secondary School	15/07/2024	15/07/2024	Online Live	18:30	20:30

3 WAYS TO SIGN UP ... QR CODE, WEBSITE, PHONE



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aclessex.com



Essex County Council



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“ My son really enjoyed the Holiday Course, would recommend to other parents with kids that love playing football. Affordable childcare. Thanks again for making my son feel welcome! ”

*5 GOOGLE REVIEW



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📍 **CHELMSFORD - MOULSHAM HIGH SCHOOL**

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📍 **EPPING - EPPING ST. JOHN'S SCHOOL**



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Tel: 07962233893

Email: info@fitc.co.uk



FITC Academy



FITC Coaching



FITC Coaching

EASTER CAMP 2024

CALLING ALL "FOOTBALL LOVERS" THIS EASTER!!!

Our camps have been designed around the best players in the English Premier League. The challenges will be based around the players themselves and will be realistic and accurate to the attributes and playing style of the individual.

DO YOU HAVE WHAT IT TAKES TO BE THE WINNER OF THE SALAH OR HAALAND CHALLENGE?



IF YOU ARE A BOY OR GIRL BETWEEN THE AGES OF 5-12 AND LOVE FOOTBALL, THIS IS THE CAMP FOR YOU.

Our camps are jam packed with competitions, challenges, matches, tournaments, games, fun activities as well as lots of high level technical coaching.

VENUE	DATES	TIME	AGE	PRICE
BRAINTREE LEISURE CENTRE BRAINTREE, CM7 1FF	Tue 9th - Fri 12th April '24	10am-3pm	5 - 13	£25.00 (1 day)
KELVEDON ACADEMY KELVEDON, CO5 9DS	Mon 8th - Thurs 11th April '24			£80.00 (Full Camp)

Each child, at the end of the camp will receive a developmental certificate to merit their achievements and encourage further participation. We will also be giving out prizes, medals, trophies and trials.

COME AND JOIN US FOR FOUR DAYS OF FOOTBALL FUN IN A SAFE, RELAXED AND DEVELOPMENTAL ENVIRONMENT.

To book a place, simply go to <https://fitc-academy.class4kids.co.uk> and click on the camps section. Make sure you book your place early as the camp will have limited spaces available to ensure that the children all get fair and adequate attention.

ARE YOU THE NEXT JUDE BELLINGHAM OR PHIL FODEN?

FITC EASTER CAMP 2024



TOURNAMENTS AND AWARDS

We will run a round robin style "Champions League" tournament at every day of the camp. Every day we will give out "Player of the Day" and "Goal of the day" awards.

The tournaments will include SEMI FINALS and a FINAL which will be based on the league table that the players and teams have been working hard towards all camp.

A presentation will take place on the last day of camp at 2.30pm and will either be inside or on the pitch (weather dependant). This is where we will crown the champions, set up parent competitions, give out our developmental certificates and award medals, trophies and prizes.

FUN GAMES

- King of the Ring
- Gladiators
- Bull Dog
- Coconut Shy
- Champions League Shooting
- Football Tennis
- Power Shooting
- Football Bowling
- "Nutmeg" Game
- Headers and Volleys



TECHNICAL COACHING TOPICS

- Ball Manipulation
- Dribbling & Turning
- Passing
- Tricks & Skills
- Running with the ball
- First Touch/Receiving
- Shooting/Finishing
- 1v1's
- Attacking/Defending
- Speed & Acceleration
- Goalkeeping

COMPETITIONS

- Player Challenges
- Cross Bar Challenge
- Penalty Competitions
- "KEEPY UPPY" Champion
- Top Bins Challenge
- Footgolf
- Skill School
- Football Quiz
- Opportunities for FITC Academy trials



FITC Academy LTD, 66 Maldon Road, Tiptree, Essex, CO5 0TT
Tel: 07962233893 www.fitc.co.uk Twitter: @FITC Coaching Facebook: FITC Academy Instagram: fitcacademy

HOLIDAY COURSES

Bikeability Level 1, Level 1 & 2 and 3 and Learn to ride courses

To book, please visit link
essex.cycleready.co.uk/publicbooking

There is a £15 non-refundable booking fee



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Essex County Council



WHITE NOTLEY FOOTBALL CLUB

EASTER EGG HUNT

BAR BBQ CRAFTS CAKES GAMES

SUN 7TH APRIL

£5 PER CHILD

ADVANCED BOOKING ADVISED.

SUITABLE FOR ALL AGES

12PM - 5PM

TO BOOK CONTACT

BECKY 07717 373107

CHURCH HILL, FAULKBOURNE, WITHAM, CM8 1SF