

John Ray Times

Our Core Values: Hope, Perseverance, Trust, Courage, Respect, Responsibility

25th March 2024

Phone: 01376 324107

Email: jcontact@compassps.uk

Website: www.johnray.compassps.uk



@johnrayjuniors



@ facebook.com/johnraycompassps

For uniform orders visit: www.gooddies.co.uk

For information on Food Bank vouchers email: mkeegan@compassps.uk

For second hand uniform requests email: rcottee@compassps.uk

Breakfast club queries email: hwiltshire@compassps.uk

School dinner menus are on our website: 18.03.24 [Week 1](#), 25.03.24 [Week 2](#),

After Easter, we will return on week 1 of our new summer menu which are now available on our website 15.04.2024 [Week 1](#), 22/04/24 [Week 2](#), 29/04/24 [Week 3](#)

Zones of Regulation

The ZONES of Regulation

Blue Zone	Green Zone	Yellow Zone	Red Zone
 Sad Bored Tired Sick	 Happy Focused Calm Proud	 Worried Frustrated Silly Excited	 Overjoyed/Elated Frenzied Angry Terrified

School Attendance Difficulties



Supporting Anxiety



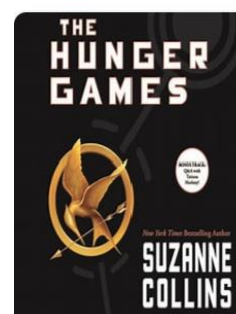
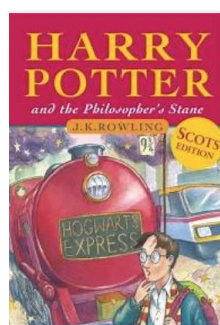
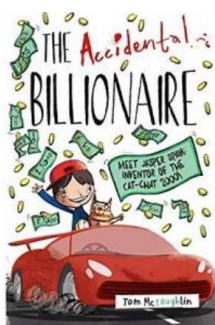
My Happy Mind Parent App

To access these materials just go to <https://myhappymind.org/parent-resources> and enter your name, email and authentication code emailed to you in the letter sent on 22.09.23.

Spotlight on learning

Each half term, every year group has a new class text to read. The texts are chosen carefully to engage the children in reading, expose them to rich vocabulary and inspire them when writing. After Easter, the children will be reading these texts:

Y3: The Accidental Billionaire (Tom McLaughlin), Y4: There's a boy in the girls' bathroom (Louis Sachar), Y5: Harry Potter and the Philosopher's Stone (J K Rowling), Y6: The Hunger Games (Suzanne Collins)



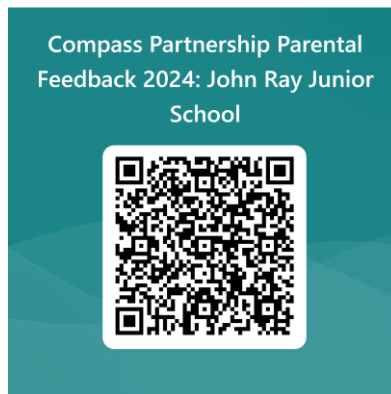
Football – boys' football 18.03.24

The boy's football team played a home game against Rayne on Monday. The boys won with the final score being an impressive 5-2. Well done boys for a great team effort.



Parent / Carer survey 2024

If you attended learning conferences last week, you would have been asked to complete our parent survey. If you have not yet completed a survey please provide feedback by scanning the QR code below. We have received 69 responses so far.



SATS and Mersea meeting for Y6

We will holding a meeting for all Y6 parents on **Monday 22nd April at 5pm** to provide information for parents on the upcoming SATs and also the residential at Mersea. Please wait at the front of the school to enter by the white hall doors. As well as receiving information, there will be an opportunity for parents to ask questions. A copy of the information will be sent home to all Y6 parents following the meeting.

The meeting planned for the 20th May has been cancelled.

SMASH Holiday club at St Michael's Church

SMASH holiday club is fast approaching!!

This year it is again happening during the Easter holidays (Tuesday 2nd April – Thursday 4th April) and it is suitable for children of primary school age. As usual there will be lots of fun including Bible stories, games, craft and much more.

To book... click on the link below and you will be taken to the sign-up form.

[Book here](#)

PTA Easter events

Please see below for details of our Great Easter Bake Off and our Easter Fun Event taking place on **Wednesday 27th March!** Please join in and bake up a treat to be sold at the event. This year's event will take place in both the infant and junior schools and we will be accepting entries for the infant bake off and the junior bake off the day before. There will be a winner in each bake off and each winner will receive a fab Easter hamper!

Please, collect your allergy forms and drop off all entries outside the infant school to the PTA trolleys at drop off or pick up on Tuesday 26th March. Please remember both schools are nut free and allergy forms must be filled in for every entry. Donations of shop bought items for the sale will also be accepted.

We are, as always, in need of volunteers to help at this event so please, if you can spare even half an hour, then please get in touch. We often run on bare bones with volunteers, relying on help from the school staff. We also have come very close to cancelling events in the past, so we do need volunteers to continue to provide the fun events that everyone loves.

Please email pta.secretary.friendsofjohnray@gmail.com if you can help, or want any more info.



Easter Bake Off!

Do you have what it takes to be the next John Ray Infant or Junior School Bake off champ?

BAKE YOUR MOST SPECTACULAR BAKE FOR OUR EASTER BAKE SALE, AND YOU COULD WIN AN EASTER HAMPER!

ALL LEVELS OF BAKERS WELCOME!

ALL ENTRIES TO BE HANDED INTO THE PTA TROLLEYS OUTSIDE THE INFANT SCHOOL OFFICE AT DROP OFF AND PICK UP ON TUESDAY 26TH MARCH, AND MUST INCLUDE A COMPLETED ALLERGY FORM. FORMS CAN BE PRINTED, OR PICKED UP FROM THE INFANT SCHOOL OFFICE

JOIN US FOR OUR

Easter fun event

Includes:
Easter Bake Off Bake Sale
Lucky Dip with a prize every time

WEDNESDAY 27TH MARCH
AFTER SCHOOL

**JOHN RAY INFANT SCHOOL HALL &
 JOHN RAY JUNIOR SCHOOL HALL**

See you there!

Play Equipment

The installation of the play equipment is almost complete and we are now waiting for the ground to recover so the children can make use of it when the weather improves. We are incredibly grateful to the PTA who funded the vast majority of this project. Without their hard work and the support from parents this would not have been possible.

STUDENT ACHIEVEMENTS

Don't forget we would love to hear about any children who have been awarded badges or certificates for activities they do outside of school. Please email class teachers with your child's achievements.

Well done to:



Riley in 3U saved three goals and was made man of the match due to his performance in football. Considering goal keeper is not Riley's position in football, he was incredible!
 Harrison MT in 3B has moved up a swimming grade.

Well done to:

Harry in 6R who was 1st in a go karting race.
 Malachi in 6R and Xavier in 6E who won their tennis doubles match and Xavier also won a single match
 Rex – 3B, Jake –5G, Albie 4TR, Ayan 5B, Theo 4O were all players of the match in football.

Isaac and Quinn in 4W have achieved their yellow belt in King Foo.

Quinn, Ruby, Sophie, Aljica all in 4W and Amelia in 4O first aid brownie badge.

Lexi in 4O has been awarded dance medal.

Dominic in 4TR has been given the Captain's arm band

Tyler 5G, Jasper 5B, Ayan 5B, Jenson 4TR, Joe 4Tr, Freddie 4TR are all through to the football finals after winning their match.

Stars of the Week

Each week, class teachers will choose a member of their class to be star of the week. Children who are chosen will have their name added in this section of the newsletter.

3A: Kara	4CB: Jaxson	5A: Earah	6B: Charlie
3B: The whole class	4O: Melody	5B: Rosie	6E: Lucas
3P: Jack	4W: Harrison	5C: Stephanie	6R: Matilde
3U: -	4TR: Spencer	5G: Annabelle	

PE Days

Children need to come into school on PE days in their PE kit. Children will need an outdoor PE kit i.e., black tracksuit bottoms (or shorts in warmer weather), white T-shirt and a black fleece / tracksuit top.

3A, 3P	Tuesday and Thursday
3B	Monday and Tuesday
3U	Tuesday and Friday
4O, 4W	Monday and Wednesday
4WM	Wednesday and Friday
4CB	Tuesday and Wednesday
5A and 5C	Tuesday and Thursday
5B and 5G	Tuesday and Wednesday
6B	Wednesday and Friday
6E	Monday and Wednesday
6R	Tuesday and Wednesday

Please remember that children must remove earrings to participate in PE lessons. Taping over earrings is not permitted.

PE kit is black joggers / shorts and a black hoodie or sweatshirt with a white T shirt along with trainers.

We expect that children will either wear one of the black John Ray logo hoodies from our supplier or a plain black hoodie/sweatshirt and plain black joggers on the two days a week that your child has PE.

CASHBACK WHEN SHOPPING ONLINE

The Friends of JRI and JRJ have created a cash back account through **Easy Fundraising**. This is a fantastic way to raise much needed extra funds to support both schools.

The link below can be used for you to register:

<https://www.easyfundraising.org.uk/invite/47ha4n/>

Once registered, for ease, you can download the app. Every time you shop from the app, across over 4000 online retailers, our schools earn cash back. It's free to join and includes top names like EBay, Argos, Iceland and John Lewis. You can share this link with friends and family members too. A letter with more information can be found on our [website](#).

Safeguarding

Are you worried about a child?

As a school, we consider safeguarding to be a priority. We welcome parents and carers talking openly to us about their concerns for the safeguarding of children and families. **Remember,**

safeguarding is everyone's responsibility. If you have any concerns about a child, you can contact one of our Designated Safeguarding Leads via the school office. Please ask to speak to Karen Harrison, Rachel Cottee or Meriel Keegan and specify that you have a safeguarding concern. If you are worried about a child or young person, you can call the NSPCC helpline for support and advice for free on 0808 800 5000. If a child is in immediate danger, you should call 999. Children can call Childline at any time on 0800 1111.



National Online Safety: Instagram

Instagram is one of the most popular social media platforms in the world, with over 1 billion users worldwide. The platform allows users to upload images and videos to their feed, create interactive 'stories', share live videos, exchange private messages or search, explore and follow other accounts they like – whilst at the same time continuously updating and adding new features to meet the needs of its users.

The guide can be found at the bottom of the newsletter and also on the National Online safety website under guides.

www.nationalonlinesafety.com

CLASS TEACHERS' EMAIL ADDRESSES

We understand that for many people email is a quick and efficient way of communicating and we are therefore happy to provide class teachers' email addresses. Although email is a quick and easy way for parents to communicate with staff, matters that require urgent attention should be communicated via the school office. Staff are not expected to respond to emails after 5pm, during weekends/holidays or when off work due to sickness. [A parental agreement relating to email communication with teachers](#) is available from the school office or on our website under the communication tab.

Year 3	Year 4
3A- cwaspe1@compassps.uk 3B- bball@compassps.uk 3P- sphillips@compassps.uk 3U- ktoomey-underhill@compassps.uk	4W- zwatson@compassps.uk 4CB - hcollier-brown@compassps.uk 4O – kbrighton@compassps.uk , kbreen@compassps.uk 4TR - tbeeson@compassps.uk , rcottee@compassps.uk
Year 5	Year 6
5B- hbreeze@compassps.uk 5C - dcasey@compassps.uk 5G- ngibson@compassps.uk 5A- abear@compassps.uk	6B- jbird@compassps.uk 6E- cellis@compassps.uk 6R – rroberts@compassps.uk

Please contact class teachers in the first instance to resolve any issues. Should you feel you need to escalate the issue, please contact:

Miss Cottee (Assistant Head) if your child is in Y5 or Y6 – rcottee@compassps.uk

Mrs Breen (Assistant Head) if your child is in Y3 or Y4 – kbreen@compassps.uk

RECENT LETTERS – ALSO AVAILABLE ON THE WEBSITE

All communication will be sent through Bromcom. Please ensure that you have given us a current email address. Issues with Bromcom communication should be emailed tojrcontact@compassps.uk

19.01.24 - Measles advice (All)

22.01.24 - Wraparound Care Survey (All)

06.02.24 - KEGS open days (Y5 Boys)

01.03.24- Secondary school allocations (Y6 only)

Dates for the academic year 2023-2024 (new dates added in red)

Please find below the list of dates for next academic year. Term dates 2023-4 are on our [website](#).

Spring Term	Summer Term
27.03.24 PTA cake sale in the hall (JRI will also be selling cakes after school in their hall)	15.04.24 Start of term for children 2.04.24 SATs and Mersea meeting (Y6 only) 22.04.24 After school clubs start

<p>28.03.24 Y5 and Y6 to walk to St Michael's church for Easter service. (This is a pupil and staff only service & will take place during the school day- children should come to school in trainers / suitable shoes for walking)</p> <p>28.03.24 Last day of term</p>	<p>23.04.24 Year 6 maths workshop for parents 3.30pm</p> <p>25.04.24 & 30.04.24 One Plan meetings for children on SEN register</p> <p>25.04.24 West Stow trip for Y4 (approx cost £20.50)</p> <p>29.04.24 - 8.45am - 9.30am - Pastoral Support Morning</p> <p>13.05.24 SATS week (Y6 only)</p> <p>20.05.24 Year 6 Mersea residential meeting 5pm</p> <p>CANCELLED</p> <p>21.05.24 Year 3 plants workshop for parents 3.30pm</p> <p>23.05.24 Sports day and parent picnic (parents invited from 11:45)</p> <p>27.05.24 Half term</p> <p>03.06.24 Non-pupil day</p> <p>03.06.24 <u>Multiplication check</u> starts for 3 weeks (Y4 only)</p> <p>04.06.24 Children return to school</p> <p>06.06.24 Reserve Sports day in case of poor weather</p> <p>12.06.24-14.06.24 Mersea residential (Y6 only)</p> <p>17.6.24 5G and 5B Science workshop for parents 3.30pm</p> <p>17.06.23 Y4 history workshop from 3:30pm</p> <p>18.6.24 5A and 5C Science workshop for parents 3.30pm</p> <p>21.06.24 School fete after school</p> <p>27.06.24 Class photos (children who have PE on this day should come into school in school uniform and bring PE kits in a separate bag)</p> <p>01.07.24 - 8.45-9.30am: Pastoral Support Morning</p> <p>01.07.24 Last week for clubs</p> <p>10.07.24 Annual reports sent out</p> <p>11.07.24 Children to spend time with their new teacher</p> <p>11.07.24 Open afternoon drop in for current parents from 2:30 – 4pm</p> <p>16.07.24 Y6 production to parents 1:30 and 4:30pm</p> <p>23.07.24 Last day of term</p>
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What Parents & Carers Need to Know about INSTAGRAM

Instagram is one of the most popular social media platforms in the world, with over 1 billion users worldwide. The platform allows users to upload images and videos to their feed, create interactive 'stories', share live videos, exchange private messages or search, explore and follow other accounts they like – whilst at the same time continuously updating and adding new features to meet the needs of its users.

WHAT ARE THE RISKS?

ADDICTION

Many social media platforms are designed in a way to keep us engaged on them for as long as possible. There's a desire to scroll often/more in case we've missed something important or a fear of missing out. Instagram is no different and young people can easily lose track of time by aimlessly scrolling and watching videos posted by friends, acquaintances, influencers or even strangers.

PRODUCT TAGGING

Product tags allow users (particularly influencers who are sponsored to advertise products) to tag a product or business in their post. This tag takes viewers, regardless of age, directly to the product detail page on the shop where the item can be purchased and where children may be encouraged by influencers to purchase products they don't necessarily need.

EXCLUSION AND OSTRACISM

Young people are highly sensitive to ostracism. Feeling excluded can come in many forms such as: not receiving many 'likes', not being tagged, being unfriended, having a photo untagged, or not receiving a comment or reply to a message. Being excluded online hurts just as much as being excluded offline – with children potentially suffering lower moods, lower self-esteem, feeling as if they don't belong or undervalued.

PUBLIC ACCOUNTS

Product tagging on Instagram only works on public accounts. If your child wants to share their clothing style, make-up etc and tag items in a post then they may be tempted to change their settings to public, which can leave their profile visible to strangers.

Buy Milk

GOING LIVE

Live streaming on Instagram allows users to connect with friends and followers in real-time and comment on videos during broadcast. Risks increase if the account is public because anyone can watch and comment on their videos, including strangers. However, other risks include acting in ways they wouldn't normally or being exposed to inappropriate content or offensive language.

INFLUENCER CULTURE

Influencers can be paid thousands of pounds to promote a product, service, app and much more on social media – the posts can often be identified because they state they're a 'paid partnership'. Ofcom found that young people often attempt to copy-cat influencer behaviour for their own posts to gain likes, sometimes posting content which may not be age-appropriate.

UNREALISTIC IDEALS

Children compare themselves to what they see online in terms of how they look, dress, their body shape, or the experiences others are having. The constant scrolling and comparison of unrealistic ideals can lead to children feeling insecure about their own appearance, questioning how exciting their own lives are and having a fear of missing out.

Advice for Parents & Carers

HAVE OPEN DIALOGUE

Talk to your child about live videos and the risks involved and how they can do it safely with family and friends. Talk to them about ensuring they have safety settings on so only followers can view them live, and maybe help them prepare what they would say when they do go live.

REMOVE PAYMENT METHODS

If you're happy for your child to have a card associated with their Instagram account, we suggest adding a PIN which needs to be entered before making a payment. This can be added in the payment settings tab and will also help prevent unauthorised purchases.

USE MODERATORS

Instagram has launched 'live moderators' on Instagram live where creators can assign a moderator and give them the power to report comments, remove viewers and turn off comments for a viewer. It's recommended to keep devices in common spaces so that you are aware if they do go live or watch live streaming.

FAMILIARISE YOURSELF

Instagram is one social media app which has its safety features available to parents in a user-friendly manner. The document provides examples of conversation starters, managing privacy, managing comments, blocking and restricting and can be found on the Instagram website: community.instagram.com.

FOLLOW INFLUENCERS

Following influencers will allow you to monitor what they're sharing as well as being able to discuss anything which you deem inappropriate. Talk to your child about who they follow and help them develop critical thinking skills about what the influencer is trying to do. For example, are they trying to sell a product by promoting it?

BE VIGILANT AND REASSURE

Talk to your child about the use of filters. While they can be fun to use they don't represent the real them. If you find your child continuously using a filter, ask them why and reassure them that they are beautiful without it to build up their feelings of self-worth. Discuss the fact that many images online are filtered and not everyone looks 'picture perfect' in real life, which can lend itself to discuss what is real and not real online.

MANAGE LIKE COUNTS

Due to the impact on mental wellbeing, Instagram has allowed users to change the focus of their experiences online away from how many likes a post has by hiding the like counts. Users can hide like counts on all the posts in their feed as well as hiding the like counts on their own posts. This means others can't see how many likes you get. This can be done by going into settings > notifications > posts > likes > off

BALANCE YOUR TIME

Instagram now has an in-built activity dashboard that allows users to monitor and control how much time they spend on the app. Users can add a 'daily reminder' to set a limit on how much time they want to spend on Instagram, prompting them to consider if it's been too long with a 'take a break' message. There's also the option to mute notifications for a period of time. These features can help you have a conversation with your child about how much time they are spending on the app and to set healthy time limits.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant at iCyberAware. She has developed and implemented anti-bullying and cyber safety workshops and policies for schools in Australia and the UK. Claire has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviours of young people in the UK, USA and Australia.



Sources: <https://about.instagram.com/blog/announcements/introducing-family-center-and-supervision-tools>, <https://about.instagram.com/en-US/blog/https://about.instagram.com/blog/announcements/introducing-family-center-and-supervision-tools>



Notley Green Primary School
Blickling Rd, Braintree, CM77 7ZJ

2nd April - 12th April

Full Day: 9AM-3PM

To Book:

Visit www.superstarsport.co.uk 'Book Now'
For more information call 01992 766 707

*There is a 4.5% platform fee on every booking *Early bird discount expires: Mon 4th March 2024



FULL DAY:
£25 PER DAY

FULL DAY:
£110 FOR FULL WEEK

HALF DAY:
£14 PER DAY

HALF DAY:
£65 FOR FULL WEEK

SCAN HERE!





EASTER SPORTS CAMP

2nd APR - 12th APR

Notley Green Primary School
Blickling Rd, Braintree, CM77 7ZJ

TUES 2nd APR:
EASTER
FUN DAY

- ★ Easter Egg Treasure Hunt
- ★ Egg and Spoon Race
- ★ Eggcellent Dodgeball
- ★ Big team Rounders

WED 3rd APR:
NINJA
WARRIOR DAY

- ★ Camouflage
- ★ Timed Challenges
- ★ Obstacle Courses
- ★ Balance & Agility Training

THUR 4th APR:
TOURNAMENT
DAY!

- ★ Kickball
- ★ Cricket
- ★ Athletics
- ★ Benchball

FRI 5th APR:
FOOTBALL
FRIDAY & MULTI
GAMES DAY!

- ★ Multi Sports
- ★ Team Matches
- ★ Super Skill School
- ★ Penalty Shoot Outs

MON 8th APR:
OLYMPICS
DAY!

- ★ Wacky Races
- ★ Throwing Challenges
- ★ Fun Field Events
- ★ Gymnastics

TUES 9th APR:
EASTER
FUN DAY

- ★ Easter Egg Treasure Hunt
- ★ Egg and Spoon Race
- ★ Eggcellent Dodgeball
- ★ Big team Baseball

WED 10th APR:
NINJA
WARRIOR DAY

- ★ Camouflage
- ★ Timed Challenges
- ★ Obstacle Courses
- ★ Balance & Agility Training

THUR 11th APR:
BOUNCY
CASTLE DAY

- ★ Bouncy Fun
- ★ Coach Challenge Games
- ★ Creative Sports
- ★ Castle Dodgeball

FRI 12th APR:
FOOTBALL &
GYMNASTICS DAY

- ★ Gym Routines
- ★ The Euro Cup! (Trophy Giveaway)
- ★ Jumping and Balancing
- ★ The Goal Scoring Special

Welcome to our Easter Sports Camp Schedule!

Each day you can expect a number of different themed sports, games & activities, as well as even more Easter themed activities!

To book:

Visit www.superstarsport.co.uk, click "Book Now"

**There is a 4.5% platform fee on every booking*



SCAN HERE



ACL

FAMILY LEARNING

FREE Sessions
in the Braintree Area
Sign up TODAY!

FREE



NEW Courses added regularly
Keep an eye out for the following
family fun sessions
*Easter Crafts
*The Relaxing Art of Paper
Crafting

Course Name	Start Date	Final Date	Venue	Start Time	End Time
FL Understand ADHD-Adult Late Diagnosis	11/03/2024	11/03/2024	Halstead Library	12:30	14:30
FL Know your numbers!	18/03/2024	18/03/2024	Online Live	18:30	20:30
FL Understand Anxiety (Adults)	18/03/2024	18/03/2024	Halstead Library	12:30	14:30
FL Getting Teens To Talk	21/03/2024	21/03/2024	Online Live	19:00	21:00
FL Mindfulness & Relaxation	15/04/2024	15/04/2024	Online Live	18:30	20:30
FL SEND Support for Parents & Carers	17/04/2024	22/05/2024	Online Live	19:00	21:00
FL Managing Big Emotions	18/04/2024	18/04/2024	Online Live	19:00	21:00
FL Anxiety Coping Techniques For Teens	22/04/2024	22/04/2024	Online Live	18:30	20:30
FL Wellbeing Art Workshop	May-24	Jul-24	Various Dates & locations	12:30	14:30
FL What To Expect When...	13/05/2024	03/06/2024	Online Live	18:30	20:30
FL Starting School & Nursery	17/06/2024	17/06/2024	Online Live	18:30	20:30
FL Starting Secondary School	15/07/2024	15/07/2024	Online Live	18:30	20:30

3 WAYS TO SIGN UP ... QR CODE, WEBSITE, PHONE



call our friendly team on
03330 321 017



Search 'Family Learning' at
aclessex.com



Essex County Council



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“ My son really enjoyed the Holiday Course, would recommend to other parents with kids that love playing football. Affordable childcare. Thanks again for making my son feel welcome! ”

*5 GOOGLE REVIEW



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📍 DUNMOW - GREAT DUNMOW LEISURE CENTRE

📍 CHELMSFORD - MOULSHAM HIGH SCHOOL

📍 BRAINTREE - JOHN RAY JUNIOR SCHOOL

📍 EPPING - EPPING ST. JOHN'S SCHOOL



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FITC ACADEMY **FOOTBALL HOLIDAY CAMP**

FITC Academy LTD, 66 Maldon Road, Tiptree, Essex, CO5 0TT

Tel: 07962233893

Email: info@fitc.co.uk



FITC Academy



FITC Coaching



FITC Coaching

EASTER CAMP 2024

CALLING ALL "FOOTBALL LOVERS" THIS EASTER!!!

Our camps have been designed around the best players in the English Premier League. The challenges will be based around the players themselves and will be realistic and accurate to the attributes and playing style of the individual.

DO YOU HAVE WHAT IT TAKES TO BE THE WINNER OF THE SALAH OR HAALAND CHALLENGE?



IF YOU ARE A BOY OR GIRL BETWEEN THE AGES OF 5-12 AND LOVE FOOTBALL, THIS IS THE CAMP FOR YOU.

Our camps are jam packed with competitions, challenges, matches, tournaments, games, fun activities as well as lots of high level technical coaching.

VENUE	DATES	TIME	AGE	PRICE
BRAINTREE LEISURE CENTRE BRAINTREE, CM7 1FF	Tue 9th - Fri 12th April '24	10am-3pm	5 - 13	£25.00 (1 day)
KELVEDON ACADEMY KELVEDON, CO5 9DS	Mon 8th - Thurs 11th April '24			£80.00 (Full Camp)

Each child, at the end of the camp will receive a developmental certificate to merit their achievements and encourage further participation. We will also be giving out prizes, medals, trophies and trials.

COME AND JOIN US FOR FOUR DAYS OF FOOTBALL FUN IN A SAFE, RELAXED AND DEVELOPMENTAL ENVIRONMENT.

To book a place, simply go to <https://fitc-academy.class4kids.co.uk> and click on the camps section. Make sure you book your place early as the camp will have limited spaces available to ensure that the children all get fair and adequate attention.

ARE YOU THE NEXT JUDE BELLINGHAM OR PHIL FODEN?

FITC EASTER CAMP 2024



TOURNAMENTS AND AWARDS

We will run a round robin style "Champions League" tournament at every day of the camp. Every day we will give out "Player of the Day" and "Goal of the day" awards.

The tournaments will include SEMI FINALS and a FINAL which will be based on the league table that the players and teams have been working hard towards all camp.

A presentation will take place on the last day of camp at 2.30pm and will either be inside or on the pitch (weather dependant). This is where we will crown the champions, set up parent competitions, give out our developmental certificates and award medals, trophies and prizes.

FUN GAMES

- King of the Ring
- Gladiators
- Bull Dog
- Coconut Shy
- Champions League Shooting
- Football Tennis
- Power Shooting
- Football Bowling
- "Nutmeg" Game
- Headers and Volleys



TECHNICAL COACHING TOPICS

- Ball Manipulation
- Dribbling & Turning
- Passing
- Tricks & Skills
- Running with the ball
- First Touch/Receiving
- Shooting/Finishing
- 1v1's
- Attacking/Defending
- Speed & Acceleration
- Goalkeeping

COMPETITIONS

- Player Challenges
- Cross Bar Challenge
- Penalty Competitions
- "KEEPY UPPY" Champion
- Top Bins Challenge
- Footgolf
- Skill School
- Football Quiz
- Opportunities for FITC Academy trials



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“My daughter has been going to M.R.F.A. for a few years now and she really enjoys it. The coaching is excellent with friendly and professional coaches and the sessions are always very well organised.

*5 GOOGLE REVIEW



CHELMSFORD - CHELMEY VALLEY HIGH SCHOOL



Sarah Smith

Head of Girls Football

"I never had chances like this when I was younger, so this is providing a brilliant opportunity for girls to have fun and play football in a safe environment and have a great day with other like-minded girls that enjoy playing football!"

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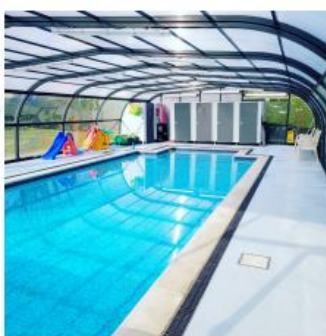
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