

John Ray Times

Our Core Values: Hope, Perseverance, Trust, Courage, Respect, Responsibility

15th April 2024

Phone: 01376 324107

Email: jrcontact@compassps.uk

Website: www.johnray.compassps.uk



@johnrayjuniors



@facebook.com/johnraycompassps

For uniform orders visit: www.gooddies.co.uk

For information on Food Bank vouchers email: mkeegan@compassps.uk

For second hand uniform requests email: rcottee@compassps.uk

Breakfast club queries email: hwiltshire@compassps.uk

School dinner menus are on our website: 15.04.2024 [Week 1](#), 22/04/24 [Week 2](#), 29/04/24 [Week 3](#)

Zones of Regulation

The ZONES of Regulation



School Attendance Difficulties



Supporting Anxiety



My Happy Mind Parent App

To access these materials just go to <https://myhappymind.org/parent-resources> and enter your name, email and authentication code emailed to you in the letter sent on 22.09.23.

25th April – Wear something orange

On the 25th April, both John Ray Infants and Junior Schools will be holding a 'wear something orange' day to raise money for the MND Association. After being inspired by Kevin Sinfield and Rob Burrows, Mrs Christian is aiming to complete the Rob Burrows Leeds Marathon on the 12th May with her Mum. The money raised will go to the Motor Neurone Disease Association – you can read more about their incredible work on their website (mndassociation.org) along with some additional information about Kevin and Rob's incredible friendship and fundraising after last year's event. Any donation will be gratefully received and can be handed to class teachers during registration.

This is the same date as Y4's West Stow trip however they are still welcome to take part.

[MND Association | Fighting motor neurone disease](#)

[Kevin Sinfield carries Rob Burrow over Leeds marathon finish - BBC News.](#)

Y5 Road safety walks

Y5 children will be taking part in road safety walks in the local area this week run by Essex County Council. 5A and 5C will have their session on Wed 17th April and 5B and 5G on Wed 24th April. Please ensure that children have a coat and sensible shoes for walking.

Parent / Carer survey 2024

If you attended learning conferences last term, you would have been asked to complete our parent survey. If you have not yet completed a survey please provide feedback by scanning the QR code below or clicking this link: [JRJ Parental survey 2024](#)

The survey will close on Friday 19th April.



SATS and Mersea meeting for Y6

We will be holding a meeting for all Y6 parents on Monday 22nd April at 5pm in our school hall to provide information for parents on the upcoming SATs and also the residential at Mersea. Please wait at the front of the school to enter by the white hall doors. As well as receiving information, there will be an opportunity for parents to ask questions. A copy of the information will be sent home to all Y6 parents following the meeting.

The meeting planned for the 20th May has been cancelled.

Football – girls' football 25.03.24

On Monday, the girls played a competitive game against Rayne Primary school. The final score was a close 3-4 to Rayne. Our player of the match this week was our incredible goal keeper Krystal. Well done girls on a great team effort. Thank you to Miss Ball who arranges and attends all these fixtures.



SEND Roadshow

The Spring Essex Local Offer Roadshows have just taken place. Thank you to the 368 families who joined us. The next round of roadshows will take place in June and July at the following venues:

- West Essex: 26th June – The Old School House, Takeley
 - Mid Essex: 27th June – The Queens Hall, Halstead
- North East Essex: 2nd July – The Prince's Theatre, Clacton
 - South Essex: 4th July – Small Gains Hall, Canvey Island

No diagnosis is needed to get support at a roadshow.

Keep an eye on the [Essex Local Offer Website](#) for Roadshow updates.

STUDENT ACHIEVEMENTS

Don't forget we would love to hear about any children who have been awarded badges or certificates for activities they do outside of school. Please email class teachers with your child's achievements.

Well done to:

Darcey in 3P who is this year's Braintree Carnival Princess. Darcey will be representing Braintree at many carnivals/fetes and presenting awards across Essex.



Jasper in 5B has been chosen to represent England under 13s in karate!

Well done to:

Quinn in 4W who was student of the week in Kung Fu.

Maddisen in 6R who won 3 gymnastics medals and 2 trophies!

Dominic in 4TR has moved to dark blue hats in swimming.

Alfie in 5A has achieved his 25m swimming badge.

Tyler(5G), Ayan (5B), Jenson (4TR), Joe (4TR), Jasper (5B), Logan (3U), Vinnie (3A), Sidney (3B), Summer (3A) were all players of the match in football.

Caitlin in 5G has won 2 karate medals.

Rex in 3B and Jake in 5C have received football camp medals.

Chloe in 3B has received an aerial adventure certificate.

Faran (5B), Blake (5C), Zachary (5B) and Jake H (5G) are all through to the semi-finals in football.

Stars of the Week

Each week, class teachers will choose a member of their class to be star of the week. Children who are chosen will have their name added in this section of the newsletter.

3A:	4CB: Megan	5A:	6B:
3B: Ruby	4O: Sammas	5B: Lucy	6E: Ashlin
3P:	4W: Issac	5C: The whole class	6R:
3U:	4TR: Freddie	5G:	

PE Days

Children need to come into school on PE days in their PE kit. Children will need an outdoor PE kit i.e., black tracksuit bottoms (or shorts in warmer weather), white T-shirt and a black fleece / tracksuit top.

3A, 3P	Tuesday and Thursday
3B	Monday and Tuesday
3U	Tuesday and Friday
4O, 4W	Monday and Wednesday
4WM	Wednesday and Friday
4CB	Tuesday and Wednesday
5A and 5C	Tuesday and Thursday
5B and 5G	Tuesday and Wednesday
6B	Wednesday and Friday
6E	Monday and Wednesday
6R	Tuesday and Wednesday

Please remember that children must remove earrings to participate in PE lessons. Taping over earrings is not permitted.

PE kit is black joggers / shorts and a black hoodie or sweatshirt with a white T shirt along with trainers.

We expect that children will either wear one of the black John Ray logo hoodies from our supplier or a plain black hoodie/sweatshirt and plain black joggers on the two days a week that your child has PE.

CASHBACK WHEN SHOPPING ONLINE

The Friends of JRI and JRJ have created a cash back account through **Easy Fundraising**. This is a fantastic way to raise much needed extra funds to support both schools.

The link below can be used for you to register:

<https://www.easyfundraising.org.uk/invite/47ha4n/>

Once registered, for ease, you can download the app. Every time you shop from the app, across over 4000 online retailers, our schools earn cash back. It's free to join and includes top names like EBay, Argos, Iceland and John Lewis. You can share this link with friends and family members too. A letter with more information can be found on our [website](#).

Safeguarding

Are you worried about a child?

As a school, we consider safeguarding to be a priority. We welcome parents and carers talking openly to us about their concerns for the safeguarding of children and families. **Remember, safeguarding is everyone's responsibility**. If you have any concerns about a child, you can contact one of our Designated Safeguarding Leads via the school office. Please ask to speak to Karen Harrison, Rachel Cottee or Meriel Keegan and specify that you have a safeguarding concern.

If you are worried about a child or young person, you can call the NSPCC helpline for support and advice for free on [0808 800 5000](tel:08088005000). If a child is in immediate danger, you should call 999.

Children can call [Childline](tel:08001111) at any time on [0800 1111](tel:08001111)



National Online Safety: Clickbait

While scrolling online, you'll almost inevitably have come across posts or links with headlines like "You Won't Believe These 10 Crazy Facts about ...". Such lurid language – and the often-dubious nature of the content it promotes – has become something of a running joke on the internet. Yet while these articles are often laughed at by communities online, they can have an insidious side.

Clickbait, as it's known, can frequently function as part of a trap: intended to draw users in for the sake of advertising revenue or, in worse cases, masking an attempt to collect their personal information.

This #WakeUpWednesday guide explores the various risks of clickbait and offers some top tips for evading the pitfalls of this controversial marketing technique.

The guide can be found at the bottom of the newsletter and also on the National Online safety website under guides.

www.nationalonlinesafety.com

CLASS TEACHERS' EMAIL ADDRESSES

We understand that for many people email is a quick and efficient way of communicating and we are therefore happy to provide class teachers' email addresses. Although email is a quick and easy way for parents to communicate with staff, matters that require urgent attention should be communicated via the school office. Staff are not expected to respond to emails after 5pm, during weekends/holidays or when off work due to sickness. [A parental agreement relating to email communication with teachers](#) is available from the school office or on our website under the communication tab.

Year 3

3A- cwaspe1@compassps.uk
3B- bball@compassps.uk
3P- sphillips@compassps.uk
3U- ktoomey-underhill@compassps.uk

Year 4

4W- zwatson@compassps.uk
4CB - hcollier-brown@compassps.uk
4O – kbrighton@compassps.uk, kbreen@compassps.uk
4TR - tbeeson@compassps.uk, rcottee@compassps.uk

Year 5

5B- hbreeze@compassps.uk
5C - dcasey@compassps.uk
5G- ngibson@compassps.uk
5A- abear@compassps.uk

Year 6

6B- jbird@compassps.uk
6E-cellis@compassps.uk
6R – rroberts@compassps.uk

Please contact class teachers in the first instance to resolve any issues. Should you feel you need to escalate the issue, please contact:

Miss Cottee (Assistant Head) if your child is in Y5 or Y6 – rcottee@compassps.uk

Mrs Breen (Assistant Head) if your child is in Y3 or Y4 – kbreen@compassps.uk

RECENT LETTERS – ALSO AVAILABLE ON THE WEBSITE

All communication will be sent through Bromcom. Please ensure that you have given us a current email address. Issues with Bromcom communication should be emailed [to jrcontact@compassps.uk](mailto:tojrcontact@compassps.uk)

19.01.24 - Measles advice (All)

22.01.24 - Wraparound Care Survey (All)

06.02.24 - KEGS open days (Y5 Boys)

01.03.24- Secondary school allocations (Y6 only)

Dates for the academic year 2023-2024 (new dates added in red)

Please find below the list of dates for next academic year. Term dates 2023-4 are on our [website](#).

Summer Term

15.04.24 Start of term for children

17.04.24 5A and 5C road safety walks (please ensure children have appropriate footwear and a coat)

22.04.24 SATs and Mersea meeting (Y6 only)

22.04.24 After school clubs start

23.04.24 5G and 5B road safety walks (please ensure children have appropriate footwear and a coat)

23.04.24 Year 6 maths workshop for parents 3.30pm

25.04.24 & 30.04.24 One Plan meetings for children on SEN register

25.04.24 West Stow trip for Y4 (approx cost £20.50)

29.04.24 - 8.45am - 9.30am - Pastoral Support Morning

13.05.24 SATS week (Y6 only)

~~20.05.24 Year 6 Mersea residential meeting 5pm~~ CANCELLED

21.05.24 Year 3 plants workshop for parents 3.30pm

23.05.24 Sports day and parent picnic (parents invited from 11:45)

27.05.24 Half term

03.06.24 Non-pupil day

03.06.24 Multiplication check starts for 3 weeks (Y4 only)

04.06.24 Children return to school

06.06.24 Reserve Sports day in case of poor weather

12.06.24-14.06.24 Mersea residential (Y6 only)

17.6.24 5G and 5B Science workshop for parents 3.30pm

17.06.23 Y4 history workshop from 3:30pm

18.6.24 5A and 5C Science workshop for parents 3.30pm

21.06.24 School fete after school

27.06.24 Class photos (children who have PE on this day should come into school in school uniform and bring PE kits in a separate bag)

01.07.24 - 8.45-9.30am: Pastoral Support Morning

01.07.24 Last week for clubs

10.07.24 Annual reports sent out

11.07.24 Children to spend time with their new teacher

11.07.24 Open afternoon drop in for current parents *from 2:30 – 4pm*

16.07.24 Y6 production to parents 1:30 and 4:30pm

23.07.24 Last day of term

What Parents & Educators Need to Know about CLICKBAIT

WHAT ARE THE RISKS?

Clickbait is a controversial online marketing strategy which uses sensationalist (and frequently misleading) headlines to encourage engagement with an article, image or video – often playing on users' emotions and curiosity, while much of the actual content is of questionable accuracy. Clickbait is also sometimes used to disguise scams, phishing sites and malware.

HARMFUL MISINFORMATION

Clickbait tends to play fast and loose with the truth, opting for eye-catching content over objectivity. This is particularly dangerous for younger internet users, who are generally more susceptible to that type of material. A child could be presented with fake news, misleading articles and – in some cases – outright lies without fully understanding what they're viewing and why it's harmful.

INAPPROPRIATE CONTENT

Due to the misleading nature of many examples of clickbait, what may seem to be innocuous and child-friendly could actually contain age-inappropriate material such as extremist political views or violent, pornographic or sexually explicit content. This is clearly a hazard for young people, who could be upset, disturbed or influenced by exposure to such subject matter.

HIDDEN MALWARE

While most clickbait is simply trying to promote engagement to earn companies additional revenue, some of it does redirect to dubious sites with the potential to infect devices with viruses or malware. This could put a child's sensitive data – such as their name, their location and their date of birth – at risk of being accessed and exploited by malicious hackers.

PRIVACY PROBLEMS

Some clickbait leads to sites which could coax a child into volunteering their personal data – using pop-ups to ask them for their email address and phone number, for example, in exchange for accessing additional content or subscribing to various services. Normally, this harvested information is then sold to third parties, who often utilise it for targeted adverts and other sales schemes.

A DRAINING DISTRACTION

Clickbait encourages spiralling consumption of online content, which could easily result in a young person spending hours scrolling aimlessly instead of doing something productive or interacting with family and friends. This can leave them tired, asocial and lacking focus – and, in the long term, can negatively impact their social skills, education and mental wellbeing.

IMPACT ON BEHAVIOUR

Depending on the type of clickbait a child is interacting with, you might notice negative changes in their behaviour. Weight loss scams, for example, are common among clickbait and have the potential to influence eating habits and body image – while deliberately inflammatory 'rage bait' articles can leave impressionable young people feeling irritable, restless or argumentative.

Advice for Parents & Educators

START A CONVERSATION

The sheer volume of clickbait can make protecting children against it quite challenging. It's vital to talk to young people regularly about the types of content they encounter online, so that they understand the risks of engaging with clickbait. If you're still concerned, it may also be wise to keep an eye on children's online activity to ensure they're not being tempted by clickbait headlines.

PROMOTE CRITICAL THINKING

Encouraging children to question the legitimacy of sensational headlines and too-good-to-be-true promises will help them to become savvier online – and far less likely to be drawn in by clickbait content. These critical thinking skills will also serve to protect them in other areas of the digital world where misinformation is becoming increasingly common.

SPOT THE TELLTALE SIGNS

There are certain common elements in clickbait, including headlines and images that use shock and outrage to grab people's attention – as well as numbered lists, such as '10 Facts You Won't Believe Are True'. Some clickbait combines several of these tactics to snag users' interest. Learn to recognise these techniques for yourself so you can teach children to notice them as well.

TAKE CONTROL

Many parents opt to place limits on how long their children can spend online each day, which obviously reduces the chance of exposure to clickbait. Alternatively, most internet-enabled devices have built-in controls that allow parents to manage what sort of online content their child can access – including filtering by age, which can screen out a percentage of inappropriate material.

Meet Our Expert

Carly Page is an experienced technology writer with more than 10 years in the industry. Previously the editor of tech tabloid *The Inquirer*, she is now a freelance technology journalist, editor and consultant who writes for *Forbes*, *TechRadar* and *Wired*, among others.



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www.thenationalcollege.com

[@wake.up.wednesday](https://www.instagram.com/wake.up.wednesday)

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ACL

FAMILY LEARNING

FREE Sessions
in the Braintree Area
Sign up TODAY!

FREE



NEW Courses added regularly
Keep an eye out for the following
family fun sessions
*Easter Crafts
*The Relaxing Art of Paper
Crafting

Course Name	Start Date	Final Date	Venue	Start Time	End Time
FL Understand ADHD-Adult Late Diagnosis	11/03/2024	11/03/2024	Halstead Library	12:30	14:30
FL Know your numbers!	18/03/2024	18/03/2024	Online Live	18:30	20:30
FL Understand Anxiety (Adults)	18/03/2024	18/03/2024	Halstead Library	12:30	14:30
FL Getting Teens To Talk	21/03/2024	21/03/2024	Online Live	19:00	21:00
FL Mindfulness & Relaxation	15/04/2024	15/04/2024	Online Live	18:30	20:30
FL SEND Support for Parents & Carers	17/04/2024	22/05/2024	Online Live	19:00	21:00
FL Managing Big Emotions	18/04/2024	18/04/2024	Online Live	19:00	21:00
FL Anxiety Coping Techniques For Teens	22/04/2024	22/04/2024	Online Live	18:30	20:30
FL Wellbeing Art Workshop	May-24	Jul-24	Various Dates & locations	12:30	14:30
FL What To Expect When...	13/05/2024	03/06/2024	Online Live	18:30	20:30
FL Starting School & Nursery	17/06/2024	17/06/2024	Online Live	18:30	20:30
FL Starting Secondary School	15/07/2024	15/07/2024	Online Live	18:30	20:30

3 WAYS TO SIGN UP ... QR CODE, WEBSITE, PHONE



call our friendly team on
03330 321 017



Search 'Family Learning' at
aclessex.com



Essex County Council