

# John Ray Times

**Our Core Values: Hope, Perseverance, Trust, Courage, Respect, Responsibility**

16<sup>th</sup> September 2024

**Phone:** 01376 324107 **Email:** [jrcontact@compassps.uk](mailto:jrcontact@compassps.uk) **Website:** [www.johnray.compassps.uk](http://www.johnray.compassps.uk)



@johnrayjuniors



@facebook.com/johnraycompassps

**For uniform orders visit:** [www.gooddies.co.uk](http://www.gooddies.co.uk)

**For information on Food Bank vouchers email:** [mkeegan@compassps.uk](mailto:mkeegan@compassps.uk)

**For second hand uniform requests email:** [rcottee@compassps.uk](mailto:rcottee@compassps.uk)

**Breakfast club queries email:** [hwiltshire@compassps.uk](mailto:hwiltshire@compassps.uk)

**School dinner menus** are on our website: **23/09/2024 [Week 3](#), 30/09/2024 [Week 1](#), 16/09/2024 [Week 2](#)**

**26<sup>th</sup> September – Themed lunch day – Global Adventures – Italy**

**On the 26<sup>th</sup> September, we will be having an Italian themed lunch day. The menu for this day can be view by [clicking here](#)**

## Zones of Regulation

The ZONES of Regulation



## School Attendance Difficulties



## Supporting Anxiety



## **My Happy Mind Parent App**

To access these materials just go to <https://myhappymind.org/parent-resources> and enter your name, email and authentication code emailed to you in the letter sent on 22.09.23.

## **Scrapstore Play Pod**



Last week we launched our PlayPod at lunch times. The Scrapstore PlayPod introduces loose parts into schools

settings to transform playtimes. Children's inventiveness and creativity is resulting in them using the items in endlessly different and imaginative ways. Our school council have received great feedback from the children so far.





### **How do I find out what my child is learning in school?**

Our curriculum map for each year group can be found on our [website](#). Most subjects are taught continuously throughout the year. Music, French, DT, art and computing are taught in half termly blocks. If you have any skills or expertise to offer in any curriculum area, please let us know- we would love to hear from you.

### **Secondary School Applications – Year 6**

The window for applying for your child's Secondary School is now open. Applications can be made online via [www.essex.gov.uk/admissions](http://www.essex.gov.uk/admissions)  
The closing date for applications is 31<sup>st</sup> October 2024

### **Parking near school**

After receiving some complaints from residents, may we kindly ask that you give care and consideration to our school neighbours when parking to drop & collect your children at school. Please do not block driveways or pavements and always ensure you have left room for emergency vehicles.

### **Permission for children in Y5 and Y6 to walk home alone**

Should you decide that your Y5 or Y6 child is mature enough to walk home alone, please refer to our agreement for allowing children to walk home alone on our [website](#) and complete the following form. Parents of children in Y6 should complete a new form even if they requested permission last academic year.

[Permission for Y5 and Y6 children to walk home alone](#)

### **Permission for children in Y5 and Y6 to bring in a mobile phone**

We understand that if children are walking home alone that parents may want them to bring a mobile phone to school as a safety measure. We have a clear policy on phones in our school and information can be found on our [website](#). If you wish for your Y5 / Y6 child to bring phone to school, please ensure you have read the information on our website and either completed the paper request form or the online form found below. Parents of children in Y6 should complete a new form even if they requested permission last academic year.

[Request for children in Y5 and Y6 to bring in a mobile phone](#)

## NHS Mental Health Support Team

The Mental Health Support Team (MHST) will be holding a drop in session for parents on Friday 20<sup>th</sup> September between 9am and 11am in our school hall. Please see the leaflet at the bottom of the newsletter for more details. There is no need to book, just come along.

### **Breakfast Club**

Our childcare breakfast club is open from 7:30 but bookings have now closed for this half term. Bookings for the 2<sup>nd</sup> half of the autumn term open on Monday 16<sup>th</sup> September at 7am and close on Friday 11<sup>th</sup> October at noon. Bookings will not be accepted after this date. These dates are also on the dates section below. Parents will no longer be able to book using the MCAS app. Bookings will need to be made via our breakfast club form and places will be allocated on a first come first served basis. Parents **must** hand their child over to the breakfast club staff. Please do not attend breakfast club without a booking as your child may be turned away.

### **Attendance policy**

Please find a link below to our recently updated attendance policy. Policies are available on our website and paper copies can be requested via the school office.

[Attendance policy summer 2024](#)

## Would you like to support reading in your child's school as a parent volunteer?

12<sup>th</sup> September 9:30 to 10:45am

Via Zoom

[Join Zoom Meeting here](#)

Meeting ID: 825 6953 6309      Passcode: 134038

or

12<sup>th</sup> September 1:30 to 2:45pm

St Peter's Coggeshall

Myneer Park, Coggeshall, Colchester,  
Essex CO6 1YU



This session is designed to support parents with reading with their own children at home or parents who would like to become a reading volunteer in school. It will cover a simple catch-up reading protocol and confidentiality and safeguarding whilst you are in school.



Contact [notleyfamilyofschools@gmail.com](mailto:notleyfamilyofschools@gmail.com), for more information

The zoom link for the workshop can be found [here](#)

### **SEN Local Offer**

Our SEN Local Offer is amended and published at the end of each academic year. It has the information on provision and processes across the school and the SENCo contact details: [John Ray Junior School - SEND Local Offer \(compassps.uk\)](#).

**SEND Local Offer Newsletter**

There are lots of activities and events for children with SEND on the Essex Local Offer and from the Local Offer website – sign up here to read more: [Stay up to date with the Essex Local Offer newsletter | Essex Local Offer.](#)

This includes our New POP Essex website and location: [POP Essex • SEN Stay & Play And Respite In Braintree, Essex \(pop-essex.org\).](#)

### Music Lessons

We are pleased to share that Marc Fargeot who has taught guitar to our pupils for some time has kindly agreed to extend what he is able to offer our children for this year. If you are interested in your child accessing guitar/piano/singing lessons which take place during the school day, please see the flyer at the end of the newsletter and contact Marc directly at [hello@braintreemusiclessons.co.uk](mailto:hello@braintreemusiclessons.co.uk) to book & pay.

### STUDENT ACHIEVEMENTS

Don't forget we would love to hear about any children who have been awarded badges or certificates for activities they do outside of school. Please email class teachers with your child's achievements.

Well done to:

Player of the match (football): Blessed 5E, Zach 6R, Ayan 6R, Albie 6G

Parents' player of the match: Isaac 5B

Captains' arm band (football): Max 4J and Jenson 6B



Swimming: Rex in 4B stage 5, Ruby in 4B stage 3, Andee in 5B stage 8 and Gold award, Freddie in 5B 200m

Karate: Jasper in 6R purple belt, Rex in 4B green stripe belt

Wickford Carnival Court 2<sup>nd</sup> place representing Braintree, as the Braintree and Bocking carnival princess: Darcey 4J

Oliver in 6R came 1<sup>st</sup> place in a dog show

Lilly in 4CB showed her medal for completing archaeology activities at a museum

### Stars of the Week

Each week, class teachers will choose a member of their class to be star of the week. Children who are chosen will have their name added in this section of the newsletter. Our first stars of the week will be awarded on Friday.

<b>3C: Lacey</b>	<b>4B: Lilly-Mae</b>	<b>5B: Annie</b>	<b>6G: Lola-Rose</b>
<b>3D: Lewis</b>	<b>4CB: Logan</b>	<b>5E: Dylan</b>	<b>6L: Amy</b>
<b>3P: Leo</b>	<b>4J: Akasya</b>	<b>5K: Johnny</b>	<b>6O: Ethan</b>
<b>3W: Jorgia</b>	<b>4T: Summer</b>	<b>5W: Kelsie</b>	<b>6R: Zach</b>

## PE Days

Children need to come into school on PE days in their PE kit. Children will need an outdoor PE kit i.e., black tracksuit bottoms (or shorts in warmer weather), white T-shirt and a black fleece / tracksuit top.

**We are noticing more children coming to school on PE days in wear that is not PE uniform. Please ensure that children have a plain white T-shirt and black shorts or tracksuit bottoms. We may ask children to change into any spare PE that we have in school if they do not come to school dressed appropriately.**

<b>Monday</b>	<b>Y3, 6L, 6G</b>
<b>Tuesday</b>	<b>Y3, Y5</b>
<b>Wednesday</b>	<b>Y4, Y6</b>
<b>Thursday</b>	<b>Y5, 6O, 6R</b>
<b>Friday</b>	<b>Y4</b>

Please remember that children must remove earrings to participate in PE lessons. Taping over earrings is not permitted.

**PE kit is black joggers / shorts and a black hoodie or sweatshirt with a white T shirt along with trainers.**

We expect that children will either wear one of the black John Ray logo hoodies from our supplier or a plain black hoodie/sweatshirt and plain black joggers on the two days a week that your child has PE.

## CASHBACK WHEN SHOPPING ONLINE

The Friends of JRI and JRJ have created a cash back account through **Easy Fundraising**. This is a fantastic way to raise much needed extra funds to support both schools.

The link below can be used for you to register:

<https://www.easyfundraising.org.uk/invite/47ha4n/>

Once registered, for ease, you can download the app. Every time you shop from the app, across over 4000 online retailers, our schools earn cash back. It's free to join and includes top names like eBay, Argos, Iceland and John Lewis. You can share this link with friends and family members too. A letter with more information can be found on our [website](#).

## Safeguarding

### Are you worried about a child?

As a school, we consider safeguarding to be a priority. We welcome parents and carers talking openly to us about their concerns for the safeguarding of children and families. **Remember, safeguarding is everyone's responsibility.** If you have any concerns about a child, you can contact one of our Designated Safeguarding Leads via the school office. Please ask to speak to Karen Harrison, Rachel Cottee or Meriel Keegan and specify that you have a safeguarding concern.

If you are worried about a child or young person, you can call the NSPCC helpline for support and advice for free on [0808 800 5000](tel:08088005000). If a child is in immediate danger, you should call 999.

Children can call [Childline](tel:08001111) at any time on [0800 1111](tel:08001111)



## **National Online Safety: What parents and carers need to know about QR Scams**

QR codes are a useful means by which people can quickly access online resources and other information, simply by scanning the pixellated pattern with their phone's camera. Unfortunately, as with many other advances in technology, there are those who use QR codes to scam and defraud unsuspecting people, tricking them into providing their personal details and payment information.

It can be difficult to determine when a QR code is legitimate – or where exactly you might encounter a scam of this nature – but it's important to learn how, if you wish to avoid falling victim to such a thing. This free guide explores the most common places you may find a QR code scam and explains how best to protect yourself from this underhanded practice.

[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com)

### CLASS TEACHERS' EMAIL ADDRESSES

We understand that for many people email is a quick and efficient way of communicating and we are therefore happy to provide class teachers' email addresses. Although email is a quick and easy way for parents to communicate with staff, matters that require urgent attention should be communicated via the school office. Staff are not expected to respond to emails after 5pm, during weekends/holidays or when off work due to sickness. A parental agreement relating to email communication with teachers is available from the school office or on our website under the communication tab.

<b>Year 3</b>	<b>Year 4</b>
3C: cwaspe1@compassps.uk 3D: dcasey@compassps.uk 3P: sphillips@compassps.uk 3W: zwatson@compassps.uk	4B: jbird@compassps.uk 4CB: hcollier-brown@compassps.uk 4J: jbrennan@compassps.uk 4T: tbeeson@compassps.uk, <a href="mailto:kbreen@compassps.uk">kbreen@compassps.uk</a>
<b>Year 5</b>	<b>Year 6</b>
5B: hbreeze@compassps.uk 5E: cellis@compassps.uk 5K: kbrighton@compassps.uk 5W: awilson1@compassps.uk,rcottee@compassps.uk	6G: ngibson@compassps.uk 6L: jlarbalestier@compassps.uk 6O: cosullivan@compassps.uk 6R: rroberts@compassps.uk

Please contact class teachers in the first instance to resolve any issues. Should you feel you need to escalate the issue, please contact:

**Miss Cottee (Assistant Head) if your child is in Y5 or Y6** – [rcottee@compassps.uk](mailto:rcottee@compassps.uk)

**Mrs Breen (Assistant Head) if your child is in Y3 or Y4** – [kbreen@compassps.uk](mailto:kbreen@compassps.uk)

### **RECENT LETTERS INCLUDING NEWSLETTERS – AVAILABLE ON THE WEBSITE**

All communication will be sent through Bromcom. Please ensure that you have given us a current email address. Issues with Bromcom communication should be emailed [to jrcontact@compassps.uk](mailto:tojrcontact@compassps.uk)

09.09.24 Y6 Ambassador applications (Y6 only)

13.09.24 Breakfast Club Booking Information (All Year Groups)

13.09.24 My Happy Mind (Y3 only)

### **Dates for the academic year 2024-2025 (new dates in red)**

[Please see the website for the term dates](#)

<b>Autumn Term 2024</b>	<b>Spring Term 2025</b>	<b>Summer Term 2025</b>
10.09.24 Meet the teacher drop in for current parents from 3:30pm – 4.00pm <b>11.09.24 5B &amp; 5E road safety walks (in school time)</b> 16.09.24 After school clubs start 16.09.2024 Breakfast club bookings open at 7am. Please book using the form sent on the 13.09.2024	07.01.25 Start of term for children 13.01.25 After school clubs start 21.01.25 & 22.01.25 One Plan meetings for children on SEN register 5.02.25 Children's mental health week 6.02.25 In class individual photos ( <i>All children should come to school in school uniform and bring PE kits in a separate bag if it is a PE day</i> ) 11.02.25 Safer Internet Day	22.04.25 Start of term for children 28.04.25 After school clubs start 12.05.25 SATS week (Y6 only) 13.05.25 & 14.05.25 One Plan meetings for children on SEN register 20.05.25 Year 6 Mersea residential meeting 5pm

<p>20/09.24 NHS Mental Health Support Team drop in 9am-11am (see leaflet below)</p> <p>23.09.24 Phonics and reading workshop for invited parents 9:30am</p> <p>23.09.24 Year 6 Mersea residential meeting 5pm</p> <p>27.09.24 Individual photos (children who have PE on this day should come into school in school uniform and bring PE kits in a separate bag)</p> <p>01.10.24 &amp; 02.10.24 One Plan meetings for children on SEN register 3.30pm-5.30pm</p> <p>11.09.2024 - Breakfast club bookings close at 12pm</p> <p>24.10.24 4T / 4B visit to Colchester Castle</p> <p>25.10.24 4CB / 4J visit to Colchester Castle</p> <p><b>28.10.24 Half Term week</b></p> <p>31.10.24 Secondary school applications close (Y6 only)</p> <p>02.11.24 Open morning for prospective parents 10am-12</p> <p>04.11.24 Children return to school</p> <p>05.11.23 Learning conferences (3:45-6.30pm) for children not on SEN register</p> <p>06.11.23 Learning conferences (3:45-5:30pm) for children not on SEN register</p> <p>15.11.24 Children in Need (non-uniform: children can wear spots / stripes in return for a donation)</p> <p>25.11.24 Last week for clubs</p> <p>17.12.24 Christmas dinner day for years 4 and 6</p> <p>18.12.24 Christmas dinner day for years 3 and 5</p> <p>19.12.24 Christmas Service at school</p> <p>20.12.24 Last day of term</p>	<p>17.02.25 Half term</p> <p>24.02.25 Children return to school</p> <p>06.03.25 World book day (Dress as a book character or bring in a prop from a book)</p> <p>21.03.25 Comic Relief (Children can wear sportswear or non-uniform in exchange for a donation)</p> <p>24.03.25 Last week for clubs</p> <p>11.03.25 Learning conferences (3:45-6.30pm) for children not on SEN register</p> <p>12.03.25 Learning conferences (3:45-5:30pm) for children not on SEN register</p> <p>3.04.25 Easter service at school</p> <p>04.04.25 Last day of term</p>	<p>22.05.25 Sports day and parent picnic (parents invited from 11:45)</p> <p>26.05.25 Half term</p> <p>02.06.25 <a href="#">Multiplication check</a> starts for 3 weeks (Y4 only)</p> <p>02.06.25 Children return to school</p> <p>05.06.25 Reserve Sports day in case of poor weather</p> <p>11.06.25-13.06.25 Mersea residential (Y6 only)</p> <p>25.06.25 Class photos (children who have PE on this day should come into school in school uniform and bring PE kits in a separate bag)</p> <p>07.07.25 Last week for clubs</p> <p>08.07.25 Children to spend time with their new teacher</p> <p>10.07.25 Annual reports sent out</p> <p>16.07.25 Open afternoon drop in for current parents from 3:30pm – 4.30pm</p> <p>17.07.25 Y6 production to parents 1:30 and 4:30pm</p> <p>18.07.25 Last day of term</p>
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# Invitation to meet your NHS Mental Health Support Team

Our team of Educational Mental Health Practitioners are working together with John Ray Junior School.

We work across education and healthcare to provide early intervention mental health support to whole school communities.

We will soon be offering 2 parent groups

‘Managing your child’s fears and worries’

‘Managing your child’s challenging behaviour’

Come along for a coffee and hear more about it or just take the opportunity to meet us and other parents in school

**Date: Friday 20<sup>th</sup> September**

**Time: 10 – 11am**

**Location: John Ray Junior School**



**ACL**

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sessions to help  
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- Face to face or online
- Families include parents, carers, grandparents and other family members
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- Sessions include; Family Fun, Arts & crafts, Cooking, First Aid, Wellbeing, Parenting, SEND, Maths, English, Science, Technology, Engineering, and MORE!

**SIGN UP TO A FREE COURSE TODAY!**

call our friendly team on **0345 603 7635**

Search 'Family Learning' at

**aclessex.com**



At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](http://nationalcollege.com).

# BOYS What Parents & Educators Need to Know about QR CODE SCAMS

## WHAT ARE THE RISKS?

QR code scams (also known as 'quishing') involve the malicious use of Quick Response (QR) codes to deceive people into revealing personal information or downloading harmful software. These scams exploit QR codes' convenience and widespread use – for example, in adverts, restaurant menus and public notices, with criminals installing fake QR codes which direct users to bogus sites.

### PAYMENT SYSTEMS

Cybercriminals may seek to change a QR code that's related to a legitimate payment service, such as in a restaurant. If a customer scans the QR code expecting to order and pay for goods or services (such as a meal in this case), they may be directed to a site controlled by the scammers. Entering their payment details would then allow the criminals to defraud them.

### DISCOUNTED GOODS

A poster promises goods or services at a discounted cost, requiring people to scan a QR code to register and pay. The poster, however, is malicious, and there is no discount. Again, providing your payment details would allow the criminal to access your funds. This scam is reasonably common and is often found in car parks in major cities.

### PRIZE DRAWS

A QR code is provided for a prize draw, advertised on a poster which is likely on display in a public space. Scanning the QR code will result in being asked to provide further information (such as your email address, name, address or phone number), which is then used by criminals for further social engineering attacks or even identity fraud.

### WIFI CONNECTION

Scanning a QR code may be the means of connecting to the Wi-Fi network in a hotel or other public area. This is usually legitimate, but if the QR code is a fake, it could result in criminals viewing your browsing history and even your login details. These can subsequently be used for phishing attacks and identity fraud – and even financial fraud, if they're able to access your banking credentials.

### FAKE EVENTS AND TICKETS

A poster highlights news regarding an upcoming event, or regarding an additional allocation of tickets for a sold-out concert or other performance. It directs the user to scan a QR code for more information, to register or possibly to pay. The QR code then leads to a fake site hosted by scammers, aiming to gather data on the user for future attacks or to exploit or defraud them immediately.

## Advice for Parents & Educators

### BE VIGILANT

QR codes are becoming more prevalent, and cyber-criminals are increasingly seeking to use them to steal information and commit fraud. As such, it is important to remain aware of the risks. Always consider these safety concerns before scanning a QR code and avoid doing so unless you're certain it's legitimate. Be sure to keep your device's operating system updated as well, to keep you protected from known safety risks.

### CHECK FOR SIGNS OF TAMPERING

Where QR codes are printed or displayed, check for any sign of tampering: as a sticker with a new QR code being placed over the top of the previous code, for instance. Where there are signs of tampering, you should consult a member of staff (if you're in a hotel or restaurant, for example) or simply avoid scanning the code altogether.

### CHECK THE URL

Most phones now show the web address or URL which a QR code connects to, and they typically require users to accept being taken to this address before progressing. Check that the web address matches that of the site or service you're expecting to access via the QR code you've scanned. If it seems dubious in any way, don't click on it.

### USE TRUSTWORTHY SOURCES

Consider the source of the QR code and its trustworthiness. A QR code for payment in a restaurant, for example, is likely to be legitimate if you can see it printed on every menu; a random poster pinned up in the street or in a building's corridor is more likely to be fraudulent. If you're unsure, err on the side of caution and don't scan the code.

### USE THE DEFAULT QR CODE SCANNER

Most mobile devices come with the ability to scan QR codes built into the camera app. Where possible, you should seek to use this default functionality and avoid the use of third-party QR scanning apps which may have themselves been tampered with or compromised. Stick to reputable methods.

### Meet Our Expert

Gary Henderson is the Director of IT at Millfield, a large independent boarding school in Somerset, as well as a member of the Digital Futures Group, Vice Chair of the ISC Digital Advisory Group and an Association of Network Managers in Education (ANME) Ambassador.



X @wake\_up\_weds

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# SINGING, PIANO, GUITAR CLUB AUTUMN 2024

£6 PER GROUP LESSON 1/2 hr £15 PER LESSON ONE TO ONE 1/2 hr

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**Sandling 77 YOUTH FOOTBALL CLUB**  
F.C.

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## Looking for new players



**We are looking for some players for our under 9 and under 10 teams. School year 4 and 5 for 24/25**

**Please contact**  
Adam for u9s - 07989630602  
Steve for u9s - 07985274211  
Kris for u10s - 07873357933  
Message on fb

# FREE JUNIOR GOLF LESSON TRIAL

SATURDAYS 1PM, 2PM  
SUNDAYS 9AM



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White Notley  
Witham  
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[INFO@SHARPSHOOTERSGOLF.CO.UK](mailto:INFO@SHARPSHOOTERSGOLF.CO.UK)



The Notleys Golf Club