

# John Ray Times

**Our Core Values: Hope, Perseverance, Trust, Courage, Respect, Responsibility**

23<sup>rd</sup> September 2024

**Phone:** 01376 324107 **Email:** [jrcontact@compassps.uk](mailto:jrcontact@compassps.uk) **Website:** [www.johnray.compassps.uk](http://www.johnray.compassps.uk)



@johnrayjuniors



@

facebook.com/johnraycompassps

For uniform orders visit: [www.gooddies.co.uk](http://www.gooddies.co.uk)

For information on Food Bank vouchers email: [mkeegan@compassps.uk](mailto:mkeegan@compassps.uk)

For second hand uniform requests email: [rcottee@compassps.uk](mailto:rcottee@compassps.uk)

Breakfast club queries email: [hwiltshire@compassps.uk](mailto:hwiltshire@compassps.uk)

School dinner menus are on our website: **23/09/2024 [Week 3](#), 30/09/2024 [Week 1](#), 07/10/2024 [Week 2](#)**

**26<sup>th</sup> September – Themed lunch day – Global Adventures – Italy**

**On the 26<sup>th</sup> September, we will be having an Italian themed lunch day. The menu for this day can be view by clicking [here](#)**

## Zones of Regulation

The ZONES of Regulation



## School Attendance Difficulties



## Supporting Anxiety

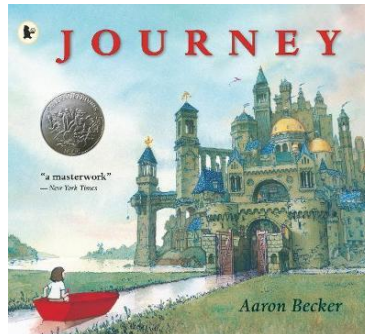


## My Happy Mind Parent App

To access these materials just go to <https://myhappymind.org/parent-resources> and enter your name, email and authentication code emailed to you in the letter sent on 23.09.24.

## Spotlight on learning

**The children are now fully immersed in their new topics for this term and the teachers have commented on how focussed the children are in class and the excellent learning behaviours they are showing.**



This half term we have been participating in a joint project with John Ray Infant School around the book Journey by Aarron Becker.

The children have written diary entries from the point of view of the main character and have been busy publishing their work this week. The emphasis is on the children producing the best work for them and taking pride in their hard work. The finished copies will be added to work from the infants to create displays across both schools. Feedback from the children during School Council sessions has been overwhelmingly positive-they have loved the book.

**Individual photos- 27<sup>th</sup> September 2024**

Just a reminder that individual photos will be taken on 27<sup>th</sup> September. Children who have PE on this day should come into school in school uniform and bring PE kits in a separate bag.

### **How to find out what my child is learning in school?**

Our curriculum map for each year group can be found on our [website](#). Most subjects are taught continuously throughout the year. Music, French, DT, art and computing are taught in half termly blocks. If you have any skills or expertise to offer in any curriculum area, please let us know- we would love to hear from you.

### **One Plans – 1<sup>st</sup> and 2<sup>nd</sup> October**

One plan meetings for children on the SEN register will take place on 1<sup>st</sup> and 2<sup>nd</sup> October. Parents of children on the SEN register will have received an email today asking them to book a slot.

### **Secondary School Applications – Year 6**

The window for applying for your child's Secondary School is now open. Applications can be made online via [www.essex.gov.uk/admissions](http://www.essex.gov.uk/admissions)

The closing date for applications is 31<sup>st</sup> October 2024

### **Themed lunch – Thursday 26<sup>th</sup> September**



### **Parking near school**

After receiving some complaints from residents, may we kindly ask that you give care and consideration to our school neighbours when parking to drop & collect your children at school. Please do not block driveways or pavements and always ensure you have left room for emergency vehicles.

### **Breakfast Club**

Our childcare breakfast club is open from 7:30 but bookings have now closed for this half term. Bookings for the 2<sup>nd</sup> half of the autumn term open on Monday 16<sup>th</sup> September at 7am and close on Friday 11<sup>th</sup> October at noon. Bookings will not be accepted after this date. These dates are also on the dates section below. Parents will no longer be able to book using the MCAS app. Bookings will need to be made via our breakfast club form and places will be allocated on a first come first served basis. Parents **must** hand their child over to the breakfast club staff. Please do not attend breakfast club without a booking as your child may be turned away.

## Would you like to support reading in your child's school as a parent volunteer?

12<sup>th</sup> September 9:30 to 10:45am

Via Zoom

Join Zoom Meeting [here](#)

Meeting ID: 825 6953 6309      Passcode: 134038

or

12<sup>th</sup> September 1:30 to 2:45pm

St Peter's Coggeshall

Myneer Park, Coggeshall, Colchester,  
Essex CO6 1YU



This session is designed to support parents with reading with their own children at home or parents who would like to become a reading volunteer in school. It will cover a simple catch-up reading protocol and confidentiality and safeguarding whilst you are in school.



Contact [notleyfamilyofschools@gmail.com](mailto:notleyfamilyofschools@gmail.com), for more information

The zoom link for the workshop can be found [here](#)

### SEN Local Offer

Our SEN Local Offer is amended and published at the end of each academic year. It has the information on provision and processes across the school and the SENCo contact details: [John Ray Junior School - SEND Local Offer \(compassps.uk\)](#).

### SEND Local Offer Newsletter

There are lots of activities and events for children with SEND on the Essex Local Offer and from the Local Offer website – sign up here to read more: [Stay up to date with the Essex Local Offer newsletter | Essex Local Offer](#).

This includes our New POP Essex website and location: [POP Essex • SEN Stay & Play And Respite In Braintree, Essex \(pop-essex.org\)](#).

### STUDENT ACHIEVEMENTS

Don't forget we would love to hear about any children who have been awarded badges or certificates for activities they do outside of school. Please email class teachers with your child's achievements.

Well done to:

All the children who were football players of the match: Dominic 5W, Xavier 5K, Faran 6R, Logan 4CB, Freddie 5B, Theo 4O, Mason 4J, Freddie 4J, Max 4J

Oliver 6R 3 1<sup>st</sup> places at a dog show.  
 Alex O 5k 4<sup>th</sup> in a karate competition  
 Victoria 4J and Maja who both won 3 trophies for dancing  
 Jack 5K achieved a PB for running a 2K race  
 Darcey 4J was placed 1<sup>st</sup> in the Dunmow carnival  
 Callum 4T received a musical statues certificate  
 Scarlett 5E achieved 2 cub badges

### Stars of the Week

Each week, class teachers will choose a member of their class to be star of the week. Children who are chosen will have their name added in this section of the newsletter. Our first stars of the week will be awarded on Friday.

<b>3C: Jacob</b>	<b>4B: Reggie</b>	<b>5B: Harry</b>	<b>6G: Jake &amp; Harry</b>
<b>3D: Mia</b>	<b>4CB: Henry</b>	<b>5E: Sammas</b>	<b>6L: Jake</b>
<b>3P: Willow</b>	<b>4J: Maja</b>	<b>5K: Nicholas</b>	<b>6O: The whole class</b>
<b>3W: Evelyn-Rose</b>	<b>4T: Lara</b>	<b>5W: Marcus</b>	<b>6R: Oliver</b>

### PE Days

Children need to come into school on PE days in their PE kit. Children will need an outdoor PE kit i.e., black tracksuit bottoms (or shorts in warmer weather), white T-shirt and a black fleece / tracksuit top.

**We are noticing more children coming to school on PE days in wear that is not PE uniform. Please ensure that children have a plain white T-shirt and black shorts or tracksuit bottoms. We may ask children to change into any spare PE that we have in school if they do not come to school dressed appropriately.**

<b>Monday</b>	<b>Y3, 6L, 6G</b>
<b>Tuesday</b>	<b>Y3, Y5</b>
<b>Wednesday</b>	<b>Y4, Y6</b>
<b>Thursday</b>	<b>Y5, 6O, 6R</b>
<b>Friday</b>	<b>Y4</b>

Please remember that children must remove earrings to participate in PE lessons. Taping over earrings is not permitted.

**PE kit is black joggers / shorts and a black hoodie or sweatshirt with a white T shirt along with trainers.**

We expect that children will either wear one of the black John Ray logo hoodies from our supplier or a plain black hoodie/sweatshirt and plain black joggers on the two days a week that your child has PE.

### **CASHBACK WHEN SHOPPING ONLINE**

The Friends of JRI and JRJ have created a cash back account through **Easy Fundraising**. This is a fantastic way to raise much needed extra funds to support both schools.

The link below can be used for you to register:

<https://www.easyfundraising.org.uk/invite/47ha4n/>

Once registered, for ease, you can download the app. Every time you shop from the app, across over 4000 online retailers, our schools earn cash back. It's free to join and includes top names like EBay, Argos, Iceland and John Lewis. You can share this link with friends and family members too. A letter with more information can be found on our [website](#).

### **ASDA – Cash pot for schools**

Huge thanks to everyone that has registered for the Asda Cashpot for Schools campaign already. We have already raised a good amount, as you can see below!

Even if you do not shop at Asda, we will still receive £1 for every parent/carer/friend/family member that registers and chooses our school. All you need to do is to download the Asda rewards App, click on the cashpots and choose the school you want to support.

Follow the link below for more info  
<https://www.asda.com/cashpotforschools>

With so many students at our school, even if only one person per child signed up, we could raise a lot of money which all goes to benefitting our children. All for very minimal effort.

Please feel free to let your friends and family know, as the more support we get, the more money for the children.

Thank you for  
your support



### Safeguarding

#### Are you worried about a child?

As a school, we consider safeguarding to be a priority. We welcome parents and carers talking openly to us about their concerns for the safeguarding of children and families. **Remember, safeguarding is**

**everyone's responsibility.** If you have any concerns about a child, you can contact one of our Designated Safeguarding Leads via the school office. Please ask to speak to Karen Harrison, Rachel Cottee or Meriel Keegan and specify that you have a safeguarding concern.

If you are worried about a child or young person, you can call the NSPCC helpline for support and advice for free on 0800 800 5000. If a child is in immediate danger, you should call 999.

Children can call Childline at any time on 0800 1111



**National Online Safety: What parents and carers need to know about Final Fantasy XIV**

Massively, multiplayer online roleplaying games – or ‘MMORPGs’ – are a highly popular subgenre, allowing people from all over the world to exist within the same fantasy realm, joining each other on quests or testing their skills against each other. One such title in this genre is Final Fantasy XIV, which released back in 2010 and – despite its initial failure – saw a surge of popularity in later years.

As with any online game, there are plenty of risks associated with Final Fantasy XIV – and it's vital for parents and educators to understand these safety concerns, in case any children in their care wish to enjoy this title. Our free guide offers expert insight into the potential hazards of playing Final Fantasy XIV and lets you know how best to safeguard any young fans of the game.

[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com)

**CLASS TEACHERS' EMAIL ADDRESSES**

We understand that for many people email is a quick and efficient way of communicating and we are therefore happy to provide class teachers' email addresses. Although email is a quick and easy way for parents to communicate with staff, matters that require urgent attention should be communicated via the school office. Staff are not expected to respond to emails after 5pm, during weekends/holidays or when off work due to sickness. A parental agreement relating to email communication with teachers is available from the school office or on our website under the communication tab.

<b>Year 3</b>	<b>Year 4</b>
3C: cwaspe1@compassps.uk 3D: dcasey@compassps.uk 3P: sphillips@compassps.uk 3W: zwatson@compassps.uk	4B: jbird@compassps.uk 4CB: hcollier-brown@compassps.uk 4J: jbrennan@compassps.uk 4T: tbeeson@compassps.uk, kbreen@compassps.uk
<b>Year 5</b>	<b>Year 6</b>
5B: hbreeze@compassps.uk 5E: cellis@compassps.uk 5K: kbrighton@compassps.uk 5W: awilson1@compassps.uk,rcottee@compassps.uk	6G: ngibson@compassps.uk 6L: jlarbalestier@compassps.uk 6O: cosullivan@compassps.uk 6R: rroberts@compassps.uk

Please contact class teachers in the first instance to resolve any issues. Should you feel you need to escalate the issue, please contact:

**Miss Cottee (Assistant Head) if your child is in Y5 or Y6** – [rcottee@compassps.uk](mailto:rcottee@compassps.uk)

**Mrs Breen (Assistant Head) if your child is in Y3 or Y4** – [kbreen@compassps.uk](mailto:kbreen@compassps.uk)

**RECENT LETTERS INCLUDING NEWSLETTERS – AVAILABLE ON THE WEBSITE**

All communication will be sent through Bromcom. Please ensure that you have given us a current email address. Issues with Bromcom communication should be emailed [to jrcontact@compassps.uk](mailto:tojrcontact@compassps.uk)

09.09.24 Y6 Ambassador applications (Y6 only)

13.09.24 Breakfast Club Booking Information (All Year Groups)  
 13.09.24 My Happy Mind (Y3 only)  
 20/09/24 Layer Marney Towers trip – (Y3 only)  
 20/09/24 Young Voices tickets & T-shirt letter (YV club children only)  
 23.09.24 My Happy Mind (Y4.5 and 6 only)  
 23.09.24 One Plan Autumn Meetings (Invited children only)  
 23.09.24 Y6 residential and SATS information (Y6 only)

**Dates for the academic year 2024-2025 (new dates in red)**

[Please see the website for the term dates](#)

<b>Autumn Term 2024</b>	<b>Spring Term 2025</b>	<b>Summer Term 2025</b>
27.09.24 Individual photos (children who have PE on this day should come into school in school uniform and bring PE kits in a separate bag)	07.01.25 Start of term for children	22.04.25 Start of term for children
01.10.24 & 02.10.24 One Plan meetings for children on SEN register 3.30pm-5.30pm	13.01.25 After school clubs start	28.04.25 After school clubs start
24.10.24 4T / 4B visit to Colchester Castle	21.01.25 & 22.01.25 One Plan meetings for children on SEN register	12.05.25 SATS week (Y6 only)
25.10.24 4CB / 4J visit to Colchester Castle	5.02.25 Children's mental health week	13.05.25 & 14.05.25 One Plan meetings for children on SEN register
28.10.24 Half Term week	6.02.25 In class individual photos (All children should come to school in school uniform and bring PE kits in a separate bag if it is a PE day)	20.05.25 Year 6 Mersea residential meeting 5pm
31.10.24 Secondary school applications close (Y6 only)	11.02.25 Safer Internet Day	22.05.25 Sports day and parent picnic (parents invited from 11:45)
02.11.24 Open morning for prospective parents 10am-12	17.02.25 Half term	26.05.25 Half term
04.11.24 Children return to school	24.02.25 Children return to school	02.06.25 <a href="#">Multiplication check</a> starts for 3 weeks (Y4 only)
05.11.23 Learning conferences (3:45-6.30pm) for children not on SEN register	06.03.25 World book day (Dress as a book character or bring in a prop from a book)	02.06.25 Children return to school
06.11.23 Learning conferences (3:45-5:30pm) for children not on SEN register	21.03.25 Comic Relief (Children can wear sportswear or non-uniform in exchange for a donation)	05.06.25 Reserve Sports day in case of poor weather
15.11.24 Children in Need (non-uniform: children can wear spots / stripes in return for a donation)	24.03.25 Last week for clubs	11.06.25-13.06.25 Mersea residential (Y6 only)
25.11.24 Last week for clubs	11.03.25 Learning conferences (3:45-6.30pm) for children not on SEN register	25.06.25 Class photos (children who have PE on this day should come into school in school uniform and bring PE kits in a separate bag)
17.12.24 Christmas dinner day for years 4 and 6	12.03.25 Learning conferences (3:45-5:30pm) for children not on SEN register	07.07.25 Last week for clubs
18.12.24 Christmas dinner day for years 3 and 5	3.04.25 Easter service at school	08.07.25 Children to spend time with their new teacher
19.12.24 Christmas Service at school	04.04.25 Last day of term	10.07.25 Annual reports sent out
20.12.24 Last day of term		16.07.25 Open afternoon drop in for current parents from 3:30pm – 4.30pm
		17.07.25 Y6 production to parents 1:30 and 4:30pm
		18.07.25 Last day of term

# What Parents & Educators Need to Know about FINAL FANTASY XIV



## WHAT ARE THE RISKS?

The video game Final Fantasy XIV launched in 2010, and, despite being critically panned, it saw an overhaul that has made it one of the biggest success stories in gaming. Its huge world, epic story and versatile combat system have continued to draw in new players, but there's a lot that trusted adults need to be aware of – not least the cost of paying monthly to play.

### ALWAYS ONLINE

Final Fantasy XIV is an MMORPG, which stands for Massively Multiplayer Online Role-Playing Game. Much like World of Warcraft, players create a character in a chosen class and level up by completing quests to gain power and items. The game requires a constant internet connection, whether you're playing on PC, Mac, PlayStation or Xbox, and there's no option to play offline.

### REGULAR EXPANSIONS

As with similar titles in the genre, players can purchase expansions to unlock additional content for the game. These without the expansions will be locked out of certain new quests and activities, meaning that young people who play regularly will potentially have the next release earmarked on their calendar, ready to buy it as soon as possible.

### IN-GAME PURCHASES & SUBSCRIPTION FEE

Users need to pay £6.99 per month to play Final Fantasy XIV, but there is a free trial. If someone stops paying, they'll lose access to their character (although they'll be able to pick up the payments again and resume where they left off). If a player forgets to cancel their payments, however, those subscription fees will continue rolling on automatically.

### VOICE & TEXT CHAT

Final Fantasy XIV lets players send chat messages in-game or speak to each other over voice chat. On the one hand, that provides plenty of choice for how those enjoying the game can interact with their fellow fans. On the other hand, however, it's easier than in many games to receive unprompted messages from a stranger, with whom you constantly share your play space.

### VIOLENCE

While Final Fantasy XIV has a fairly light tone throughout some of its quests, many involve killing enemies and sometimes even wild animals. The violence isn't especially strong – more comparable to a cartoon or anime style – but the act alone may make some children feel uncomfortable, if they're not yet able to separate fictional harm from the real kind.

### POTENTIAL FOR ADDICTION

As with World of Warcraft, there's an element of addiction to Final Fantasy XIV. The gameplay loop can be quite engrossing, as minutes turn into hours and hours into days while playing alone or with friends. This can potentially lead to missing real-life events, a lack of interest in any activities not related to the game and procrastination around responsibilities like schoolwork.

FREE TRIAL

## Advice for Parents & Educators

### MANAGE PLAYTIME

Playtime limits are a great way to counter the addictive qualities of games like Final Fantasy XIV. They allow you discuss why it's still important to enjoy things outside of gaming while still letting a child enjoy playing online with their friends when it makes sense to do so. It's all well and good to have fun with a game, so long as they're able to step away and reconnect with the real world.

### PLAY TOGETHER

The free trial makes it extremely easy to jump into Final Fantasy XIV and play alongside a child, provided they're old enough. Not only does that help you ensure that settings are adjusted for their privacy and safety, but it may also end up becoming a bonding experience for you both and any other family members that want to try it out.

### MAKE USE OF THE FREE TRIAL

The Final Fantasy XIV free trial is a generous one, with no limits on how long someone can play until their character hits level 70. That's easily dozens of hours for a child to go through the game, complete quests, and see if they enjoy it before purchasing expansions or subscribing to a membership. They may well move on to something else before you need to spend so much as a penny.

### REMEMBER, IT'S A PEGI 16

Despite its often-relaxing nature, Final Fantasy XIV carries a PEGI 16 rating for violence and drugs (although the latter is due to a character smoking a pipe on occasion). There's minimal blood, but characters can attack enemies (and other players) with weapons and spells. Take a look at some gameplay videos to see if the content is appropriate for a younger player.

### Meet Our Expert

Lloyd Coombes is the Editor-in-Chief of GRecon, and has been working in the gaming and tech industry for five years. A longtime fan of online games, he's also a parent, and therefore understands the importance of online safety. Writing mainly about tech and fitness, his work has previously been published at sites including IGN, TechRadar and plenty more.



The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/final-fantasy-14>

@wake\_up\_weds

/wuw.thenationalcollege

@wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 18.09.2024

**SINGING, PIANO, GUITAR CLUB AUTUMN 2024**  
 £6 PER GROUP LESSON 1/2 hr £15 PER LESSON ONE TO ONE 1/2 hr  
 Give it a try and see if its for you Every Wednesday from SEPT 11th

**bml MUSIC LESSONS**

Pupils learn their favourite songs  
 Email to sign up [hello@braintreemusiclessons.co.uk](mailto:hello@braintreemusiclessons.co.uk)

**FREE JUNIOR GOLF LESSON TRIAL**

**SATURDAYS 1PM, 2PM**  
**SUNDAYS 9AM**

NEW GOLFERS WELCOME, SPACES LIMITED  
 ALL EQUIPMENT PROVIDED,  
 STARTS 31ST AUGUST 2024  
 AGE 5-14 \*new clients only

**SHARP SHOOTERS**  
 JUNIOR GOLF ACADEMY

**07891897752**

**WWW.SHARPSHOOTERSGOLF.CO.UK**  
**INFO@SHARPSHOOTERSGOLF.CO.UK**

 **The Notleys Golf Club**

**NOTLEYS GOLF CLUB**  
 Witham Road  
 White Notley  
 Witham  
 CM8 1ST

