

John Ray Times

Our Core Values: Hope, Perseverance, Trust, Courage, Respect, Responsibility

28th April 2025

Phone: 01376 324107

Email: jrcontact@compassps.uk

Website: www.johnray.compassps.uk



@johnrayjuniors



@

facebook.com/johnraycompassps

Online learning links



[Accelerated Reader](#)



[Century Tech](#)



[TTRockstars](#)



[Nessy](#)

For uniform orders visit: [Absolute Embroidery](#), or visit the shop at Panfield Lane

For information on Food Bank vouchers email: mkeegan@compassps.uk

For second hand uniform requests email: rcottee@compassps.uk

Breakfast club queries email: hwiltshire@compassps.uk

School dinner menus are on our website:

12.05.25 week 1, 28.04.25 Week 2 05.05.25 Week 3

On Thursday 8th May 2025, we have a special VE Day 80th Anniversary. Please click [here](#) to view the menu

Zones of Regulation

The ZONES of Regulation

Blue Zone	Green Zone	Yellow Zone	Red Zone
Sad	Happy	Overjoyed/Excited	Angry
Bored	Focused	Calm	Tired
Tired	Proud	Silly	Excited
Sick			Angry
			Terrified

School Attendance Difficulties



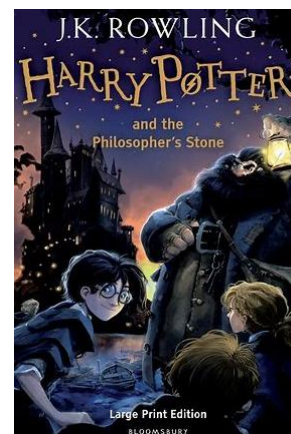
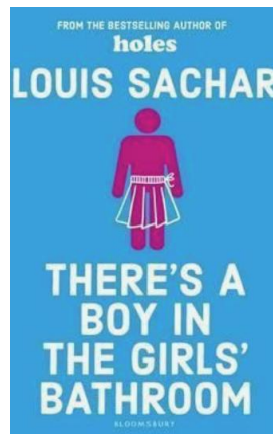
Supporting Anxiety



My Happy Mind Parent App

To access these materials just go to <https://myhappymind.org/parent-resources> and enter your name, email and authentication code emailed to you in the letter sent on 23.09.24.

Class Texts for this half term



Y3, The Ancient Egyptian Sleepover, Stephen Davies
Y4: There's a Boy in the Girls' Bathroom, Louis Sachar,
Y5: Harry Potter and the Philosopher's Stone, J.K Rowling
Y6 are covering a number of different genres this term.

Special menu: VE Day 80th Anniversary (8th May)



SEN Local Offer

Our SEN Local Offer is amended and published at the end of each academic year. It has the information on provision and processes across the school and the SENCo contact details: [John Ray Junior School - SEND Local Offer \(compassps.uk\)](#).

SEND Local Offer Newsletter

There are lots of activities and events for children with SEND on the Essex Local Offer and from the Local Offer website – sign up here to read more: [Stay up to date with the Essex Local Offer newsletter | Essex Local Offer](#).

This includes our New POP Essex website and location: [POP Essex • SEN Stay & Play And Respite In Braintree, Essex \(pop-essex.org\)](#).

Summer term SEN road show dates:

Tuesday 17 June at POP Essex Braintree, Mid

- Thursday 19 June at Greensward Academy, Hockley, South
- Tuesday 24 June at Tiptree Community Hall, North East
- Thursday 26 June at Zinc Arts Centre Ongar, West

STUDENT ACHIEVEMENTS

Don't forget we would love to hear about any children who have been awarded badges or certificates for activities they do outside of school. Please email class teachers with your child's achievements.

Well done to Albie in 6G who played his final set of basketball matches for the season. His team U11s Harlow Hawks won the JCVL league, winning 14 out of 15 matches during the season. Well done Albie!



Stars of the Week

Each week, class teachers will choose a member of their class to be star of the week. Children who are chosen will have their name added in this section of the newsletter.

3C: Daniel, David	4B: Chloe	5B: Dylan	6G: Jenson
3D: Mia	4CB: Albie-James	5E: Aybel	6L: Jeanne
3P: Isis	4J: Callum	5K: -Harriet	6O: Kevin
3W: Seth	4T: Noreen	5W: Alex	6R: Keiva

PE Days

Children need to come into school on PE days in their PE kit. Children will need an outdoor PE kit i.e., black tracksuit bottoms (or shorts in warmer weather), white T-shirt and a black fleece / tracksuit top.

We are noticing more children coming to school on PE days in wear that is not PE uniform. Please ensure that children have a plain white T-shirt and black shorts or tracksuit bottoms. We may ask children to change into any spare PE that we have in school if they do not come to school dressed appropriately.

Monday: Y3, Y6
Tuesday: Y5, 6L, 6G, 6R
Wednesday: Y4, 5B
Thursday: Y3, 4B, 5E, 5K, 6O
Friday: 4J, 4CB, 4T, 5W

Please remember that children must remove earrings to participate in PE lessons. Taping over earrings is not permitted.

PE kit is black joggers / shorts and a black hoodie or sweatshirt with a white T shirt along with trainers.

We expect that children will either wear one of the black John Ray logo hoodies from our supplier or a plain black hoodie/sweatshirt and plain black joggers on the two days a week that your child has PE.

CASHBACK WHEN SHOPPING ONLINE

The Friends of JRI and JRJ have created a cash back account through **Easy Fundraising**. This is a fantastic way to raise much needed extra funds to support both schools.

The link below can be used for you to register:

<https://www.easyfundraising.org.uk/invite/47ha4n/>

Once registered, for ease, you can download the app. Every time you shop from the app, across over 4000 online retailers, our schools earn cash back. It's free to join and includes top names like EBay, Argos, Iceland and John Lewis. You can share this link with friends and family members too. A letter with more information can be found on our [website](#).

Safeguarding

Are you worried about a child?

As a school, we consider safeguarding to be a priority. We welcome parents and carers talking openly to us about their concerns for the safeguarding of children and families. **Remember, safeguarding is everyone's responsibility.** If you have any concerns about a child, you can contact one of our Designated Safeguarding Leads via the school office. Please ask to speak to Karen Harrison, Rachel Coffee or Meriel Keegan and specify that you have a safeguarding concern. If you are worried about a child or young person, you can call the NSPCC helpline for support and advice for free on [0808 800 5000](tel:08088005000). If a child is in immediate danger, you should call 999.

Children can call [Childline](#) at any time on [0800 1111](tel:08001111)



National Online Safety: What parents and carers need to know about making friends online

As technology becomes increasingly embedded in young people's lives, it's common for them to form friendships entirely online. These connections can provide companionship and community — but they also bring potential dangers that parents and educators need to be aware of.

From online grooming and privacy breaches to exposure to upsetting content, meeting people on the internet isn't without risk. This guide explains the possible hazards of online friendships and gives parents and educators essential advice on helping children build safe, positive relationships online.

www.nationalonlinesafety.com

CLASS TEACHERS' EMAIL ADDRESSES

We understand that for many people email is a quick and efficient way of communicating and we are therefore happy to provide class teachers' email addresses. Although email is a quick and easy way for parents to communicate with staff, matters that require urgent attention should be communicated via the school office. Staff are not expected to respond to emails after 5pm, during weekends/holidays or when off work due to sickness. [A parental agreement relating to email communication with teachers](#) is available from the school office or on our website under the communication tab. **Please note: Miss O'Sullivan now has a new email address.**

Year 3

Year 4

3C: cwaspe1@compassps.uk 3D: dcasey@compassps.uk 3P: sphillips@compassps.uk 3W: zwatson@compassps.uk	4B: wnicholls@compassps.uk 4CB: hcollier-brown@compassps.uk 4J: jbreannan@compassps.uk 4T: tbeeson@compassps.uk, kbreen@compassps.uk
Year 5	Year 6
5B: hbreeze@compassps.uk 5E: cellis@compassps.uk 5K: kbrighton@compassps.uk 5W: awilson1@compassps.uk, rcottee@compassps.uk	6G: ngibson@compassps.uk 6L: jlarbalestier@compassps.uk 6O: cosullivan1@compassps.uk 6R: rroberts@compassps.uk

Please contact class teachers in the first instance to resolve any issues. Should you feel you need to escalate the issue, please contact:

Miss Coffee (Assistant Head) if your child is in Y5 or Y6 – rcottee@compassps.uk

Mrs Breen (Assistant Head) if your child is in Y3 or Y4 – kbreen@compassps.uk

RECENT LETTERS INCLUDING NEWSLETTERS – MANY OF OUR LETTERS ARE AVAILABLE ON THE WEBSITE

All communication will be sent through Bromcom. Please ensure that you have given us a current email address. Issues with Bromcom communication should be emailed [to jrcontact@compassps.uk](mailto:tojrcontact@compassps.uk)

- 12.11.24 Letter from UKHSA and ECC: Circulation of measles
- 19.11.24 Adverse weather plan
- 27.11.24 Alec Hunter Taster Sessions for Year 5 Pupils (Y5 only)
- 06.01.25 HappyDays School Photography Subscriptions (All) - deadline to sign up 20.01.25
- 06.01.25 National Child Measurement Programme (Y6 only)
- 08.01.25 Hemisphere pupil survey (Y5 and Y6 only)
- 09.01.25 Support Sessions for Families (All)
- 14.01.25 Teaching arrangements for 4B (4B only)
- 22.01.25 KEGS Open Day Events (Y5 boys only)
- 27.01.25 Y5 day trip- letter to express interest
- 29.01.25 Leavers Hoodies (Y6 only)
- 22.04.25 Ofsted report publication

Dates for the academic year 2024-2025 (new dates in red)

[Please see the website for the term dates](#)

Class photos have changed from 25th June to 2nd of July

Summer Term 2025

- 28.04.25 After school clubs start
- 12.05.25 SATS week (Y6 only)
- 13.05.25 & 14.05.25 One Plan meetings for children on SEN register
- 20.05.25 Year 6 Mersea residential meeting 5pm
- 22.05.25 Sports day and parent picnic. All children to wear PE kit please
- 26.05.25 Half term
- 02.06.25 Multiplication check starts for 3 weeks (Y4 only)
- 02.06.25 Children return to school
- 05.06.25 Reserve Sports day in case of poor weather
- 11.06.25-13.06.25 Mersea residential (Y6 only)
- 27.06.25 Summer fete (Please note change of date)

02.07.25 Class photos (children who have PE on this day should come into school in school uniform and bring PE kits in a separate bag)

07.07.25 Last week for clubs

08.07.25 Children to spend time with their new teacher

10.07.25 Annual reports sent out

11.07.25 Y6 leavers' disco

15.07.24 Y6 production to parents 1:45 and 4:30pm 6L and 6G

16.07.25 Open afternoon drop in for current parents *from 3:30pm – 4.30pm*

17.07.25 Y6 production to parents 1:45 and 4:30pm 6O and 6R

18.07.25 Last day of term

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com. Trigger Warning: This guide contains mention of suicide, which may be distressing for some readers.

What Parents & Educators Need to Know about MAKING FRIENDS ONLINE

In today's digital world, it's increasingly common for children to form friendships with people they've never met in person. While online connections can offer children a sense of belonging, they also carry significant risks. Around 19% of children aged 10 to 15 in England and Wales have chatted online with someone they've never met face to face. This guide offers expert advice for parents and educators on helping children navigate online friendships safely.

WHAT ARE THE RISKS?

ONLINE GROOMING THREATS

Predators can use games, chat apps or social media platforms to build relationships with children and gain their trust. This may quickly develop into grooming or exploitation. Between April 2017 and March 2023, UK police recorded nearly 34,000 online grooming offences – an 82% increase in just five years.

EXPOSURE TO INAPPROPRIATE CONTENT

Children may encounter distressing or explicit material while interacting with online contacts – especially via TikTok, Instagram or Snapchat. This is evidenced in a survey by the Children's Commissioner for England, which found that 45% of children aged 8 to 17 had seen content online that made them feel uncomfortable, worried or upset.

PRIVACY AND DATA RISKS

Children and young people often overshare personal details – such as where they live or go to school – without understanding the consequences. In fact, 4.4% of 10 to 15-year-olds in the UK have met up in real life with someone they'd only spoken to online.

COMPROMISED PERSONAL SAFETY

Meeting an online 'friend' in real life risks placing a child in serious danger. From abduction to coercion, the consequences can be devastating. Reports of children being harmed after such meetings are becoming increasingly common in the UK, highlighting the need for safeguarding intervention.

PSYCHOLOGICAL DISTRESS

Online harm – such as cyberbullying, grooming or exposure to disturbing content – can lead to long-term emotional issues, including anxiety, depression and PTSD. 'Sexortion' gangs, who threaten to release sexual information about a person unless they pay them money, have reportedly targeted children as young as 11, leaving them traumatised and ashamed.

LONG-TERM REPERCUSSIONS

Children exposed to harmful online relationships early on may develop unhealthy beliefs about relationships, consent, or self-worth. In a recent case, a 26-year-old posed as a girl on Snapchat to befriend children aged 10 to 16, manipulating them into sexual activity and causing profound emotional distress. One 12-year-old tragically died by suicide, highlighting the long-term psychological harm online friendships with strangers can cause.

26 FRIENDS ONLINE NOW

Advice for Parents & Educators

TEACH SAFE ONLINE HABITS

Help children understand how to use privacy settings, protect their personal information, spot fake profiles, and report anything suspicious or concerning, like pressure tactics. Encourage them to think critically about what they share – and whom they're talking to.

ENCOURAGE REAL-WORLD CONNECTIONS

Support children in building friendships through school, clubs, hobbies and activities in the real world. Strong offline relationships help reduce children's reliance on online platforms for social interaction, and can help them develop resilience and social confidence.

KEEP CONVERSATIONS OPEN

Let children know they can talk to you about their online life. Avoid reacting with anger or judgement, as this may prevent them from opening up in the future. A child who feels listened to is more likely to disclose problems before they escalate.

USE PARENTAL CONTROLS

Parental control settings on devices, games and apps can help manage screen time, filter out inappropriate content, and monitor activity. While no system is perfect, they provide a valuable layer of protection as children explore digital spaces.

Meet Our Expert

Gabriella Russo is a safeguarding consultant with over 30 years' experience in supporting children, families, and adults across education, local authority, and mental health settings – both in the UK (including at Parliamentary level) and internationally.



#WakeUpWednesday

The National College

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@wake.up.weds

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SWIM
BIKE
RUN

Local

GET INVOLVED,
SCAN HERE



BIKE AND RUN EVENTS 2025

The minimum
distance to cycle
and run is 1km.

In partnership with British Triathlon

When?

Saturday 5th April 9:30am - 11am
Saturday 3rd May 9:30am - 11am
Saturday 7th June 9:30am - 11am
Saturday 5th July 9:30am - 11am
Saturday 2nd Aug 9:30am - 11am

Who?

For families and suitable for age 6+ who want to participate in non-competitive cycling and running.

Equipment?

Participants only need to bring their own bikes for the family session. Adults only session can use our spin bikes. Participants need to wear suitable footwear.

Where?

At Braintree Sport and Health Club
Panfield Lane, Braintree, Essex
CM71FF

Attend two sessions before 5th July to be entered into the prize draw, the lucky winner will receive an amazing goodie bag packed with fitness treats worth over £100, plus a £50 Halfords voucher!



Braintree
District Council

fusion

Super Star Sport – May Half-Term Holiday Camps

Looking for something fun and active for the kids this May half-term?

Super Star Sport are running their popular **Holiday Camps from Tuesday 27th to Friday 30th May**, packed with exciting activities like Ninja Warrior challenges, Olympic Sports Day, water games, and more!

It's the perfect way to keep children **fit, healthy, active and smiling** over the break.

👉 **Book your child's place here:** <https://super-star-sport-uk-2.classforkids.io/camp/291>

The poster features a vibrant background with children playing soccer on a grassy field. A woman in a purple jacket is shown in a circular inset, smiling. The text is set against a purple and white background with sports-related icons like soccer balls and a goal. The overall design is bright and energetic, appealing to parents and children alike.

SUPER STAR SPORT

MAY HALF-TERM CAMP

Notley Green Primary School
Venue: Notley Green Primary School,
Blickling Rd, Braintree, CM77 7ZJ

Tue 27th May - Fri 29th May

FULL DAY: £27 per day £98 for the week Year 1 - 7 9AM - 3PM	HALF DAY: £16 per day Reception
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SCAN HERE

To Book:
Visit www.superstarsport.co.uk 'Book Now'
For more information call 01992 766 707

MAY CAMP ITINERARY 2025 | WEEK 1

Monday 26th May – Bank Holiday (No Camp)
 Tuesday 27th May – Friday 30th May

Times: 09:00 – 15:00
 Price: £27 per day | £98 for the full week

	TUE 27 th MAY OLYMPIC SPORTS DAY	WED 28 th MAY NINJA WARRIOR DAY	THU 29 th MAY WATER SPORTS DAY	FRI 30 th MAY DRESS-UP PARTY DAY
09:00-09:30	Registration and arrival activities	Registration and arrival activities	Registration and arrival activities	Registration and arrival activities
09:30-10:30	Activity 1: Gymnastics / Football / Multisports	Obstacle Courses & Ninja Skills	Multi Sports (Soft Archery, Speed & Agility Games)	Activity 1: Multisports
10:30-10:45	Break time	Break time	Break time	Break time
10:45-11:45	Activity 2: Basketball / Tennis	Ninja Warrior Games	Dodgeball	Activity 2: Football / Camp Games
11:45-12:15	STEM Activity: Olympic Lego Building	STEM Activity: Piñata Challenge	STEM Activity: Water Relay Game	STEM Activity: Design Your Superhero Mask
12:15-13:15	Lunch and half-day booking collection	Lunch and half-day booking collection	Lunch and half-day booking collection	Lunch and half-day booking collection
13:15-14:00	Activity 3: Rounders	Ninja Dodgeball	Water Dodgeball (with safe water balloons!)	Activity 3: Party Games & Competitions
14:00-14:45	Team games and tournaments	Team Games: Dodgeball	Age-appropriate water fight	Dance Off & Celebration
14:45-15:00	Review and home time	Review and home time	Review and home time	Review and home time

Early Bird Discount code for flyers and schedule please **XCF216**
 Expires: Sat 26 Apr 2025, 11:59pm

Code Club

Braintree Library
Wednesdays, 3.30-4.30pm

- Do you have a favourite computer game?
- Would you like to learn how to make your own computer games?
- Learn how to make cool games, animations and websites!



Suitable for ages 9-13

For further information contact
Essex Libraries on 0345 603 7628
or visit libraries.essex.gov.uk/events





Empower Yourself with Essential First Aid Skills

Join our **FREE** Family First Aid sessions to gain the knowledge and confidence to handle common emergencies. Ensure your loved ones are safe with practical skills.


Course Highlights

Everyday first aid techniques, Confidence to act swiftly

Why Attend?

Empower yourself, Connect with local parents and carers, Ensure your family's safety

 When: Book now for sessions taking place March to July 2025

 Where: Chelmsford, Colchester, or Witham

Don't miss out—sign up today!

Visit our website [aclessex.com](https://www.aclessex.com) and type 'Family First Aid' in to the 'Find a course...' box

COMMUNITY &
FAMILY LEARNING

