

# John Ray Times

**Our Core Values: Hope, Perseverance, Trust, Courage, Respect, Responsibility**

6<sup>th</sup> May 2025

Phone: 01376 324107 Email: [jrcontact@compassps.uk](mailto:jrcontact@compassps.uk) Website: [www.johnray.compassps.uk](http://www.johnray.compassps.uk)



@johnrayjuniors



@

[facebook.com/johnraycompassps](https://facebook.com/johnraycompassps)

## Online learning links

 <a href="#">Accelerated Reader</a>	 <a href="#">Century Tech</a>	 <a href="#">TTRockstars</a>	 <a href="#">Nessy</a>
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For uniform orders visit: [Absolute Embroidery](#), or visit the shop at Panfield Lane

For information on Food Bank vouchers email: [mkeegan@compassps.uk](mailto:mkeegan@compassps.uk)

For second hand uniform requests email: [rcottee@compassps.uk](mailto:rcottee@compassps.uk)

Breakfast club queries email: [hwiltshire@compassps.uk](mailto:hwiltshire@compassps.uk)

School dinner menus are on our website:

12.05.25 week 1, 19.05.25 Week 2 05.05.25 Week 3

On Thursday 8<sup>th</sup> May 2025, we have a special VE Day 80<sup>th</sup> Anniversary. Please click [here](#) to view.

On Thursday 15<sup>th</sup> May 2025, we have a special Mexican day. Please click [here](#) to view the menu.

### Zones of Regulation

The ZONES of Regulation

Blue Zone Sad Bored Tired Sick	Green Zone Happy Focused Calm Proud	Yellow Zone Nervous Frustrated Silly Embarrassed	Red Zone Overjoyed/Elated Furious Anxious Terrified

### School Attendance Difficulties



### Supporting Anxiety

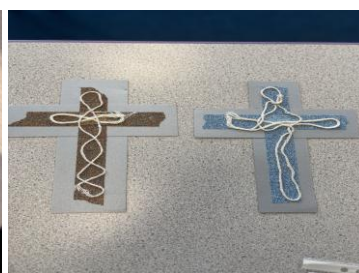


### **My Happy Mind Parent App**

To access these materials just go to <https://myhappymind.org/parent-resources> and enter your name, email and authentication code emailed to you in the letter sent on 23.09.24.

### **CYO visitors to year 5**

Over the past two weeks, year 5 have enjoyed an RE workshop led by Sheena and Katie. They have been learning all about the importance of Easter to Christians and have made crosses from different countries around the world. During their session, they looked at crosses from Scotland, Finland, Ethiopia and Jerusalem. All the children showed excellent engagement and perseverance. Sheena and Katie commented on the focus and beautiful behaviour shown by all of the year 5 children.



### Girls' and boys' football

The girls' football team had their first two games last week. They took part in competitive matches against White Court and Great Bradfords. They have started the season well with all girls working together as a team and getting stuck in with the game. Well done!

The boys' football team played their second match against Great Bradfords last week. It was a very close game with all the boys on the team working well together and staying positive throughout.

**Special menu: VE Day 80<sup>th</sup> Anniversary (8<sup>th</sup> May) & Special menu: Mexican Census Day Menu (15<sup>th</sup> May)**

**No jacket potatoes or pasta available on 8<sup>th</sup> May**



### One Plans

One Plan meeting dates for children on the SEN register have changed to the following:

17.06.25 all classes.

18.06.25 3C & 5W only.

19.06.25 All classes except 3C & 5W.

To book your child's One Plan, please use your MCAS App and select 'parent's evening'.

If you need help to book, please contact the school office.

### SEN Local Offer

Our SEN Local Offer is amended and published at the end of each academic year. It has the information on provision and processes across the school and the SENCo contact details: [John Ray Junior School - SEND Local Offer \(compassps.uk\)](#).

### SEND Local Offer Newsletter

There are lots of activities and events for children with SEND on the Essex Local Offer and from the Local Offer website – sign up here to read more: [Stay up to date with the Essex Local Offer newsletter | Essex Local Offer](#).

This includes our New POP Essex website and location: [POP Essex • SEN Stay & Play And Respite In Braintree, Essex \(pop-essex.org\)](#).

Summer term SEN road show dates:

Tuesday 17 June at POP Essex Braintree, Mid

- Thursday 19 June at Greensward Academy, Hockley, South
- Tuesday 24 June at Tiptree Community Hall, North East
- Thursday 26 June at Zinc Arts Centre Ongar, West

### STUDENT ACHIEVEMENTS

Don't forget we would love to hear about any children who have been awarded badges or certificates for activities they do outside of school. Please email class teachers with your child's achievements.

Football players' of the match: Lucas 3P, Dominic 5W, Jan 5E, Oscar 5W, Albert 5W, Blessed 5E, Daniel 4B, Victor 6R, Jacob 5W. Captain's armband: Owen 4T

Swimming: Paris 3C stage 6, Owen 4T stage 5, Elana 3C stage 2

Talent show: Summer 4T

Tennis: Eive 3P

Gymnastics Adam 5W gold on bars, vault, floor and vault.

Running: Xavier 5K

Golf: Leo 3W

Boxing: Taylor 6G best boxer

### Stars of the Week

Each week, class teachers will choose a member of their class to be star of the week. Children who are chosen will have their name added in this section of the newsletter.

<b>3C: Daniel</b>	<b>4B: Faith</b>	<b>5B: Max</b>	<b>6G: Poppy B</b>
<b>3D: Frankie</b>	<b>4CB: The whole class</b>	<b>5E: Amir</b>	<b>6L: Ethan</b>
<b>3P: Kerym</b>	<b>4J: Tsolaye</b>	<b>5K: Taliah</b>	<b>6O: The whole</b>
<b>3W: Liana</b>	<b>4T: Matas</b>	<b>5W: The whole class</b>	<b>6R:</b>

### PE Days

Children need to come into school on PE days in their PE kit. Children will need an outdoor PE kit i.e., black tracksuit bottoms (or shorts in warmer weather), white T-shirt and a black fleece / tracksuit top.

**We are noticing more children coming to school on PE days in wear that is not PE uniform. Please ensure that children have a plain white T-shirt and black shorts or tracksuit bottoms. We may ask children to change into any spare PE that we have in school if they do not come to school dressed appropriately.**

Monday: Y3, Y6

Tuesday: Y5, 6L, 6G, 6R

Wednesday: Y4, 5B

Thursday: Y3, 4B, 5E, 5K, 6O

Friday: 4J, 4CB, 4T, 5W

Please remember that children must remove earrings to participate in PE lessons. Taping over earrings is not permitted.

**PE kit is black joggers / shorts and a black hoodie or sweatshirt with a white T shirt along with trainers.**

We expect that children will either wear one of the black John Ray logo hoodies from our supplier or a plain black hoodie/sweatshirt and plain black joggers on the two days a week that your child has PE.

### **CASHBACK WHEN SHOPPING ONLINE**

The Friends of JRI and JRJ have created a cash back account through **Easy Fundraising**. This is a fantastic way to raise much needed extra funds to support both schools.

The link below can be used for you to register:

<https://www.easyfundraising.org.uk/invite/47ha4n/>

Once registered, for ease, you can download the app. Every time you shop from the app, across over 4000 online retailers, our schools earn cash back. It's free to join and includes top names like eBay, Argos, Iceland and John Lewis. You can share this link with friends and family members too. A letter with more information can be found on our [website](#).

### **Safeguarding**

#### **Are you worried about a child?**

As a school, we consider safeguarding to be a priority. We welcome parents and carers talking openly to us about their concerns for the safeguarding of children and families. **Remember, safeguarding is everyone's responsibility.** If you have any concerns about a child, you can contact one of our Designated Safeguarding Leads via the school office. Please ask to speak to Karen Harrison, Rachel Cottee or Meriel Keegan and specify that you have a safeguarding concern. If you are worried about a child or young person, you can call the NSPCC helpline for support and advice for free on [0808 800 5000](tel:08088005000). If a child is in immediate danger, you should call 999.

Children can call [Childline](#) at any time on [0800 1111](tel:08001111)



### National Online Safety: What parents and carers need to know about Zepeto

ZEPETO is a hugely popular social app where users create custom avatars to explore virtual worlds, play games and chat with others. With millions of active players worldwide, it offers an engaging digital experience – but not without its concerns, especially for younger users.

ZEPETO's vibrant world of custom outfits, interactive spaces and daily challenges might appeal to children – but those same features come with risks. From unfiltered chats and stranger danger to the temptation of in-app purchases, there's plenty for parents to be aware of.

We've created this free guide offering parents and educators an overview of the associated risks of ZEPETO and what you can do to keep young people safe when having fun online.

[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com)

### CLASS TEACHERS' EMAIL ADDRESSES

We understand that for many people email is a quick and efficient way of communicating and we are therefore happy to provide class teachers' email addresses. Although email is a quick and easy way for parents to communicate with staff, matters that require urgent attention should be communicated via the school office. Staff are not expected to respond to emails after 5pm, during weekends/holidays or when off work due to sickness. A parental agreement relating to email communication with teachers is available from the school office or on our website under the communication tab. **Please note: Miss O'Sullivan now has a new email address.**

Year 3	Year 4
3C: cwaspe1@compassps.uk 3D: dcasey@compassps.uk 3P: sphillips@compassps.uk 3W: zwatson@compassps.uk	4B: wnicholls@compassps.uk 4CB: hcollier-brown@compassps.uk 4J: jbreannan@compassps.uk 4T: tbeeson@compassps.uk, kbreen@compassps
Year 5	Year 6
5B: hbreeze@compassps.uk 5E: cellis@compassps.uk 5K: kbrighton@compassps.uk 5W: awilson1@compassps.uk, rcottee@compassps.uk	6G: ngibson@compassps.uk 6L: jlarbalestier@compassps.uk 6O: cosullivan1@compassps.uk 6R: rroberts@compassps.uk

Please contact class teachers in the first instance to resolve any issues. Should you feel you need to escalate the issue, please contact:

**Miss Coffee (Assistant Head) if your child is in Y5 or Y6** – [rcottee@compassps.uk](mailto:rcottee@compassps.uk)

**Mrs Breen (Assistant Head) if your child is in Y3 or Y4** – [kbreen@compassps.uk](mailto:kbreen@compassps.uk)

### **RECENT LETTERS INCLUDING NEWSLETTERS – MANY OF OUR LETTERS ARE AVAILABLE ON THE WEBSITE**

All communication will be sent through Bromcom. Please ensure that you have given us a current email address. Issues with Bromcom communication should be emailed [to jrcontact@compassps.uk](mailto:jrcontact@compassps.uk)

12.11.24 Letter from UKHSA and ECC: Circulation of measles

19.11.24 Adverse weather plan

27.11.24 Alec Hunter Taster Sessions for Year 5 Pupils (Y5 only)

06.01.25 HappyDays School Photography Subscriptions (All) - deadline to sign up 20.01.25

06.01.25 National Child Measurement Programme (Y6 only)

08.01.25 Hemisphere pupil survey (Y5 and Y6 only)

09.01.25 Support Sessions for Families (All)

14.01.25 Teaching arrangements for 4B (4B only)

22.01.25 KEGS Open Day Events (Y5 boys only)

27.01.25 Y5 day trip- letter to express interest

29.01.25 Leavers Hoodies (Y6 only)  
22.04.25 Ofsted report publication  
02.05.25 Sports Day

**Dates for the academic year 2024-2025 (new dates in red)**  
[Please see the website for the term dates](#)

**Class photos have changed from 25<sup>th</sup> June to 2<sup>nd</sup> of July**

**One Plan meetings have changed from 13.05.25 & 14.05.25 to 17.06.25 all classes & 19.06.25 All Classes except 3C & 5K. 18.06.25 3C & 5K only.**

### **Summer Term 2025**

12.05.25 SATS week (Y6 only)  
~~13.05.25 & 14.05.25 One Plan meetings for children on SEN register~~  
20.05.25 Year 6 Mersea residential meeting 5pm  
22.05.25 Sports day and parent picnic. All children to wear PE kit please  
  
26.05.25 Half term  
  
02.06.25 Multiplication check starts for 3 weeks (Y4 only)  
02.06.25 Children return to school  
05.06.25 Reserve Sports day in case of poor weather  
11.06.25-13.06.25 Mersea residential (Y6 only)  
**17.06.25 - One Plan meetings for children on SEN register – All classes**  
**18.06.25 - One Plan meetings for children on SEN register – 3C & 5K only**  
**19.06.25 - One Plan meetings for children on SEN register – All classes except 3C & 5W**  
27.06.25 Summer fete (Please note change of date)  
  
02.07.25 Class photos (children who have PE on this day should come into school in school uniform and bring PE kits in a separate bag)  
07.07.25 Last week for clubs  
08.07.25 Children to spend time with their new teacher  
10.07.25 Annual reports sent out  
11.07.25 Y6 leavers' disco  
15.07.24 Y6 production to parents 1:45 and 4:30pm 6L and 6G  
  
16.07.25 Open afternoon drop in for current parents *from 3:30pm – 4.30pm*  
17.07.25 Y6 production to parents 1:45 and 4:30pm 6O and 6R  
18.07.25 Last day of term

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](https://nationalcollege.com).

## What Parents & Educators Need to Know about

# ZEPETO

AGE RESTRICTION  
**14+**

ZEPETO is a fast-growing app blending social networking with a virtual world experience – attracting around 20 million monthly users, with 15% from Europe. Players create 3D avatars to explore immersive environments, play games and interact with others; however, with minimal safety controls, anonymous chat and monetised content, ZEPETO poses a number of online safety concerns that parents and educators should be aware of.

### WHAT ARE THE RISKS?

#### NO PARENTAL CONTROLS

Although ZEPETO is intended for users aged 14 and up, it lacks built-in parental controls or age verification, instead relying on safety features on the device it's played on. This lack of a parental controls feature raises concerns about whom children may be interacting with on the platform.

#### INAPPROPRIATE CONTENT

As a mix between a virtual world and a social media platform, ZEPETO features a wide range of user-generated content. Some areas may reference mature themes, such as TV series aimed at adults, or include inappropriate material created by other users – all of which children may stumble across without warning.

#### STRANGER DANGER

By default, users can message and interact with anyone else. This open communication creates an environment where predatory individuals can pose as peers to gain trust, potentially leading to grooming, scams, and exploitation, such as blackmail.

Hi there...

#### CYBERBULLYING RISKS

As with many social platforms, children can be targeted for bullying, harassment or exclusion by both strangers and their peers. Unfiltered chat and avatar-based interaction can allow bullying and other forms of harassment to continue, impacting children's wellbeing and mental health.

#### ADDICTIVE GAMEPLAY

Daily log-in rewards, such as coins, and in-game incentives can encourage compulsive behaviour, with some users feeling pressure to check in constantly to avoid missing out. This can lead to excessive screen time and conflict with schoolwork or offline hobbies or commitments.

#### SPENDING REAL MONEY

While the game is free to play, ZEPETO includes a store offering virtual clothing and accessories for avatars. These items are bought with 'ZEMs' – a paid currency – and the appeal of exclusive items or branded collaborations can make it easy for children to overspend.

## Advice for Parents & Educators

#### ENABLE PRIVACY SETTINGS

Visit the child's profile settings to restrict who can send messages – options include Everyone, Followers Only, or No-one. Encourage children to avoid sharing any personal information on their profile, as this is visible even on private accounts.

#### LIMIT IN-APP TIME

Use parental controls on Android (Google Family Link) or iOS (Screen Time) to restrict app usage by setting hours or daily limits. Encouraging breaks can help children develop healthier habits and reduce app dependency.

#### CONTROL SPENDING

To prevent accidental purchases, set up purchase approval systems such as Apple's Ask to Buy or Google's Purchase Approvals. Alternatively, consider removing payment methods or using pre-paid cards with set budgets.

#### HAVE REGULAR CONVERSATIONS

Talk openly with children about whom they interact with online and the kinds of things they see or experience. Encourage them to speak up if someone makes them uncomfortable or if they come across inappropriate content. Teach them how to recognise red-flag behaviours such as asking for secrets, giving gifts, or requesting personal information.

#### Meet Our Expert

Alan Martin is an experienced technology journalist who has written for the likes of Wired, TechRadar, The Telegraph, The Evening Standard, The Guardian and The New Statesman.



#WakeUpWednesday

The National College

[@wake\\_up\\_weds](https://twitter.com/wake_up_weds)

[/www.thenationalcollege](https://www.thenationalcollege.com)

[@wake.up.wednesday](https://www.instagram.com/wake.up.wednesday)

[@wake.up.weds](https://www.youtube.com/channel/UC...)

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 16.04.2025

SWIM  
BIKE  
RUN

Local

GET INVOLVED,  
SCAN HERE



## BIKE AND RUN EVENTS 2025

The minimum  
distance to cycle  
and run is 1km.

In partnership with British Triathlon

### When?

Saturday 5th April 9:30am - 11am  
Saturday 3rd May 9:30am - 11am  
Saturday 7th June 9:30am - 11am  
Saturday 5th July 9:30am - 11am  
Saturday 2nd Aug 9:30am - 11am

### Equipment?

Participants only need to bring their own bikes for the family session. Adults only session can use our spin bikes. Participants need to wear suitable footwear.

### Who?

For families and suitable for age 6+ who want to participate in non-competitive cycling and running.

### Where?

At Braintree Sport and Health Club  
Panfield Lane, Braintree, Essex  
CM71FF

Attend two sessions before 5<sup>th</sup> July to be entered into the prize draw, the lucky winner will receive an amazing goodie bag packed with fitness treats worth over £100, plus a £50 Halfords voucher!



Braintree  
District Council



fusion

## **Super Star Sport – May Half-Term Holiday Camps**

Looking for something fun and active for the kids this May half-term?

Super Star Sport are running their popular **Holiday Camps from Tuesday 27th to Friday 30th May**, packed with exciting activities like Ninja Warrior challenges, Olympic Sports Day, water games, and more!

It's the perfect way to keep children **fit, healthy, active and smiling** over the break.

👉 **Book your child's place here:** <https://super-star-sport-uk-2.classforkids.io/camp/291>



# MAY HALF-TERM CAMP

## Notley Green Primary School

Venue: Notley Green Primary School,  
Blickling Rd, Braintree, CM77 7ZJ

**Tue 27<sup>th</sup> May - Fri 29<sup>th</sup> May**

**FULL DAY:**  
£27 per day  
£98 for the week  
Year 1 - 7  
9AM - 3PM

**HALF DAY:**  
£16 per day  
Reception

**SCAN HERE**



### To Book:

Visit [www.superstarsport.co.uk](http://www.superstarsport.co.uk) 'Book Now'  
For more information call 01992 766 707



# MAY CAMP ITINERARY 2025 | WEEK 1

Monday 26<sup>th</sup> May – Bank Holiday (No Camp)  
 Tuesday 27<sup>th</sup> May – Friday 30<sup>th</sup> May

Times: 09:00 – 15:00  
 Price: £27 per day | £98 for the full week

	<b>TUE</b> 27 <sup>th</sup> MAY OLYMPIC SPORTS DAY	<b>WED</b> 28 <sup>th</sup> MAY NINJA WARRIOR DAY	<b>THU</b> 29 <sup>th</sup> MAY WATER SPORTS DAY	<b>FRI</b> 30 <sup>th</sup> MAY DRESS-UP PARTY DAY
<b>09:00-09:30</b>	Registration and arrival activities	Registration and arrival activities	Registration and arrival activities	Registration and arrival activities
<b>09:30-10:30</b>	Activity 1: Gymnastics / Football / Multisports	Obstacle Courses & Ninja Skills	Multi Sports (Soft Archery, Speed & Agility Games)	Activity 1: Multisports
<b>10:30-10:45</b>	Break time	Break time	Break time	Break time
<b>10:45-11:45</b>	Activity 2: Basketball / Tennis	Ninja Warrior Games	Dodgeball	Activity 2: Football / Camp Games
<b>11:45-12:15</b>	STEM Activity: Olympic Lego Building	STEM Activity: Piñata Challenge	STEM Activity: Water Relay Game	STEM Activity: Design Your Superhero Mask
<b>12:15-13:15</b>	Lunch and half-day booking collection	Lunch and half-day booking collection	Lunch and half-day booking collection	Lunch and half-day booking collection
<b>13:15-14:00</b>	Activity 3: Rounders	Ninja Dodgeball	Water Dodgeball (with safe water balloons!)	Activity 3: Party Games & Competitions
<b>14:00-14:45</b>	Team games and tournaments	Team Games: Dodgeball	<b>Age-appropriate water fight</b>	Dance Off & Celebration
<b>14:45-15:00</b>	Review and home time	Review and home time	Review and home time	Review and home time

Early Bird Discount code for flyers and schedule please **XCF216**  
 Expires: Sat 26 Apr 2025, 11:59pm

# Code Club

**Braintree Library**  
**Wednesdays, 3.30-4.30pm**

- Do you have a favourite computer game?
- Would you like to learn how to make your own computer games?
- Learn how to make cool games, animations and websites!



**Suitable for ages 9-13**

For further information contact  
Essex Libraries on 0345 603 7628  
or visit [libraries.essex.gov.uk/events](http://libraries.essex.gov.uk/events)





### **Empower Yourself with Essential First Aid Skills**


Join our **FREE** Family First Aid sessions to gain the knowledge and confidence to handle common emergencies. Ensure your loved ones are safe with practical skills.


#### **Course Highlights**

Everyday first aid techniques, Confidence to act swiftly

#### **Why Attend?**

Empower yourself, Connect with local parents and carers, Ensure your family's safety

 When: Book now for sessions taking place March to July 2025

 Where: Chelmsford, Colchester, or Witham

Don't miss out—sign up today!

Visit our website [aclessex.com](https://www.aclessex.com) and type '**Family First Aid**' in to the 'Find a course...' box

**COMMUNITY &  
FAMILY LEARNING**

