

# John Ray Junior School

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22<sup>nd</sup> June 2026

## Kentwell Hall trip – Heatwave considerations

Dear parents/carers,

As you are aware, Year 5 are visiting Kentwell Hall on Wednesday and Thursday this week. As a school, before any trip takes place, we must complete a risk assessment to identify potential risks or hazards that we may encounter. As part of the risk assessment this week, we have of course, taken into consideration the current heatwave and the additional precautions we must take to keep our children and staff safe and well.

I visited Kentwell Hall on Sunday with the heatwave precautions in mind. As a result, I have provided all of the adults going with additional information including a map with points of shade indicated and the extra precautions that we will be taking. These are:

- drink stops every 20-30 minutes (water bottles can be refilled);
- sunscreen to be applied hourly by children;
- as much time in the shade as possible (there are plenty of trees!);
- time in the Hall to be taken at the beginning of the day when it is at its coolest;
- a slow pace moving around the site- no running or over-exertion;
- some quiet activities in the shade for the hottest part of the day;
- no more than ten minutes in the sun at a time.

### In addition to these precautions, we need you to ensure that your child has:

- sunscreen applied at home in the morning before the trip;
- a bottle of named sunscreen and the knowledge of how and where on their bodies to apply it;
- at least 2 bottles of water/squash- one preferably frozen;
- a named hat with a brim that covers their face;
- a packed lunch with food that will not perish in the heat;
- cool clothes- this can be PE kit or school shorts/skirt and the usual school polo shirts.

We will be leaving as close to 9am as possible on both Wednesday and Thursday.

With these precautions in place, I'm confident we will have a wonderful couple of days on a truly unique trip.

Yours sincerely,

Rachel Cottee