

# John Ray Times

**Our Core Values: Hope, Perseverance, Trust, Courage, Respect, Responsibility**

Monday 31<sup>st</sup> October 2022

<b>Phone:</b> 01376 324107 <b>Email:</b> <a href="mailto:jrcontact@compassps.uk">jrcontact@compassps.uk</a> <b>Website:</b> <a href="http://www.johnray.compassps.uk">www.johnray.compassps.uk</a>	
 @johnrayjuniors	 @changespjohnrayjuniors
<b>For uniform orders visit:</b> <a href="http://www.gooddies.co.uk">www.gooddies.co.uk</a>	
<b>For information on Food Bank vouchers email:</b> <a href="mailto:mkeegan@compassps.uk">mkeegan@compassps.uk</a>	
<b>For second hand uniform requests email:</b> <a href="mailto:rcottee@compassps.uk">rcottee@compassps.uk</a>	
<b>Breakfast club queries email:</b> <a href="mailto:hwiltshire@compassps.uk">hwiltshire@compassps.uk</a>	
<b>School Dinner Menus:</b> Our menus are available on our <a href="#">website</a> .	

## Learning Conferences

You will have received a letter inviting you to book an appointment for our autumn term learning conferences. Bookings open on MCAS on Wednesday 2<sup>nd</sup> November at noon. Parents of children who have had a one plan meeting or an annual review this term do not need to book an appointment. If you are unsure, please email class teachers.

## Staying Safe

Today, Andrea from Essex Fire and Rescue took assembly and spoke to the children about keeping safe during Halloween and when attending firework displays. If trick or treating, children were advised to:

Stick to well lit areas

Only visit homes that are decorated with pumpkins / Halloween decorations

Don't enter homes

Cross roads carefully

Information on firework safety including the firework code can be found on the [Essex Fire and Rescue](#) website.

## Poppy Appeal

We are expecting our annual delivery of poppies later this week and will let you when they are available to buy. As we have in previous years, we would also like to decorate one of our gates with handmade poppies. We will be reusing some that we saved from last year but would love to have more to add as a sign of respect. Instructions on how to make a poppy are below but if you could also make 2 small holes in the poppy and add some string or wool that would help us tie them to the gate securely. The edges can be sharp so children will need supervision and help with cutting. Alternatively, you could also make a waterproof poppy out of a red carrier bag. Poppies to go on the gate should be handed in to the staff on gate duty each morning.

[Plastic bottle poppies](#)

### Admission Policy Consultation

We are currently consulting on changes to our Admissions Policy for entry to our school from September 2024.

The changes we are consulting on are:

Changing the priority order for over-subscription to include children in year 2 of John Ray Infants as priority 2, and siblings of children attending John Ray Infants or John Ray Juniors, as priority 3.

The proposed policy is on our website under the 'about us' section.

Please send any comments or feedback by midday on 8th December to [Contact@compassps.uk](mailto:Contact@compassps.uk) or call the school directly on 01376 324107

### Breakfast club

The booking system for breakfast club spaces for this half term is now closed. If you need to book your child onto breakfast club until the Christmas holidays, please contact the school office and Mrs Wiltshire or Miss Jones will be able to book your child in. Due to the increasing number of children attending breakfast club we are unable to have children that have not booked just turn up on the day. This is so that we can make sure that we have the correct number of staff for the children.

### Break the rules day- 21<sup>st</sup> October

Thank you for your support with the PTA Break the Rules day. We raised an amazing £309!

### Speech and language concerns - The Afasic Helpline

#### Helpline for Advice on SLCN

Are you concerned that your child is not talking or not saying as much as other children of their age? Do they need to speak to someone who understands and can help? Then please contact the Afasic Helpline today. They offer a 'listening ear' if you just want to talk to someone who understands. No query is too small or too silly. The number is 0300 666 9410 and the opening hours are Monday and Wednesday, 10:30am to 4pm.

### STUDENT ACHIEVEMENTS

Don't forget we would love to hear about any children who have been awarded badges or certificates for activities they do outside of school. Please email class teachers with your child's achievements.

Well done to:

Maddison in 6R who was football player of the match at the weekend.



These children who were also football players of the match: Frankie 6CB, Conner 6R, Bailey 6CB, Alfie 5B. Congratulations to Maya in 3P who took part in a football tournament. Well done to Albie and Jake who won their football match. Maddison in 5C for achieving gymnastics level 3 and Amelia in 5B who was 1<sup>st</sup> in a gymnastic competition. Freddie in 3B was 12<sup>th</sup> at go-karting.

Well done to:

Millie in 4S who has been litter picking at the front of JRI, JRJ and Notley High filling up 4 bags of rubbish. Well done Millie. Amelia in 4C for taking part in national tennis competition. Lily-Rose in 4C and Antoni in 4A who were 3<sup>rd</sup> and 2<sup>nd</sup> respectively in a karate competition. Also taking part in karate tournaments were: Tilly, Megan and Lila in 5C / 5B and Harrison in 5T. Isaac 3B was student of the week at Kung Fu. Antoni in 4A who was 2<sup>nd</sup> in a karate tournament. Alfie in 4WY who has achieved grade 5 in swimming and Harry in 3B who has moved up 2 stages in swimming! Isabelle in 3U has gained lots of Rainbow badges and has achieved her bronze award. Sophie in 3B has now taken her Brownie promise.

### Stars of the Week

Each week, class teachers will choose a member of their class to be star of the week. Children who are chosen will have their name added in this section of the newsletter.

3A: Amelia	4A: Pippa	5B: Jack	6B:
3B: Nora	4C: Charlie	5C: Jade	6CB: Freya
3P: Cai	4S: Harvey	5G: Mrs Heath and Miss Clark	6E: Ella
3U: Scarlett	4WY: Freya	5T: Emelia	6R:

### PE Days

Children need to come into school on PE days in their PE kit. Children will need an outdoor PE kit i.e., black tracksuit bottoms (or shorts in warmer weather), white T-shirt and a black fleece / tracksuit top.

3A, 3U, 3P	Tuesday and Thursday
3B	Tuesday and Wednesday
4S, 4C, 4A	Monday and Wednesday
4WY	Wednesday and Thursday
Year 5	Tuesday and Friday
6R, 6E, 6B	Wednesday and Friday
6CB	Wednesday and Thursday

Please remember that children must remove earrings to participate in PE lessons. Taping over earrings is not permitted.

**PE kit is black joggers / shorts and a black hoodie or sweatshirt with a white T shirt along with trainers.**

We expect that children will either wear one of the black John Ray logo hoodies from our supplier or a plain black hoodie/sweatshirt and plain black joggers on the two days a week that your child has PE.

### CASHBACK WHEN SHOPPING ONLINE

The Friends of JRI and JRJ have created a cash back account through **Easy Fundraising**. This is a fantastic way to raise much needed extra funds to support both schools.

The link below can be used for you to register:

<https://www.easyfundraising.org.uk/invite/47ha4n/>

Once registered, for ease, you can download the app. Every time you shop from the app, across over 4000 online retailers, our schools earn cash back. It's free to join and includes top names like EBay, Argos, Iceland and John Lewis. You can share this link with friends and family members too. A letter with more information can be found on our [website](#).

### Safeguarding

#### Are you worried about a child?

As a school, we consider safeguarding to be a priority. We welcome parents and carers talking openly to us about their concerns for the safeguarding of children and families. **Remember, safeguarding is everyone's responsibility.** If you have any concerns about a child, you can contact one of our Designated Safeguarding Leads via the school office. Please ask to speak to Karen Harrison, Rachel Cottee or Meriel Keegan and specify that you have a safeguarding concern.

If you are worried about a child or young person, you can call the NSPCC helpline for support and advice for free on [0808 800 5000](tel:08088005000). If a child is in immediate danger, you should call 999.

Children can call [Childline](tel:08001111) at any time on [0800 1111](tel:08001111)

**National Online Safety: Tips for parents / carers: Sendit**



Sendit is an add-on to Snapchat, not a standalone app: it requires users to have an active Snapchat account, which they then connect to Sendit. It's important that trusted adults realise, therefore, that any risks associated with Snapchat also affect children using Sendit. Within the app, people play question games like 'Truth or Dare' and 'Never Have I Ever': users select a question to share on their Snapchat story for their friends to reply to. All responses are anonymous, although – for paying subscribers – Sendit reveals hints about who sent which messages.

In the guide, you'll find tips on a number of potential risks such as bullying, harassment and grooming.

The guide can be found at the bottom of the newsletter and also on the National Online safety website under guides.

[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com)

### CLASS TEACHERS' EMAIL ADDRESSES

We understand that for many people email is a quick and efficient way of communicating and we are therefore happy to provide class teachers' email addresses. Although email is a quick and easy way for parents to communicate with staff, matters that require urgent attention should be communicated via the school office. Staff are not expected to respond to emails after 5pm, during weekends/holidays or when off work due to sickness. A parental agreement relating to email communication with teachers is available from the school office.

<b>Year 3</b>	<b>Year 4</b>
3A- <a href="mailto:jadams@compassps.uk">jadams@compassps.uk</a>	4A- <a href="mailto:zahsan@compassps.uk">zahsan@compassps.uk</a>
3B- <a href="mailto:bball@compassps.uk">bball@compassps.uk</a>	4C – <a href="mailto:mcheema@compassps.uk">mcheema@compassps.uk</a>
3P- <a href="mailto:sphillips@compassps.uk">sphillips@compassps.uk</a>	4S- <a href="mailto:scoleman@compassps.uk">scoleman@compassps.uk</a>
3U- <a href="mailto:ktoomey-underhill@compassps.uk">ktoomey-underhill@compassps.uk</a>	4WY- <a href="mailto:awilson1@compassps.uk">awilson1@compassps.uk</a> or <a href="mailto:syoung@compassps.uk">syoung@compassps.uk</a>
<b>Year 5</b>	<b>Year 6</b>
5B- <a href="mailto:hbreeze@compassps.uk">hbreeze@compassps.uk</a>	6B- <a href="mailto:jbird@compassps.uk">jbird@compassps.uk</a>
5C - <a href="mailto:dcasey@compassps.uk">dcasey@compassps.uk</a>	6CB- <a href="mailto:hcollier-brown@compassps.uk">hcollier-brown@compassps.uk</a>
5G- <a href="mailto:ngibson@compassps.uk">ngibson@compassps.uk</a>	6E- <a href="mailto:cellis@compassps.uk">cellis@compassps.uk</a>
5T- <a href="mailto:tbeeson@compassps.uk">tbeeson@compassps.uk</a>	6R – <a href="mailto:rroberts@compassps.uk">rroberts@compassps.uk</a>

Please contact class teacher in the first instance to resolve any issues. Should you feel you need to escalate the issue, please contact:

**Miss Cottee (Assistant Head) if your child is in Y5 or Y6 –** [rcottee@compassps.uk](mailto:rcottee@compassps.uk)

**Mrs Breen (Assistant Head) if your child is in Y3 or Y4 –** [kbreen@compassps.uk](mailto:kbreen@compassps.uk)

### RECENT LETTERS – ALSO AVAILABLE ON THE WEBSITE

All communication will be sent through Bromcom. Please ensure that you have given us a current email address. Issues with Bromcom communication should be emailed to [jrcontact@compassps.uk](mailto:jrcontact@compassps.uk)

21.10.22 Y6 height and weight letter

31.10.22 Autumn Term Learning Conferences

### DATES FOR YOUR DIARY (new dates added in red)

Autumn Term	Spring Term	Summer Term
	05.01.23 Start of term for children	17.04.23 Start of term for children

<p>09.11.22 Flu immunisations (<i>details and consent info has been emailed to parents 31.10.22</i>)</p> <p>09.11.22 8:35-9:15 Y3 parents invited into classes for a morning spelling session.</p> <p>15.11.22 Learning conferences (3:45-7pm) for children not on SEN register</p> <p>17.11.22 Learning conferences (3:45-5:30pm) for children not on SEN register</p> <p>18.11.22 Children in Need (<i>non-uniform: children can wear spots / stripes in return for a donation</i>)</p> <p>22.11.22 Y5 mobile planetarium visit (This will be held in school during normal school hours. Approx cost per pupil £6)</p> <p><b>23.11.22 Y6 Height and weight check</b></p> <p>29.11.22 3:30-4:00 4S &amp; 4WY parents invited into class for a science workshop</p> <p>01.12.22 Non uniform day in exchange for a gift for the PTA gift shop (details to follow)</p> <p>01.12.22 3:30-4:00 4A &amp; 4C parents invited into class for a science workshop</p> <p>02.12.22 Non-pupil day</p> <p>05.12.22 Last week for clubs</p> <p>08.12.22 PTA gift shop (<i>children will visit the 'shop' during the school day- details to follow</i>)</p> <p>12.12.22 3:30-4:00 Y6 parents invited into class for a science workshop</p> <p>13.12.22 Y4 &amp; Y6 Christmas dinner day (<i>Children in Y4 and Y6 can also come to school wearing a Christmas jumper and / or a Christmas accessory</i>)</p> <p>14.12.22 Y3 &amp; Y5 Christmas dinner day (<i>Children in Y3 and Y5 can also come to school wearing a Christmas jumper and / or a Christmas accessory</i>)</p> <p>19.12.22 Y3 and Y4 to walk to St Michael's church for Christmas service. (This is a pupil and staff only service &amp; will take place during the school day - children should come to school in trainers / suitable shoes for walking)</p> <p>20.12.22 Last day of term</p>	<p>09.01.23 After school clubs start</p> <p>17.01.23 &amp; 26.01.23 One Plan meetings for children on SEN register</p> <p>17.01.23 Young Voices concert at the O2 (<i>Only for children who have attended the Young Voices club</i>)</p> <p>30.01.23 2:45-3:25 5C parents invited into class for art gallery / workshop</p> <p>30.01.23 2:45-3:25 Y6 parents invited into class for a reading workshop</p> <p>31.01.23 2:45-3:25 5T parents invited into class for art gallery / workshop</p> <p>01.02.23 2:45-3:25 5G parents invited into class for art gallery / workshop</p> <p>02.02.23 2:45-3:25 5B parents invited into class for art gallery / workshop</p> <p>06.02.23 Class photos (<i>All children should come to school in school uniform and bring PE kits in a separate bag if it is a PE day</i>)</p> <p>27.02.23 3:30-4:00 5T &amp; 5C parents invited into class for a maths workshop</p> <p>02.03.23 3:30-4:00 5G &amp; 5B parents invited into class for a maths workshop.</p> <p>02.03.23 World book day (<i>Dress as a book character or bring in a prop from a book</i>)</p> <p>13.02.23 Half term</p> <p>20.02.23 Children return to school</p> <p>17.03.23 Red Nose Day (<i>Children can wear a red nose and / or non-uniform in exchange for a donation</i>)</p> <p>20.03.23 Last week for clubs</p> <p>21.03.23 Learning conferences (3:45-7pm) for children not on SEN register</p> <p>23.03.23 Learning conferences (3:45-5:30pm) for children not on SEN register</p> <p>27.03.23 3:30-4:00 Y4 parents invited into school for an art gallery</p> <p>28.03.23 3:30-4:00 5G &amp; 5C parents invited into class for music performance</p> <p>30.03.23 Y5 and Y6 to walk to St Michael's church for Easter service. (This is a pupil and staff only service</p>	<p>24.04.23 After school clubs start</p> <p>08.05.23 SATS week (<i>Y6 only</i>)</p> <p>09.05.23 &amp; 11.05.23 One Plan meetings for children on SEN register</p> <p>29.05.22 Half term</p> <p>05.06.23 Non-pupil day</p> <p>05.06.23 <a href="#">Multiplication check</a> starts for 3 weeks (<i>Y4 only</i>)</p> <p>06.06.23 Children return to school</p> <p>14.06.23-16.06.23 Mersea residential (<i>Y6 only</i>)</p> <p>03.07.23 3:30 – 4:00 Y6 parents invited into class for a geography afternoon</p> <p>10.07.23 Last week for clubs</p> <p>11.07.23 Annual reports sent out</p> <p>13.07.23 Children to spend time with their new teacher</p> <p>13.07.23 Open afternoon drop in for current parents <i>from 2:30 – 4pm</i></p> <p>18.07.23 Sports day and parent picnic (<i>parents invited from 11:45</i>)</p> <p>19.07.23 6CB and 6R Y6 production to parents 1:30 and 4:30</p> <p>20.07.23 6E and 6B Y6 production to parents 1:30 and 4:30</p> <p>21.07.23 Last day of term</p>
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	<p>&amp; will take place during the school day- children should come to school in trainers / suitable shoes for walking)</p> <p>30.03.23 3:30-4:00 5T &amp; 5B parents invited into class for music performance</p> <p>30.03.22 Y3 and Y4 Orientation day <i>(This takes place outside and on our school site as part of the geography curriculum. Children will need trainers and a warm / waterproof coat-approx cost £1.50 per pupil)</i></p> <p>31.03.22 Y5 and Y6 Orientation day <i>(This takes place outside and on our school site as part of the geography curriculum. Children will need trainers and a warm / waterproof coat-approx cost £1.50 per pupil)</i></p> <p>31.03.23 Last day of term</p>	
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## What Parents & Carers Need to Know about

# SENDIT

Sendit is an add-on to Snapchat, not a standalone app: it requires users to have an active Snapchat account, which they then connect to Sendit. It's important that trusted adults realise, therefore, that any risks associated with Snapchat also affect children using Sendit. Within the app, people play question games like 'Truth or Dare' and 'Never Have I Ever': users select a question to share on their Snapchat story for their friends to reply to. All responses are anonymous, although – for paying subscribers – Sendit reveals hints about who sent which messages.

Age rating:  
12+  
App Store  
Teen  
Google Play

However, Sendit's own terms and conditions state that it was developed for the 17+ age group

### WHAT ARE THE RISKS?

#### ANONYMOUS RESPONSES

Anonymity online encourages people to say things and act in ways that they normally wouldn't. They're less accountable, and it's harder to track who sent a message. Research has highlighted that children perceive anonymous messages as being more severe than if the same message had come from a friend. Any app that lets children communicate anonymously should be treated with caution.

#### MENTAL HEALTH IMPACT

Categories of questions such as "Ask me anything" or "Rate me" – coupled with the app's anonymity mean there is a likelihood of some friends or strangers (if the account is set to public) responding in a negative manner. These critical comments (especially if there are several) could ruin a young person's self-esteem – heightening their insecurities and affecting their mental health.

#### MEMBERSHIP COSTS

Currently costing £8.99 per week, Sendit's Diamond Membership offers clues about who sent a particular message, such as their approximate location, the type of phone used and any mutual friends. Membership also provides exclusive games and an ad-free experience. Young people may well be curious to find out who certain messages are from and therefore sign up for membership.

#### BULLYING AND HARASSMENT

Open-ended questions which relate personally to the sender are an opportunity for malicious people to make offensive remarks, which can lead to full-blown bullying and harassment. Additionally, bullies and trolls can hide behind the anonymity that Sendit offers, feeling more powerful and able to intimidate their target – who, by contrast, feels hurt, victimised and helpless.

#### POSSIBLE GROOMING

If your child doesn't have their Snapchat account set to private, or they have previously added strangers as friends, there is a possibility of predators responding to their Sendit questions. They do this in an attempt to gather information about your child – or to initiate a conversation with them, seeking ultimately to form an online 'friendship' and gain the young person's trust.

#### REPEATED ENGAGEMENT

On Sendit, users receive trophies for reaching a particular number of responses, for answering friends' questions and for posting their own. This sense of achievement could incentivise a young person to be active on Sendit more frequently – spending more time on their phone or tablet as they may naturally want to collect all of the trophies or might be competing with their peers.

## Advice for Parents & Carers

#### ENCOURAGE EMPATHY

If your child has already downloaded Sendit, it might be wise to have a discussion with them about the impact that saying something anonymously online could have on others. Encourage them to think about how they would feel if they were on the receiving end of a particular comment. Reminding them to stop and re-read messages before sending could reduce the number of regrettable situations.

#### TALK IT OVER

Before allowing a young person onto a social networking app, it's a good idea to chat with them about the possibility of receiving hurtful comments. Explain that not everyone online is nice; that people often say things they don't mean; and that posts get misinterpreted. Teach your child not to reply to any offensive users on Sendit and simply block instead them (via the three dots in the top right of the screen).

#### BLOCK IN-APP PURCHASES

Even if you do allow your child to use Sendit, you might want to consider talking to them in advance about whether they really need a membership subscription. Either way, it's probably safest to make sure that in-app purchases are blocked in the settings, or that you have configured your child's device to ask for your approval before making a purchase online.

#### ONLY PLAY WITH FRIENDS

Stress the importance of your child playing Sendit games only with their close friends and not having strangers on their contacts list. This should help to keep the nature of the questions light-hearted – and if the games are being played among a small group, it will be easier for the members to figure out who gave certain answers if someone's been left feeling hurt or uncomfortable by any responses.

### Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



Sources: <https://www.getsendit.com/terms> | <https://www.getsendit.com/carers> | <https://www.getsendit.com/terms> | <https://www.getsendit.com/terms>



[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com)



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NOS  
National Online Safety®  
#WakeUpWednesday



Riverdale   
CARE HOME

Be part of something new



You're invited to our  
**Recruitment Open Day**

Wednesday, 2nd November  
8am - 5pm at

White Hart Hotel, Bocking End, Braintree CM7 9AB

*Complimentary tea, coffee & biscuits will be available*

Bring your CV or be prepared to complete an application form on the day, ahead of the interview.



Scan to browse jobs

*Register your interest*

Visit us on Facebook @RiverdaleCareHome

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westgatehc.co.uk